



Club Records - Men

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0/50 60m

Van Bavel	Hans	8.23	-0.4	26/02/2005
Frayne	Bruce	8.37	+1.6	12/12/2009
Eaton	Michael	8.66	-0.1	9/03/2013
Keynes	Anthony	8.74	+1.6	7/01/2006
Minchin	Christopher	9.01	+1.0	17/10/2009
Crump	Peter	9.43	+1.0	27/01/2012
Flabouris	Arthas	10.50	-0.1	9/03/2013
Brock	Anthony	10.72	+1.5	1/11/2014

100m

Van Bavel	Hans	12.10	-0.5	18/11/2000
Frayne	Bruce	13.28	-2.5	6/03/2010
Eaton	Michael	13.57	+1.1	19/01/2013
Crump	Peter	14.15	+1.0	6/01/2012
Keynes	Anthony	14.33	+1.2	10/01/2009
Minchin	Christopher	14.52	+0.8	25/11/2006
Flabouris	Arthas	16.53	+0.6	29/11/2014
Brock	Anthony	17.76	-1.8	8/11/2014

200m

Leonello	Dom	24.04	-1.4	6/01/2001
Van Bavel	Hans	24.53	+1.2	25/11/2000
Eaton	Michael	27.19	-1.3	9/03/2013
Frayne	Bruce	27.21	+0.5	30/01/2010
Keynes	Anthony	27.92	-0.4	13/12/2003

Crump	Peter	30.11	-2.5	27/01/2012
Minchin	Christopher	32.04	-0.7	19/03/2011
Flabouris	Arthas	34.82	-2.6	11/01/2014

300m

Eaton	Michael	43.92		16/11/2013
Van Bavel	Hans	46.99		18/01/2014

400m

Van Bavel	Hans	55.52		13/03/2005
Eaton	Michael	59.95		1/04/2012
Frayne	Bruce	60.25		6/03/2010
Botten	Jamie	61.84		24/01/2009
Keynes	Anthony	63.28		2/11/2002
Crump	Peter	67.19		12/03/2011
Harris	Adam	67.65		9/03/2019

800m

Keynes	Anthony	2:24.37		9/11/2002
Frayne	Bruce	2:24.68		21/11/2009
Eaton	Michael	2:29.33		19/11/2011
Crump	Peter	2:33.90		11/02/2012
Harris	Adam	2:40.14		17/02/2019
Goddard	Stephen	2:43.32		16/11/2019
Connell	Sean	3:01.31		16/11/2019
Chester	Robin	3:01.5h		27/11/2010

1500m

Keynes	Anthony	4:35.68		1/11/2003
Flabouris	Arthas	4:47.23		29/11/2014
Harris	Adam	5:30.57		1/03/2020
Crump	Peter	5:36.34		6/01/2012
Ryan	Tony	6:02.49		17/11/2018
Connell	Sean	6:39.71		19/10/2019

3000m

Hilbig	Paul	11:15.20		23/11/1996
Hilbig	Owen	11:21.50		19/01/2001
Keynes	Anthony	12:29.7h		7/01/2006
Chester	Robin	12:31.4h		27/11/2010
Crump	Peter	12:39.16		12/11/2011
Harris	Adam	12:46.01		27/10/2018
Flabouris	Arthas	12:50.92		11/02/2012
Ryan	Tony	12:56.40		24/11/2018
Taylor	Chris	16:45.20		30/11/1996

5000m

Hilbig	Paul	19:05.30		8/03/1997
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Hilbig	Owen	20:21.00	29/11/1997
Flabouris	Arthas	20:22.80	16/11/2012
Chester	Robin	21:28.49	12/03/2011
Keynes	Anthony	22:36.6h	3/12/2005
Crump	Peter	23:21.60	12/03/2011

10000m

Hilbig	Paul	39:14.80	24/01/1997
Hilbig	Owen	41:41.40	6/12/1997

1500m Walk

Crump	Peter	8:23.4h	7/01/2011
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2000m Walk

Crump	Peter	10:55.79	23/01/2016
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3000m Walk

Crump	Peter	15:42.41	1/02/2013
Taylor	Chris	17:40.60	5/04/1998

5000m Walk

Crump	Peter	27:00.70	9/03/2013
Taylor	Chris	30:10.30	5/04/1998

5000m Walk

Crump	Peter	62:47.50	4/02/2018
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2000m Steeple Chase 76.2cm

Keynes	Anthony	8:37.09	6/03/2010
Crump	Peter	8:52.1h	5/02/2011

Long Jump

Minchin	Christopher	4.61m	+0.0	12/02/2005
Souter	Tim	3.99m	+0.3	7/12/2013
Keynes	Anthony	3.79m	+0.5	28/02/2009
Crump	Peter	3.32m	+0.9	13/01/2012

Triple Jump

Minchin	Christopher	10.56m	+1.3	3/11/2007
Keynes	Anthony	8.31m	+0.3	21/02/2009
Souter	Tim	8.21m	+0.0	15/11/2014

High Jump

Minchin	Christopher	1.65m	11/10/2008
Hilbig	Paul	1.55m	16/02/2002
Souter	Tim	1.40m	22/02/2014

Birks	Nicholas	1.35m	23/02/2001
Keynes	Anthony	1.30m	25/02/2011

Pole Vault

Botten	Jamie	3.05m	14/03/2009
Minchin	Christopher	2.45m	6/11/2010

Discus 1kg

Minchin	Christopher	41.67m	2/12/2006
Birks	Nicholas	39.86m	22/02/2002
Keynes	Robert	36.60m	4/02/2012
Bolton	George	32.68m	17/11/2007
Souter	Tim	31.71m	11/01/2014
Keynes	Anthony	30.99m	11/12/2004

Shot Put 4kg

Minchin	Christopher	12.42m	1/03/2008
Birks	Nicholas	11.57m	4/03/2001
Souter	Tim	11.41m	11/01/2014
Keynes	Robert	10.49m	14/02/2016
Keynes	Anthony	9.97m	18/01/2008
Bolton	George	9.55m	25/01/2008

Hammer Throw 4kg

Keynes	Robert	45.58m	27/01/2012
Souter	Tim	42.86m	7/12/2013
Bolton	George	42.68m	8/12/2007
Minchin	Christopher	41.72m	3/02/2007
Keynes	Anthony	39.22m	8/12/2007
Birks	Nicholas	38.76m	5/03/2005
Flabouris	Arthas	23.63m	15/12/2012

Javelin Throw 700g

Birks	Nicholas	39.27m	16/02/2002
Keynes	Robert	39.22m	6/01/2012
Minchin	Christopher	38.06m	17/10/2009
Keynes	Anthony	33.35m	7/03/2009
Souter	Tim	31.80m	31/01/2015
Gorringe	Robin	21.37m	13/12/2014
Bolton	George	19.57m	15/12/2007
Brock	Anthony	18.23m	10/03/2012