



Club Records - Women

Updated: 05/09/2020

Contact: Nikolaos Flavouris at nikolaosflavouris@gmail.com

U/14

60m

Hatchard	Tiara	8.45	+0.2	31/10/2015
Achusiogu	Ifeoma	8.55	+1.0	7/03/2020
Griffiths	Madelyn	8.57	-0.1	22/11/2014
Roberts	Tara	8.70	+1.7	10/11/2018
Redemski	Tori	8.75	+1.0	4/02/2017
Brown	Sienna	8.85	+1.7	7/03/2020
Dooley	Tyla	9.09	+1.7	7/03/2020
Wilmshurst	Zoe	9.12	+1.5	13/12/2014
Iluno	Crystal	9.22	+0.0	2/11/2019
Sangary	Maimouna	9.32	+1.0	7/03/2020

100m

Hatchard	Tiara	12.78	+0.9	14/02/2016
Murphy	Melarn	13.22	-1.7	28/02/2015
Achusiogu	Ifeoma	13.23	+1.8	1/03/2020
Matsen	Abbey	13.26	-1.7	22/10/2016
Zabrowarny	Tyla	13.34	+1.0	25/10/2014
Redemski	Tori	13.39	+0.9	19/02/2017
Roberts	Tara	13.56	+0.8	17/11/2018
Griffiths	Madelyn	13.69	-1.2	8/11/2014
Akpaloo	Blessing	13.98	+1.8	1/03/2020
Brown	Sienna	14.02	+1.8	1/03/2020

200m

Redemski	Tori	26.49	+0.9	19/02/2017
----------	------	-------	------	------------

Hatchard	Tiara	26.54	+0.0	5/03/2016
Achusiogu	Ifeoma	27.38	+1.7	1/03/2020
Murphy	Melarn	27.81	+1.4	24/01/2015
Zabrowarny	Tyla	28.05	+1.8	25/10/2014
Ayres	Ella	29.28	+1.7	7/11/2015
Akpaloo	Blessing	29.29	+1.0	1/03/2020
Brown	Sienna	29.30	+1.7	1/03/2020
Howards	Zara	29.39	-3.6	28/02/2015
Wilmshurst	Zoe	29.81	+0.9	14/11/2015

400m

Hatchard	Tiara	59.66		14/02/2016
Ayres	Ella	62.50		28/02/2015
Murphy	Melarn	66.82		17/01/2015
Goddard	Noa	66.88		3/11/2018
Angel	Ella	67.59		17/02/2018
McLeod	Malaika	67.89		10/01/2020
Houtman	Tess	69.09		26/11/2016
Miller	Jessie	70.49		11/01/2013
Akpaloo	Blessing	73.09		10/01/2020
Hardin	Sasha	74.77		30/11/2019

800m

Ayres	Ella	2:20.73		11/03/2015
McLeod	Malaika	2:23.14		12/12/2019
Goddard	Noa	2:37.75		9/02/2019
Hardin	Sasha	2:38.32		15/02/2020
Angel	Ella	2:40.20		3/03/2018
Miller	Jessie	2:43.86		9/03/2013
Cox	Dani	2:52.25		7/12/2019
Akpaloo	Blessing	3:01.66		1/03/2020
Wallwork	Isabella	3:03.75		31/10/2015
Brown	Sienna	3:25.80		19/02/2020

1500m

McLeod	Malaika	4:54.50		22/02/2020
Ayres	Ella	4:57.31		24/01/2015
Hardin	Sasha	5:04.93		8/12/2019
Miller	Jessie	5:44.81		9/02/2013
Cox	Dani	6:07.62		10/01/2020

3000m

Hardin	Sasha	10:58.50		11/03/2020
--------	-------	----------	--	------------

80m Hurdles 76.2cm

Wilmshurst	Zoe	15.17	+0.7	7/03/2015
Brown	Sienna	17.09	-0.2	19/02/2020
Bampton	Emma	18.28	+0.2	12/11/2011

1500m Walk

Damin	Sarah	7:30.75	1/03/2014
-------	-------	---------	-----------

2000m Walk

Damin	Sarah	11:38.98	16/11/2012
-------	-------	----------	------------

3000m Walk

Damin	Sarah	8:50.55	9/11/2012
-------	-------	---------	-----------

5000m Walk

Damin	Sarah	29:13.36	23/11/2013
-------	-------	----------	------------

Long Jump

Linitnas	Marci	5.00m	+1.1	18/10/2014
Aston	Kalani	4.71m	-0.9	18/11/2017
Brown	Sienna	4.41m	+0.1	19/02/2020
Achusiogu	Ifeoma	4.27m	-0.5	30/11/2019
Angel	Ella	4.02m	+0.5	3/03/2018
Houtman	Tess	4.00m	-1.6	5/11/2016
Ayres	Ella	3.92m	+1.2	28/02/2015
Wilmshurst	Zoe	3.86m	+0.7	1/11/2014
Redemski	Tori	3.58m	+0.0	17/12/2016

Triple Jump

Linitnas	Marci	10.62m	+1.1	18/10/2014
Aston	Kalani	9.93m	+1.9	4/11/2017
Wilmshurst	Zoe	9.66m	+0.6	17/10/2015
Roberts	Tara	8.92m	-0.4	24/11/2018
Damin	Sarah	6.99m	+0.4	14/12/2013

High Jump

Aston	Kalani	1.66m	8/12/2017
Brown	Sienna	1.45m	8/12/2019
Houtman	Tess	1.40m	4/02/2017
Hatchard	Tiara	1.30m	5/03/2016
Wilmshurst	Zoe	1.20m	22/11/2014
Wallwork	Isabella	1.10m	5/03/2016

Pole Vault

Griffiths	Madelyn	3.35m	6/12/2014
Aston	Kalani	2.25m	12/11/2016
Wilmshurst	Zoe	1.30m	19/10/2013

Discus 1kg

Miller	Clementine	31.50m	8/12/2019
--------	------------	--------	-----------

Wilmshurst	Zoe	30.03m	21/11/2015
Achusiogu	Ifeoma	15.89m	30/11/2019

Shot Put 3kg

Miller	Clementine	10.27m	17/02/2019
Wilmshurst	Zoe	9.99m	24/10/2015
Brown	Sienna	5.66m	19/02/2020
Houtman	Tess	5.12m	4/02/2017

Hammer Throw 3kg

Wilmshurst	Zoe	17.05m	17/01/2015
------------	-----	--------	------------

Javelin Throw 400g

Wilmshurst	Zoe	29.37m	24/01/2015
------------	-----	--------	------------