



Club Records - Men

Updated: 05/09/2020

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Open 60m

| | | | | |
|-----------|-----------|------|------|------------|
| Bateman | Todd | 6.95 | +0.8 | 9/03/2013 |
| Chamber | Jayden | 6.98 | +1.4 | 24/11/2018 |
| Semmler | Tomas | 6.98 | +0.9 | 16/11/2019 |
| Murphy | Aidan | 6.98 | +1.4 | 7/03/2020 |
| Joseph | Achie | 7.06 | +1.4 | 15/02/2020 |
| Bubner | Alexander | 7.07 | -0.8 | 23/02/2008 |
| Whittaker | Lane | 7.09 | -0.7 | 7/12/2019 |
| Chan | Alexander | 7.10 | +1.8 | 24/02/2018 |
| Hicks | Dylan | 7.15 | -2.2 | 10/03/2012 |
| Aston | Jacob | 7.15 | +0.6 | 16/03/2019 |

100m

| | | | | |
|-----------|-----------|-------|------|------------|
| Frayne | Bruce | 10.45 | +1.7 | 9/06/1982 |
| Kelly | Jamie | 10.68 | -0.6 | 25/03/1979 |
| Bateman | Todd | 10.70 | +1.4 | 26/03/2011 |
| Semmler | Tomas | 10.74 | -0.4 | 1/03/2020 |
| Batangdon | Joseph | 10.77 | -0.8 | 27/11/2004 |
| Watkins | Clay | 10.82 | -0.6 | 2/03/2013 |
| Bubner | Alexander | 10.86 | +1.1 | 22/10/2005 |
| Joseph | Achie | 10.87 | -0.3 | 1/03/2020 |
| Helier | Mark | 10.91 | +1.8 | 28/11/1987 |
| Chan | Alexander | 10.93 | +1.1 | 8/02/2020 |

200m

| | | | | |
|-----------|--------|-------|------|-----------|
| Batangdon | Joseph | 20.56 | +0.0 | 5/02/2005 |
|-----------|--------|-------|------|-----------|

| | | | | |
|-----------|-----------|-------|------|------------|
| Frayne | Bruce | 20.59 | -0.5 | 21/12/1980 |
| Kelly | Jamie | 21.35 | -0.5 | 21/12/1980 |
| Bubner | Alexander | 21.38 | -0.4 | 18/01/2008 |
| Davis | Gavin | 21.52 | -0.6 | 26/03/1994 |
| Helier | Mark | 21.54 | +1.9 | 25/02/1989 |
| Watkins | Clay | 21.66 | -0.9 | 2/03/2013 |
| Brusnahan | Michael | 21.73 | +0.2 | 31/03/2016 |
| Murphy | Aidan | 21.80 | +0.5 | 17/02/2019 |
| Rossouw | Ryan | 21.95 | +0.0 | 6/02/2010 |

300m

| | | | | |
|-----------|---------|-------|--|------------|
| Harvey | Jack | 35.52 | | 18/01/2014 |
| Schinella | Frankie | 36.05 | | 18/01/2014 |
| Brock | Angus | 36.07 | | 8/03/2014 |
| Gepp | Golden | 36.93 | | 7/12/2013 |
| Heron | Michael | 36.94 | | 8/03/2014 |
| Stenson | Dylan | 36.95 | | 8/03/2014 |
| Brusnahan | Michael | 37.01 | | 18/01/2014 |
| Giam | Andrew | 37.23 | | 7/12/2013 |
| Wilson | Brian | 38.79 | | 16/11/2013 |
| Petchey | James | 39.02 | | 16/11/2013 |

400m

| | | | | |
|---------|-----------|-------|--|------------|
| Frayne | Bruce | 45.21 | | 5/08/1984 |
| Bubner | Alexander | 47.04 | | 26/01/2008 |
| Barbour | Tim | 47.25 | | 30/01/1985 |
| Watkins | Clay | 47.31 | | 11/02/2011 |
| Wilson | Brian | 47.50 | | 3/02/2018 |
| Stenson | Dylan | 47.70 | | 9/01/2016 |
| Helier | Mark | 47.99 | | 11/02/1989 |
| Rossouw | Ryan | 48.17 | | 1/11/2008 |
| Watkins | Bryce | 48.32 | | 17/02/2019 |
| Murphy | Aidan | 48.68 | | 1/03/2020 |

