



## Club Records - Men

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### U/16 60m

Murphy	Aidan	7.21	+0.8	25/01/2019
McLeich	Edward	7.44	+0.0	21/11/2009
Condello	Alex	7.44	+0.0	7/03/2015
Bastick	Blake	7.50	+0.6	27/10/2018
Armitage	Jacob	7.56	+0.7	25/11/2017
Pallotta	Steven	7.67	+0.0	23/02/2008
Sureiander	Ajaay	7.67	+1.8	24/02/2018
Yunupingu	Michael	7.70	-2.4	1/11/2014
Chataway	Johnathan	7.71	+0.1	19/03/2011
Boundy	Nick	7.75	-1.5	21/10/2006

### 100m

Baird	Sebastian	11.16	+1.4	20/10/2012
Murphy	Aidan	11.18	+1.8	19/01/2019
Condello	Alex	11.47	-1.8	28/02/2015
Bubner	Alexander	11.49	-0.6	20/03/2004
McLeich	Edward	11.54	+0.0	14/11/2009
Pallotta	Steven	11.66	-2.8	9/02/2008
Bastick	Blake	11.68	+0.0	17/11/2018
Lanthois	James	11.70	+1.4	26/03/2011
Lambert	Thomas	11.76	+0.7	2/03/2003
Aston	Jacob	11.92	-0.3	7/12/2015

### 200m

Helier	Mark	21.97	NWI	23/11/1985
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Pallotta	Steven	22.56	+1.0	9/02/2008
Lanthois	James	22.65	+1.0	10/03/2011
Murphy	Aidan	22.88	+0.5	20/10/2018
Bubner	Alexander	22.91	-0.5	29/11/2003
Baird	Sebastian	22.91	-1.4	20/10/2012
Mcleich	Edward	22.94	+1.2	6/02/2010
Parkinson	Harry	23.61	+1.2	9/12/2005
Lambert	Thomas	23.89	+1.5	23/11/2002
Brooks	Denzel	24.01	+0.8	13/01/2018

### 300m

Litt	Hamish	39.60		16/11/2013
Auciello	Gabriel	43.01		16/11/2013
Becker	Hamish	44.59		16/11/2013
Hogg	Shankar	54.86		21/12/2013

### 400m

Lanthois	James	49.73		19/03/2011
Pallotta	Steven	49.95		7/12/2007
Murphy	Aidan	50.09		17/11/2018
Stapleton	Christopher	50.30		10/12/2004
Bubner	Alexander	50.74		23/01/2004
Myles	Alexander	51.69		1/11/1997
Brooks	Denzel	52.58		18/03/2018
Yunupingu	Michael	53.11		1/11/2014
Williamson	Jean-Paul	53.19		22/11/2014
Calabrese	Christian	53.73		1/12/2007

### 800m

Stapleton	Christopher	1:55.03		10/12/2004
Goddard	Adam	2:01.37		1/12/2018
Slimming	Steven	2:03.48		1/03/2014
Connell	Zac	2:03.58		10/11/2018
Calabrese	Christian	2:05.19		17/11/2007
Williamson	Jean-Paul	2:05.70		7/03/2015
Lewis	James	2:05.75		22/02/1997
Randello	Lachlan	2:06.23		1/03/2014
Brock	Angus	2:08.81		3/03/2007
Bampton	Tristan	2:08.93		19/03/2011

### 1500m

Goddard	Adam	4:01.43		7/12/2018
Stapleton	Christopher	4:11.83		29/10/2005
Rischbeith	Thomas	4:14.10		10/01/2003
Walker	Thomas	4:16.69		1/03/2014
Slimming	Steven	4:21.73		1/03/2014
Lewis	James	4:23.99		15/02/1997
Connell	Zac	4:25.85		3/11/2018
Randello	Lachlan	4:26.76		1/03/2014

