



Club Records - Women

Updated: 28/01/2019

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Open 60m

Murphy	Melarn	7.79	-0.4	11/11/2017
Hatchard	Tiara	7.92	+1.5	28/10/2017
Stefanopoulos	Andrea	7.95	-0.1	10/11/2018
Fosdike	Shylah	8.09	-0.6	25/11/2017
Ellis	Emilaya	8.09	+0.2	24/11/2018
Matsen	Abbey	8.14	-1.9	10/11/2018
Mysiszczew	Amber	8.15	-0.1	10/11/2018
Hutchins	Keely	8.16	+1.1	15/11/2014
Redemski	Isabel	8.21	-0.4	11/11/2017
Holland-Smith	Lucy	8.25	+1.7	10/12/2016

100m

Murphy	Melarn	12.11	-0.1	8/12/2017
Hatchard	Tiara	12.19	+2.0	21/10/2017
Van Der Merwe	Chani	12.33	-0.4	24/03/2002
Redemski	Isabel	12.46	+1.2	19/02/2017
Matsen	Abbey	12.59	+1.9	21/10/2017
Kemp	Jessica	12.63	+1.9	11/02/2017
Fox	Emma	12.65	+2.0	18/01/2014
Donehue	Casey	12.65	+1.9	8/03/2014
Stefanopoulos	Andrea	12.71	+1.5	2/12/2017
Hutchins	Keely	12.74	+1.9	1/03/2014

200m

Murphy	Melarn	24.58	+0.8	3/03/2018
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Hatchard	Tiara	24.94	+0.7	25/11/2017
Van Der Merwe	Chani	25.34	+0.9	24/03/2002
Wilson	Haylee	25.52	+1.3	15/02/2014
Redemski	Isabel	25.73	+0.9	26/03/2017
Matsen	Abbey	25.74	+0.5	20/10/2018
Fosdike	Shylah	26.05	+0.9	4/02/2018
Stefanopoulos	Andrea	26.11	+0.9	10/11/2018
Laube	Aimie	26.13	+1.7	8/11/2014
Hutchins	Keely	26.32	+1.4	30/01/2016

300m

Wilson	Haylee	41.01		8/03/2014
Kemp	Jessica	41.51		7/12/2013
Fox	Emma	42.08		18/01/2014
Hutchins	Keely	42.81		16/11/2013
Tankosic	Jana	45.29		18/01/2014
Monaghan	Gemma	45.47		18/01/2014
Hines	Brooke	46.14		8/03/2014

400m

Hatchard	Tiara	56.31		26/03/2017
Kemp	Jessica	57.23		19/02/2017
Wilson	Haylee	57.27		22/02/2014
Scott	Isabelle	58.54		6/02/2016
Ayes	Ella	58.75		18/03/2018
Laube	Aimie	58.83		1/11/2014
Murphy	Melarn	58.99		18/11/2017
Fox	Emma	59.29		15/03/2014
Matsen	Abbey	59.30		3/03/2018
Rave	Holly	59.68		9/01/2016

800m

Scott	Isabelle	2:06.60		8/03/2016
Kemp	Jessica	2:13.12		4/03/2017
Ayres	Ella	2:16.02		13/01/2018
Hines	Brooke	2:16.12		10/12/2016
Ward	Lauren	2:18.63		8/12/2017
Hyde	Emily	2:21.31		22/02/2014
Hatchard	Tiara	2:21.64		24/11/2018
Griffith	Lucy	2:24.15		10/11/2018
Griffith	Della	2:25.98		10/03/2018
Laube	Aimie	2:27.89		8/11/2014

1500m

Scott	Isabelle	4:20.20		21/02/2015
Palm	Tara	4:24.97		18/01/2014
Hines	Brooke	4:39.41		19/01/2019
Ayres	Ella	4:47.06		8/03/2016
Hyde	Emily	4:57.51		15/03/2014

Garrels	Georgia	5:07.59	18/11/2017
Elliott	Hannah	5:21.51	1/12/2018
Griffith	Lucy	5:24.33	19/01/2019
Ryan	Megan	5:24.40	25/11/2011
Kennedy-Dinan	Charley	5:31.32	17/11/2018

3000m

Palm	Tara	9:25.92	9/11/2013
Hines	Brooke	10:09.89	8/12/2018
Elliott	Hannah	10:58.16	21/10/2017
Garrels	Georgia	11:26.35	12/01/2019
Ryan	Megan	12:29.50	4/03/2017
Griffith	Della	12:55.81	3/03/2018
Griffith	Lucy	12:57.51	3/03/2018

5000m

Palm	Tara	15:57.24	30/11/2013
Garrels	Georgia	19:34.42	28/11/2018

10000m

Palm	Tara	33:50.53	12/12/2013
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1500m Walk

