



Club Records - Women

Updated: 05/05/2019

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Open 60m

| | | | | |
|---------------|---------|------|------|------------|
| Murphy | Melarn | 7.79 | -0.4 | 11/11/2017 |
| Hatchard | Tiara | 7.92 | +1.5 | 28/10/2017 |
| Stefanopoulos | Andrea | 7.95 | -0.1 | 10/11/2018 |
| Fosdike | Shylah | 8.09 | -0.6 | 25/11/2017 |
| Ellis | Emilaya | 8.09 | +0.2 | 24/11/2018 |
| Matsen | Abbey | 8.14 | -1.9 | 10/11/2018 |
| Mysiszczew | Amber | 8.15 | -0.1 | 10/11/2018 |
| Hutchins | Keely | 8.16 | +1.1 | 15/11/2014 |
| Redemski | Isabel | 8.21 | -0.4 | 11/11/2017 |
| Holland-Smith | Lucy | 8.25 | +1.7 | 10/12/2016 |

100m

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|---------------|---------|-------|------|------------|
| Murphy | Melarn | 12.11 | -0.1 | 8/12/2017 |
| Hatchard | Tiara | 12.19 | +2.0 | 21/10/2017 |
| Van Der Merwe | Chani | 12.33 | -0.4 | 24/03/2002 |
| Redemski | Isabel | 12.46 | +1.2 | 19/02/2017 |
| Matsen | Abbey | 12.59 | +1.9 | 21/10/2017 |
| Kemp | Jessica | 12.63 | +1.9 | 11/02/2017 |
| Fox | Emma | 12.65 | +2.0 | 18/01/2014 |
| Donehue | Casey | 12.65 | +1.9 | 8/03/2014 |
| Ellis | Emilaya | 12.66 | -0.7 | 23/02/2019 |
| Stefanopoulos | Andrea | 12.70 | -0.1 | 17/02/2019 |

200m

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|--------|--------|-------|------|-----------|
| Murphy | Melarn | 24.58 | +0.8 | 3/03/2018 |
|--------|--------|-------|------|-----------|

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|---------------|--------|-------|------|------------|
| Hatchard | Tiara | 24.94 | +0.7 | 25/11/2017 |
| Van Der Merwe | Chani | 25.34 | +0.9 | 24/03/2002 |
| Wilson | Haylee | 25.52 | +1.3 | 15/02/2014 |
| Redemski | Isabel | 25.73 | +0.9 | 26/03/2017 |
| Matsen | Abbey | 25.74 | +0.5 | 21/10/2018 |
| Stefanopoulos | Andrea | 26.02 | -0.9 | 9/02/2019 |
| Fosdike | Shylah | 26.05 | +0.9 | 4/02/2018 |
| Laube | Aimie | 26.13 | +1.7 | 8/11/2014 |
| Hutchins | Keely | 26.32 | +1.4 | 30/01/2016 |

300m

| | | | | |
|----------|---------|-------|--|------------|
| Wilson | Haylee | 41.01 | | 8/03/2014 |
| Kemp | Jessica | 41.51 | | 7/12/2013 |
| Fox | Emma | 42.08 | | 18/01/2014 |
| Hutchins | Keely | 42.81 | | 16/11/2013 |
| Tankosic | Jana | 45.29 | | 18/01/2014 |
| Monaghan | Gemma | 45.47 | | 18/01/2014 |
| Hines | Brooke | 46.14 | | 8/03/2014 |

400m

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|----------|----------|-------|--|------------|
| Hatchard | Tiara | 56.31 | | 26/03/2017 |
| Kemp | Jessica | 57.23 | | 19/02/2017 |
| Wilson | Haylee | 57.27 | | 22/02/2014 |
| Scott | Isabelle | 58.54 | | 6/02/2016 |
| Ayes | Ella | 58.75 | | 18/03/2018 |
| Laube | Aimie | 58.83 | | 1/11/2014 |
| Murphy | Melarn | 58.99 | | 18/11/2017 |
| Fox | Emma | 59.29 | | 15/03/2014 |
| Matsen | Abbey | 59.30 | | 3/03/2018 |
| Rave | Holly | 59.68 | | 9/01/2016 |