Bampton	Tristan	4:36.6h	18/12/2010
Barnfield	Toby	4:40.97	16/12/2009

### 3000m

Goddard	Adam	8:57.97	7/12/2018
Walker	Thomas	9:12.17	6/12/2013
Connell	Zac	9:34.69	17/01/2018
Lewis	James	10:16.23	8/03/1997
Harley	Simon	11:12.40	7/12/2002
Brown	Laurie	11:22.87	25/10/2015
Rohrsheim	David	12:23.53	8/03/1997
Williams	James	12:37.30	23/02/2001
Smith	Eric	12:43.70	20/03/2004
Dwyer	Conor	13:09.53	28/10/2017

### 5000m

Lewis	James	17:12.00	8/03/1997
Guirguis	Karl	21:06.50	8/03/1997

### 100m 84.0cm

Bubner	Alexander	14.06	+0.3	21/02/2004
Frayne	Henry	14.24	-0.7	14/01/2006
Thomas	Richard	14.62	-0.7	30/11/2002
Ye	Junwei	14.80	-2.3	23/11/2013
Chataway	Johnathan	14.81	-0.5	5/12/2010
Wilmshurst	Zac	14.88	-0.5	25/10/2014
Lambert	Thomas	14.91	-3.7	1/02/2003
Van Ruth	Oliver	14.94	+1.1	28/02/2009
Shrestha	Keshav	15.16	+1.4	20/10/2018
Boundy	Nick	15.17	+1.0	14/10/2006

### 200m Hurdles 76.2cm

Bubner	Alexander	25.35	NWI	11/12/2003
Georgakopoulos	Alexi	28.32	+0.7	30/11/2013
Wilmshurst	Zac	28.61	+0.9	25/10/2014
Lambert	Thomas	28.64	-3.8	3/01/2003
Andreacchio	Anton	28.98	-1.4	17/01/2003
Slimming	Ben	29.02	-0.2	14/03/2012
Lee	Hui-Ung	29.12	+0.2	5/12/2010
Balalis	George	29.23	+0.7	11/02/2001
Van Ruth	Oliver	29.59	-1.3	7/03/2009
Boundy	Nick	29.81	+0.5	29/10/2006

### 1500m Walk

Begg	Meshach	9:03.90	10/02/2018
Worley	Sam	11:03.63	30/01/2010

### 3000m Walk

Begg	Meshach	20:17.71	17/02/2018
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## 2000m Steeple Chase 76.2cm

Connell	Zac	6:29.96	18/03/2018
Lewis	James	6:59.10	1/03/1997
Randello	Lachlan	7:04.94	1/03/2014
Stapleton	Peter	7:18.86	25/02/2011
Bampton	Tristan	7:19.1h	13/11/2010
Harley	Simon	7:41.74	14/12/2002
Nitchingham	Arvin	7:47.97	21/11/2009
Slimming	Ben	8:03.64	20/01/2012
Brooke-Barnett	Sam	8:13.30	15/02/2003
Smith	Eric	8:42.80	1/11/2003

## Long Jump

Bubner	Alexander	6.68m	-0.7	21/02/2004
Frayne	Henry	6.64m	+0.6	4/03/2006
Bastick	Blake	6.56m	+0.0	17/11/2018
Armitage	Jacob	6.26m	+0.2	13/01/2018
Lee	Hui-Ung	6.07m	+0.0	10/03/2011
Slimming	Ben	6.00m	+0.7	20/10/2012
Barnfield	Toby	5.70m	-1.6	12/12/2009
Wilmshurst	Zac	5.63m	+0.0	15/11/2014
Hogg	Shankar	5.51m	+1.9	21/12/2013
Vlahakis	Nicholas	5.51m	+1.4	7/11/2009