Damin	Sarah	7:30.75	1/03/2014
Henderson-Wilson	Felicity	8:06.47	25/01/2014

2000m Walk

Damin	Sarah	10:55.05	29/11/2014
Henderson-Wilson	Felicity	11:27.44	24/01/2015

3000m Walk

Damin	Sarah	8:50.55	9/11/2012
Henderson-Wilson	Felicity	18:11.36	17/01/2015

5000m Walk

Damin	Sarah	28:29.14	6/12/2014
Henderson-Wilson	Felicity	28:32.64	22/02/2014

Long Jump

Ellis	Emilaya	5.69m	+1.6	28/11/2018
Linitnas	Marci	5.29m	+1.5	6/12/2014
Whitehead	Kaylee	5.14m	+1.3	6/01/2018
Donehue	Casey	5.06m	-1.6	14/02/2016
Murphy	Melarn	5.06m	+0.0	4/11/2017
Dukalskis	Olivia	4.84m	+2.0	29/10/2016
Wilmshurst	Zoe	4.83m	+0.6	19/11/2016
Tankosic	Jana	4.81m	+1.3	14/12/2013

Aston	Kalani	4.80m	+1.8	20/10/2018
Houtman	Tess	4.55m	-0.4	24/02/2018

Triple Jump

Ellis	Emilaya	11.56m	+0.0	15/12/2018
Whitehead	Kaylee	11.05m	+1.2	4/02/2018
Linitnas	Marci	11.04m	+0.0	28/02/2015
Donehue	Casey	10.99m	-0.7	8/03/2014
Holland-Smith	Lucy	10.62m	-1.0	17/12/2016
Murphy	Melarn	10.51m	+0.2	23/10/2016
Aston	Kalani	10.31m	+1.4	20/10/2018
Dukalskis	Olivia	9.98m	+1.7	5/11/2016
Wilmshurst	Zoe	9.78m	-0.5	11/11/2017
Houtman	Tess	9.35m	+0.5	3/02/2018

High Jump

Aston	Kalani	1.66m		8/12/2017
Fry	Sophia	1.65m		29/11/2014
Whitehead	Kaylee	1.60m		12/04/2018
Kelly	Olivia	1.52m		24/11/2018
Dukalskis	Olivia	1.50m		5/11/2016
Fahey	Keeley	1.50m		1/12/2018
Cardone	Holly	1.50m		25/01/2019
Donehue	Casey	1.45m		4/03/2017
Houtman	Tess	1.45m		28/10/2017
Houtman	Marcelle	1.45m		2/11/2013

Pole Vault

Tankosic	Jana	4.00m		5/04/2014
Ress	Anne	3.50m		23/11/2013
Griffiths	Madelyn	3.35m		6/12/2014
Princi	Naomi	3.30m		14/12/2013
Wall	Nikki	3.25m		13/12/2014
Fahey	Keeley	2.45m		1/12/2018
Aston	Kalani	2.25m		12/11/2016
Wilmshurst	Zoe	1.30m		19/10/2013

100m Hurdles 84.0cm

Wilmshurst	Zoe	16.82	-2.7	3/11/2018
Tankosic	Jana	20.14	-1.0	21/12/2013

400m Hurdles 76.2cm

Donehue	Casey	63.96		12/03/2014
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3000m Steeple Chase 76.2cm

Hines	Brooke	11:39.47		26/03/2015
Ryan	Megan	14:41.7h		4/03/2017

Discus 1kg

Wilmshurst	Zoe	32.78m	8/12/2017
Kerr	Hannah	19.98m	8/11/2014
Princi	Naomi	19.07m	14/12/2013
Harris	Olivia	18.71m	5/11/2005
Hatchard	Tiara	16.71m	15/12/2018
Goold	Emma	16.18m	7/12/2013
Buchanan	Rebecca	15.85m	8/03/2014
Redemski	Isabel	15.45m	16/12/2017
Holland-Smith	Lucy	15.00m	4/03/2017
Bransbury	Hannah	14.89m	18/10/2014

Shot Put 4kg

Wilmshurst	Zoe	10.24m	15/12/2018
Ress	Anne	9.27m	16/11/2013
Tankosic	Jana	8.55m	14/12/2013
Harris	Olivia	7.16m	22/10/2005
Holland-Smith	Lucy	6.31m	4/03/2017
Donehue	Casey	6.30m	5/03/2016
Princi	Naomi	5.82m	2/11/2013

Javelin Throw 600g

Tankosic	Jana	27.69m	14/12/2013
Harris	Olivia	20.63m	5/11/2005
Wilmshurst	Zoe	25.01m	25/01/2019
Whitehead	Kaylee	9.54m	15/12/2018

Heptathlon

Tankosic	Jana	3255pts	21/12/2013
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