800m

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|----------|----------|---------|--|------------|
| Scott | Isabelle | 2:06.60 | | 8/03/2016 |
| Kemp | Jessica | 2:12.44 | | 16/03/2019 |
| Ayres | Ella | 2:16.02 | | 13/01/2018 |
| Hines | Brooke | 2:16.12 | | 10/12/2016 |
| Ward | Lauren | 2:18.63 | | 8/12/2017 |
| Hyde | Emily | 2:21.31 | | 22/02/2014 |
| Hatchard | Tiara | 2:21.64 | | 24/11/2018 |
| Griffith | Lucy | 2:24.15 | | 10/11/2018 |
| Griffith | Della | 2:25.98 | | 10/03/2018 |
| Laube | Aimie | 2:27.89 | | 8/11/2014 |

1500m

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|-------|----------|---------|--|------------|
| Scott | Isabelle | 4:20.20 | | 21/02/2015 |
| Palm | Tara | 4:24.97 | | 18/01/2014 |
| Hines | Brooke | 4:32.73 | | 21/03/2019 |
| Ayres | Ella | 4:47.06 | | 8/03/2016 |
| Hyde | Emily | 4:57.51 | | 15/03/2014 |

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|----------|---------|---------|------------|
| Elliott | Hannah | 5:05.09 | 17/02/2019 |
| Garrels | Georgia | 5:07.59 | 18/11/2017 |
| Goddard | Noa | 5:17.13 | 22/03/2019 |
| Griffith | Lucy | 5:24.33 | 19/01/2019 |
| Ryan | Megan | 5:24.40 | 25/11/2011 |

3000m

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|----------|---------|----------|------------|
| Palm | Tara | 9:25.92 | 9/11/2013 |
| Hines | Brooke | 10:09.89 | 8/12/2018 |
| Elliott | Hannah | 10:58.16 | 21/10/2017 |
| Garrels | Georgia | 11:26.35 | 12/01/2019 |
| Goddard | Noa | 11:39.02 | 6/03/2019 |
| Ryan | Megan | 12:29.50 | 4/03/2017 |
| Griffith | Della | 12:55.81 | 3/03/2018 |
| Griffith | Lucy | 12:57.51 | 3/03/2018 |

5000m

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|---------|---------|----------|------------|
| Palm | Tara | 15:57.24 | 30/11/2013 |
| Garrels | Georgia | 19:34.42 | 28/11/2018 |

10000m

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|------|------|----------|------------|
| Palm | Tara | 33:50.53 | 12/12/2013 |
|------|------|----------|------------|

400m Hurdles 91.4cm

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|-------|-------|---------|------------|
| Fahey | Keely | 1:21.02 | 17/02/2019 |
|-------|-------|---------|------------|

1500m Walk

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|------------------|----------|---------|------------|
| Damin | Sarah | 7:30.75 | 1/03/2014 |
| Henderson-Wilson | Felicity | 8:06.47 | 25/01/2014 |

2000m Walk

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|------------------|----------|----------|------------|
| Damin | Sarah | 10:55.05 | 29/11/2014 |
| Henderson-Wilson | Felicity | 11:27.44 | 24/01/2015 |

3000m Walk

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|------------------|----------|----------|------------|
| Damin | Sarah | 8:50.55 | 9/11/2012 |
| Henderson-Wilson | Felicity | 18:11.36 | 17/01/2015 |

5000m Walk

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|------------------|----------|----------|------------|
| Damin | Sarah | 28:29.14 | 6/12/2014 |
| Henderson-Wilson | Felicity | 28:32.64 | 22/02/2014 |

Long Jump

| | | | | |
|-----------|---------|-------|------|------------|
| Ellis | Emilaya | 5.76m | +0.0 | 22/03/2019 |
| Linitnas | Marci | 5.29m | +1.5 | 6/12/2014 |
| Whitehead | Kaylee | 5.14m | +1.3 | 6/01/2018 |
| Donehue | Casey | 5.06m | -1.6 | 14/02/2016 |

| | | | | |
|------------|--------|-------|------|------------|
| Murphy | Melarn | 5.06m | +0.0 | 4/11/2017 |
| Dukalskis | Olivia | 4.84m | +2.0 | 29/10/2016 |
| Wilmshurst | Zoe | 4.83m | +0.6 | 19/11/2016 |
| Tankosic | Jana | 4.81m | +1.3 | 14/12/2013 |
| Aston | Kalani | 4.80m | +1.8 | 21/10/2018 |
| Houtman | Tess | 4.55m | -0.4 | 24/02/2018 |