800m

| | | | | |
|-----------|-------------|---------|--|------------|
| Stenson | Dylan | 1:46.64 | | 29/02/2020 |
| Botten | Jamie | 1:47.7 | | 21/03/1976 |
| Woods | Chris | 1:48.0 | | 27/03/1966 |
| Watkins | Bryce | 1:48.30 | | 27/01/2018 |
| Travis | Simon | 1:49.7 | | 20/01/1995 |
| Giam | Andrew | 1:49.89 | | 17/03/2010 |
| Frayne | Geoff | 1:50.4 | | 22/02/1981 |
| Heron | Michael | 1:51.37 | | 5/03/2016 |
| Stapleton | Christopher | 1:52.06 | | 9/02/2007 |
| Gregory | Leon | 1:52.1 | | 25/08/1956 |

1500m

| | | | | |
|--------|-------|--------|--|------------|
| Botten | Jamie | 3:42.2 | | 15/12/1976 |
|--------|-------|--------|--|------------|

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|-----------|-------------|---------|------------|
| Stenson | Dylan | 3:43.43 | 14/12/2017 |
| Deane | Peter | 3:49.6 | 8/12/1979 |
| Woods | Chris | 3:49.7 | 2/03/1968 |
| Wheeler | Ian | 3:53.9 | 14/01/1967 |
| Stapleton | Christopher | 3:54.10 | 9/02/2007 |
| Goddard | Adam | 3:55.39 | 22/02/2020 |
| Ballard | Neil | 3:55.5 | 9/11/1991 |
| Travis | Simon | 3:56.6 | 29/10/1994 |
| Giam | Andrew | 3:57.44 | 13/04/2013 |

3000m

| | | | |
|---------|----------|---------|------------|
| Woods | Chris | 8:27.8 | 14/12/1967 |
| Deane | Peter | 8:30.0 | 15/12/1979 |
| Goddard | Adam | 8:30.68 | 11/03/2020 |
| Ballard | Neil | 8:33.0 | 13/06/1989 |
| Botten | Jamie | 8:40.0 | 22/09/1976 |
| Starr | Matthew | 8:58.0 | 12/02/1992 |
| Harris | Jonathan | 9:00.04 | 11/03/2020 |
| Heron | Michael | 9:01.87 | 25/01/2014 |
| Connell | Zac | 9:03.74 | 11/03/2020 |
| Chlanda | Noah | 9:08.61 | 11/03/2020 |

5000m

| | | | |
|-----------|-----------|---------|------------|
| Deane | Peter | 14:17.6 | 22/12/1979 |
| Woods | Chris | 14:53.0 | 2/12/1967 |
| Wheeler | Ian | 14:53.2 | 21/01/1967 |
| Botten | Jamie | 15:15.0 | 30/06/1976 |
| Tallis | George | 15:27.0 | 28/11/1984 |
| Ballard | Neil | 15:32.0 | 8/02/1989 |
| Starr | Matthew | 15:43.0 | 8/02/1989 |
| Frankcomb | F | 15:50.0 | 13/11/1965 |
| Lawrence | John | 15:55.0 | 18/01/1969 |
| Bambacas | Michaelis | 15:59.0 | 24/03/1993 |

10000m

| | | | |
|----------|---------|---------|------------|
| Wheeler | Ian | 30:37.0 | 19/01/1967 |
| Deane | Peter | 32:17.0 | 31/12/1979 |
| Lawrence | John | 33:48.0 | 14/01/1969 |
| Starr | Matthew | 34:19.6 | 10/03/1993 |
| Tallis | George | 34:32.0 | 25/08/1976 |
| Bollen | Chris | 34:58.0 | 10/03/1993 |
| Faulkner | Peter | 35:14.0 | 13/02/1974 |
| Ballard | Neil | 35:27.0 | 13/03/1991 |
| Taylor | Chris | 35:55.0 | 13/02/1974 |
| Muecke | A | 36:32.0 | 18/12/1985 |