## Triple Jump

Frayne	Henry	13.50m	+0.8	4/03/2006
Armitage	Jacob	13.14m	+0.0	25/11/2017
Bastick	Blake	12.72m	+0.0	6/10/2018
Slimming	Ben	12.69m	-0.2	3/11/2012
Lee	Hui-Ung	12.09m	+0.0	10/03/2011
Chataway	Johnathan	11.90m	+0.0	10/03/2011
Wilmshurst	Zac	11.82m	+0.8	7/02/2015
Marbury	Lochlin	11.81m	+0.3	3/03/2007
Subramaniam	Samuel	11.71m	+1.2	28/01/2017
Hooper	Carl	11.64m	-0.9	25/10/2014

## High Jump

Dukalskis	James	1.98m	12/03/2014
Sainsbury	George	1.90m	7/12/2002
Higgs	Lachlan	1.90m	19/02/1999
Holdback	Spencer	1.87m	14/04/2016
Ng	Marcus	1.85m	19/01/2001
Dukalskis	Sam	1.80m	24/02/2018
Slimming	Ben	1.79m	9/12/2012
Pengilly	Cruise	1.75m	20/10/2012
Frayne	Henry	1.75m	11/02/2006
Whittaker	Lane	1.73m	19/10/2013

## Pole Vault

Toumazos	Dimitri	4.05m	1/12/2008
Toumazos	Kimon	4.05m	10/03/2011
Wilson	Thomas	3.70m	8/03/1997
Parkinson	Harry	3.65m	9/12/2005
Kildare	Jordan	3.60m	11/10/2014
Newbold	Kieran	3.60m	16/11/2002
Frayne	Richard	3.55m	25/11/2006
Hopkins	James	3.50m	6/12/1997
Normandale	Zachary	3.40m	13/11/2004
Robbins	Elliot	3.40m	10/03/2012

## Discus 1kg

Loughlin	Alexander	47.93m	31/10/2009
Schultz	Toby	45.82m	8/01/2005
Campbell	Joe	44.14m	11/02/2006
Lord	Tom	41.79m	16/11/2002
Bolton	Daniel	40.82m	23/10/2004
Calabrese	Christian	40.36m	10/11/2007
Bouras	George	37.87m	12/11/2011
Lai	Keith	37.44m	23/02/2001
Lord	Tim	37.36m	3/03/2002
Flabouris	Nikolaos	36.62m	15/01/2011

## Shot Put 4kg

Blaschek	Ben	14.33m	11/12/2010
Obst	Fox	13.26m	26/11/2016
Bolton	Daniel	13.20m	23/10/2004
Loughlin	Alexander	13.15m	26/11/2009
Bouras	George	12.95m	4/11/2011
Campbell	Joe	12.88m	11/02/2006
Lord	Tom	12.79m	16/11/2002
Scammell	William	12.20m	7/03/2009
Lai	Keith	11.90m	18/11/2000
Lord	Tim	11.86m	3/03/2002

## Hammer Throws 4kg

Bouras	George	49.39m	27/01/2012
Campbell	Joe	45.72m	11/02/2006
Spencer	Andrew	42.85m	13/03/2005
Obst	Fox	42.37m	14/12/2016
Robbins	Elliot	40.06m	23/03/2012
Bolton	Daniel	39.57m	23/10/2004
Hogg	Shankar	37.62m	6/12/2013
Lord	Tom	37.56m	9/11/2002
Khoury	Brandon	34.87m	11/02/2012
Oglivie	Mark	34.63m	15/03/2003

## **Javelin Throw 700g**

Calabrese	Christian	48.63m	13/10/2007
Loughlin	Alexander	45.47m	16/01/2010
Goldsworthy	Charlie	44.58m	20/10/2012
O'Grady	Henry	43.45m	7/12/2015
Schultz	Toby	43.00m	12/02/2005
Worley	Sam	42.63m	6/02/2010
Love	Joshua	41.55m	21/03/2014
Flabouris	Nikolaos	41.55m	22/01/2011
Gaunt	Adam	40.05m	4/03/2006
Hogg	Shankar	39.85m	30/11/2013