Triple Jump

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|---------------|---------|--------|------|------------|
| Ellis | Emilaya | 12.48m | -0.5 | 7/04/2019 |
| Whitehead | Kaylee | 11.05m | +1.2 | 4/02/2018 |
| Linitnas | Marci | 11.04m | +0.0 | 28/02/2015 |
| Donehue | Casey | 10.99m | -0.7 | 8/03/2014 |
| Holland-Smith | Lucy | 10.62m | -1.0 | 17/12/2016 |
| Murphy | Melarn | 10.51m | +0.2 | 23/10/2016 |
| Aston | Kalani | 10.31m | +1.4 | 21/10/2018 |
| Dukalskis | Olivia | 9.98m | +1.7 | 5/11/2016 |
| Wilmshurst | Zoe | 9.78m | -0.5 | 11/11/2017 |
| Houtman | Tess | 9.35m | +0.5 | 3/02/2018 |

High Jump

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|-----------|----------|-------|------------|
| Aston | Kalani | 1.66m | 8/12/2017 |
| Fry | Sophia | 1.65m | 29/11/2014 |
| Whitehead | Kaylee | 1.60m | 12/04/2018 |
| Cardone | Holly | 1.55m | 17/02/2019 |
| Kelly | Olivia | 1.52m | 24/11/2018 |
| Dukalskis | Olivia | 1.50m | 5/11/2016 |
| Fahey | Keeley | 1.50m | 1/12/2018 |
| Donehue | Casey | 1.45m | 4/03/2017 |
| Houtman | Tess | 1.45m | 28/10/2017 |
| Houtman | Marcelle | 1.45m | 2/11/2013 |

Pole Vault

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|------------|---------|-------|------------|
| Tankosic | Jana | 4.00m | 5/04/2014 |
| Ress | Anne | 3.50m | 23/11/2013 |
| Griffiths | Madelyn | 3.35m | 6/12/2014 |
| Princi | Naomi | 3.30m | 14/12/2013 |
| Wall | Nikki | 3.25m | 13/12/2014 |
| Fahey | Keeley | 2.70m | 9/03/2019 |
| Aston | Kalani | 2.25m | 12/11/2016 |
| Wilmshurst | Zoe | 1.30m | 19/10/2013 |

100m Hurdles 84.0cm

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|------------|------|-------|------|------------|
| Wilmshurst | Zoe | 16.82 | -2.7 | 3/11/2018 |
| Tankosic | Jana | 20.14 | -1.0 | 21/12/2013 |

400m Hurdles 76.2cm

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|---------|-------|-------|------------|
| Donehue | Casey | 63.96 | 12/03/2014 |
|---------|-------|-------|------------|

3000m Steeple Chase 76.2cm

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|-------|--------|----------|------------|
| Hines | Brooke | 11:39.47 | 26/03/2015 |
| Ryan | Megan | 14:41.7h | 4/03/2017 |

Discus 1kg

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|------------|------------|--------|------------|
| Wilmshurst | Zoe | 34.51m | 22/03/2019 |
| Miller | Clementine | 28.68m | 17/02/2019 |
| Kerr | Hannah | 19.98m | 8/11/2014 |
| Princi | Naomi | 19.07m | 14/12/2013 |
| Harris | Olivia | 18.71m | 5/11/2005 |
| Aston | Kalani | 17.41m | 22/03/2019 |
| Hatchard | Tiara | 16.71m | 15/12/2018 |
| Goold | Emma | 16.18m | 7/12/2013 |
| Buchanan | Rebecca | 15.85m | 8/03/2014 |
| Redemski | Isabel | 15.45m | 16/12/2017 |

Shot Put 4kg

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|---------------|--------|--------|------------|
| Wilmshurst | Zoe | 10.40m | 16/03/2019 |
| Ress | Anne | 9.27m | 16/11/2013 |
| Tankosic | Jana | 8.55m | 14/12/2013 |
| Harris | Olivia | 7.16m | 22/10/2005 |
| Holland-Smith | Lucy | 6.31m | 4/03/2017 |
| Donehue | Casey | 6.30m | 5/03/2016 |
| Princi | Naomi | 5.82m | 2/11/2013 |

Javelin Throw 600g

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|------------|--------|--------|------------|
| Tankosic | Jana | 27.69m | 14/12/2013 |
| Wilmshurst | Zoe | 27.32m | 2/02/2019 |
| Harris | Olivia | 20.63m | 5/11/2005 |
| Fahey | Keeley | 21.29m | 9/03/2019 |
| Hatchard | Tiara | 21.15m | 9/03/2019 |
| Whitehead | Kaylee | 9.54m | 15/12/2018 |

Heptathlon

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|----------|------|---------|------------|
| Tankosic | Jana | 3255pts | 21/12/2013 |
|----------|------|---------|------------|