Marathon

| | | | |
|---------|-----|---------|------------|
| Wheeler | Ian | 2:20.33 | 25/05/1968 |
|---------|-----|---------|------------|

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|--------|--------|---------|--|------------|
| Tallis | George | 2:27.39 | | 28/08/1983 |
| Deane | Peter | 2:37.56 | | 6/06/1982 |
| Beck | Ian | 3:03.37 | | 6/09/1958 |

110m Hurdles 106.7cm

| | | | | |
|------------|---------|-------|------|------------|
| Rose | David | 14.03 | +1.5 | 9/03/2007 |
| Ewen | Tim | 14.28 | -5.9 | 6/02/1999 |
| Hasker | Stephen | 14.73 | +1.1 | 25/02/1993 |
| Pedler | Adam | 14.86 | +0.9 | 27/02/1982 |
| Hames | Jagan | 14.90 | -1.2 | 27/01/2001 |
| Pastrello | Dean | 14.95 | +2.0 | 1/03/2020 |
| Whittaker | Lane | 15.65 | +1.5 | 26/11/2016 |
| Barbour | Tim | 16.10 | NWI | 27/03/1993 |
| Wilmshurst | Zac | 16.14 | -0.2 | 17/02/2019 |
| Leslie | Barton | 16.21 | -1.4 | 1/04/1990 |

400m Hurdles 91.4cm

| | | | | |
|------------|-----------|-------|--|------------|
| Pedler | Adam | 51.2 | | 3/02/1977 |
| Hasker | Stephen | 52.45 | | 7/03/1993 |
| Ewen | Tim | 53.12 | | 11/11/1995 |
| Harvey | Jack | 53.30 | | 5/04/2014 |
| Hagicostas | Nikitas | 53.4 | | 20/02/1983 |
| Hames | Jagan | 53.47 | | 21/11/1998 |
| Lewis | Tony | 54.5 | | 4/02/1967 |
| Bubner | Alexander | 54.68 | | 7/01/2006 |
| Frayne | John | 55.1 | | 1/03/1975 |
| Brooke | John | 55.2 | | 30/10/1965 |

3000m Walk

| | | | | |
|----------|-------------|----------|--|------------|
| Taylor | Chris | 13:56.7 | | 20/02/1977 |
| Balharry | Gavon | 14:26.0 | | 28/10/1967 |
| Evans | Graham | 14:51.0 | | 15/03/1980 |
| Whitam | Peter | 15:06.0 | | 9/01/1980 |
| Crump | Peter | 15:42.26 | | 23/01/2004 |
| Silcock | M | 15:54.6 | | 3/11/1984 |
| Slimming | Andrew | 16:26.0 | | 6/03/1982 |
| Slimming | Ben | 19:02.7h | | 23/10/2010 |
| Begg | Meshach | 19:13.56 | | 3/11/2018 |
| Bollen | Christopher | 21:03.30 | | 19/02/1999 |

5000m Walk

| | | | | |
|---------|-------|----------|--|------------|
| Crump | Peter | 20:28.33 | | 3/03/2007 |
| Taylor | Chris | 25:43.3 | | 13/03/1991 |
| Silcock | M | 27:05.0 | | 6/03/1985 |

10000m Walk

| | | | | |
|----------|-------|----------|--|------------|
| Balharry | Gavon | 51:22.0 | | 20/05/1967 |
| Crump | Peter | 57:00.03 | | 4/11/2008 |

20000m Walk

| | | | |
|----------|-------|---------|------------|
| Balharry | Gavon | 1:44.56 | 1/07/1967 |
| Taylor | Chris | 1:56.17 | 30/04/1977 |

50000m Walk

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|----------|-------|---------|------------|
| Balharry | Gavon | 5:06.28 | 21/08/1965 |
|----------|-------|---------|------------|

3000m Steeple Chase 91.4cm

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|-----------|---------|---------|------------|
| Botten | Jamie | 9:17.2 | 4/01/1984 |
| Ballard | Neil | 9:44.5 | 7/12/1988 |
| Tallis | George | 9:46.5 | 4/01/1984 |
| Lawrence | John | 9:47.2 | 1/02/1969 |
| Deane | Peter | 9:52.0 | 4/03/1981 |
| Robertson | David | 9:59.0 | 21/11/1984 |
| Keynes | Anthony | 10:00.0 | 10/11/1982 |
| Clarke II | Robert | 10:00.4 | 1/12/1973 |
| Hilbig | Paul | 10:10.8 | 16/12/1981 |
| Starr | Matthew | 10:11.2 | 1/03/1989 |

Long Jump

| | | | | |
|-----------|-----------|-------|------|------------|
| Frayne | Henry | 8.27m | +1.4 | 18/02/2012 |
| Swan | Jason | 7.29m | +1.0 | 21/02/1982 |
| Bubner | Alexander | 6.98m | +1.5 | 10/12/2004 |
| Pastrello | Dean | 6.87m | +0.0 | 1/03/2020 |
| Love | Joshua | 6.74m | +0.1 | 12/01/2019 |
| Bastick | Blake | 6.56m | +0.0 | 17/11/2018 |
| Lambert | Thomas | 6.52m | +0.7 | 8/11/2003 |
| Slimming | Ben | 6.48m | +0.0 | 8/11/2014 |
| Whittaker | Lane | 6.35m | -0.4 | 22/03/2019 |
| Chan | Alexander | 6.28m | -1.0 | 17/12/2016 |

Triple Jump

| | | | | |
|-----------|---------|--------|------|------------|
| Frayne | Henry | 17.23m | +0.6 | 2/03/2012 |
| Slimming | Ben | 13.24m | +1.7 | 6/12/2013 |
| Armitage | Jacob | 13.14m | +0.0 | 25/11/2017 |
| Aston | Jacob | 12.79m | +1.8 | 21/10/2017 |
| Bastick | Blake | 12.72m | +0.0 | 6/10/2018 |
| Amaechi | David | 12.72m | +0.0 | 21/10/2018 |
| Starkey | Matthew | 12.66m | +0.1 | 6/10/2018 |
| Greenwood | Sam | 12.64m | +1.2 | 6/03/2010 |
| Haseldine | Ashton | 12.24m | -0.7 | 15/12/2018 |
| Vlassis | Leigh | 12.21m | +0.3 | 1/03/2004 |

High Jump

| | | | |
|---------|-------|-------|------------|
| Barbour | Tim | 2.06m | 10/11/1983 |
| Nugent | Mark | 2.05m | 26/11/1983 |
| Hames | Jagan | 2.05m | 19/02/1999 |

| | | | |
|-----------|--------|-------|------------|
| Bollen | Mark | 2.03m | 4/02/1989 |
| Helier | Mark | 2.01m | 10/10/1986 |
| Minson | Hugh | 2.01m | 19/11/2005 |
| Millard | Colwyn | 2.00m | 25/11/1978 |
| Hancock | Sandy | 2.00m | 17/12/1983 |
| Rogers | Andrew | 2.00m | 18/11/1989 |
| Dukalskis | James | 1.98m | 12/03/2014 |

Pole Vault

| | | | |
|-----------|------------|-------|------------|
| Arkell | Simon | 5.80m | 26/01/1996 |
| Markov | Dimitri | 5.75m | 12/02/2005 |
| Kildare | Jordan | 5.20m | 15/02/2020 |
| Mattinson | John | 5.11m | 17/03/1990 |
| Wainright | Greg | 5.05m | 21/12/1985 |
| Chan | Alexander | 5.05m | 17/01/2018 |
| O'Brien | James | 4.90m | 18/02/1996 |
| Leslie | Barton | 4.80m | 28/03/1992 |
| Toumazos | Theophilos | 4.80m | 7/11/2009 |
| Halliday | Gregory | 4.70m | 9/11/1996 |
| Hames | Jagan | 4.70m | 30/01/1999 |

Discus 2kg

| | | | |
|-------------|----------|--------|------------|
| Melin | Robert | 55.62m | 29/01/2011 |
| Hames | Jagan | 49.85m | 21/11/1998 |
| Dixon | David | 42.26m | 4/01/1991 |
| Bruce | Ian | 42.24m | 31/12/1956 |
| Bowden | Guy | 40.30m | 28/03/1992 |
| Vi | Homelo | 39.88m | 30/01/1993 |
| Birks | Daniel | 39.66m | 18/01/1985 |
| Pastrello | Dean | 39.52m | 19/02/2020 |
| Birks | Nicholas | 39.47m | 10/02/1962 |
| Arcondoulis | Elias | 39.20m | 1/03/2004 |

Shot Put 7.26kg

| | | | |
|-------------|----------|--------|------------|
| Melin | Robert | 17.13m | 19/03/2011 |
| Arcondoulis | Elias | 14.63m | 21/11/2009 |
| Obst | Fox | 13.77m | 2/02/2019 |
| Hames | Jagan | 13.73m | 28/11/1998 |
| Birks | Nicholas | 13.48m | 23/01/1965 |
| Bruce | Ian | 13.40m | 12/02/1956 |
| Birks | Daniel | 13.12m | 21/12/1985 |
| Vi | Homelo | 13.11m | 20/01/1993 |
| Morgan | Charlie | 13.09m | 10/02/1978 |
| Crouch | William | 12.82m | 12/01/2019 |

Hammer Throw 7.26kg

| | | | |
|-------|--------|--------|------------|
| Allan | David | 59.56m | 21/02/1993 |
| Melin | Robert | 55.86m | 6/03/2010 |

| | | | |
|---------|----------|--------|------------|
| Bowden | Guy | 52.98m | 14/07/1988 |
| Murrell | Tom | 51.44m | 18/11/1982 |
| Fowler | James | 49.76m | 17/03/1990 |
| Gordon | Alastair | 49.74m | 17/01/1970 |
| Hughes | Nick | 46.68m | 24/10/1992 |
| Keynes | Robert | 43.62m | 8/02/1987 |
| Dixon | David | 42.86m | 28/01/1994 |
| May | Malcolm | 42.24m | 23/11/1985 |

Javelin Throw 800g

| | | | |
|---------|---------|--------|------------|
| Fraser | Andrew | 70.68m | 12/03/2016 |
| Birks | Daniel | 69.20m | 1/03/1987 |
| Dixon | David | 68.54m | 21/01/1991 |
| Vi | Homelo | 59.03m | 16/01/1993 |
| Bollen | Mark | 58.40m | 3/03/1990 |
| Hames | Jagan | 57.94m | 21/11/1998 |
| O'Leary | Michael | 57.38m | 26/02/1989 |
| Love | Joshua | 55.01m | 24/01/2020 |
| Worley | Sam | 54.90m | 12/01/2019 |
| Barbour | Tim | 54.66m | 9/03/1993 |

Javelin Throw 800g (pre 1985 model)

| | | | |
|----------|----------|--------|------------|
| Briks | Nicholas | 81.01m | 24/02/1962 |
| Dixon | David | 78.22m | 14/03/1984 |
| Macklin | David | 68.71m | 30/01/1967 |
| Birks | Daniel | 68.60m | 30/03/1985 |
| Williams | Brian | 64.57m | 26/11/1966 |
| Bruce | Ian | 58.01m | 13/12/1952 |
| Irving | Ian | 56.34m | 14/03/1984 |
| Barbour | Tim | 53.60m | 13/10/1984 |
| Duffy | Jeremy | 53.40m | 22/01/1977 |
| Bollen | Mark | 51.62m | 8/10/1986 |

Decathlon

| | | | |
|-----------|----------|---------|------------|
| Pastrello | Dean | 6780pts | 19/02/2020 |
| Birks | Nicholas | 6629pts | 31/12/1964 |
| Barbour | Tim | 6608pts | 9/03/1993 |
| Arkell | Simon | 6509pts | 1/10/1989 |
| Macklin | David | 6291pts | 28/01/1973 |
| Whittaker | Lane | 6215pts | 19/02/2020 |
| Sharley | Peter | 5898pts | 11/01/1981 |
| Love | Joshua | 5896pts | 19/02/2020 |
| Bollen | Mark | 5743pts | 25/02/1990 |
| Brock | Angus | 4326pts | 21/12/2013 |