



# SAINTS ATHLETICS CLUB ANNUAL PRESENTATION DINNER

Season 2013 /2014

AWARDS – RECOGNITION – RANKINGS

FRIDAY 29 August 2014  
The FEATHERS HOTEL



## **2012 / 2014 Summer Season Presentation Dinner**

**29 August 2014**

We wish to acknowledge and thank our hard working volunteer committee and all the coaches who supported our athletes this season.

### ***Committee –***

Tony Keynes – Club President  
Hans Van Bavel – Club Secretary  
George Bolton – Treasurer  
Annette Van Rensburg - St Peter's School Athletics Representative  
Angus Brock – Male Captain  
Ben Blaschek – Male Captain  
Haylee Wilson – Female Captain  
Jana Tankosic – Female Captain  
Tony Brock  
Chris Minchin  
Nick Birks  
James Lanthois  
Ben Slimming  
Elliot Robbins  
Patti Wilson

### ***Coaches -***

Tony Keynes  
Hans Van Bavel  
Judy Daly  
Rick Wilson  
Trevor Wiseman  
Brendan Tammo - Throws  
Kym Symons – Pole Vault  
John Hammond – Pole Vault  
Anthony Simons – Pole Vault  
Barb Stephens  
Bob Cruise  
Michael Hans  
PJ Bocsh  
Angus Brock  
Ben Blaschek  
And more...

## AWARD WINNERS FOR ATHLETICS SEASON 2013-14

### SPOC ASSOCIATION TROPHY MOST OUTSTANDING SENIOR MALE ATHLETE

**Bryce Watkins** (Including  
Season Best Performance in 800m - 1m 48.77  
7th place Aust Champs 1m 52.40)



### SPOC ASSOCIATION TROPHY MOST OUTSTANDING SENIOR FEMALE ATHLETE

**Tara Palm**  
Season Best Performance in 5000m - 15. 57.24



### AW (TONY) KEYNES TROPHY MOST OUTSTANDING JUNIOR MALE ATHLETE

**Frankie Schinella** (Including  
State Titles wins in 100m U20 - 11.05s and  
200m U18 - 22.65s) Season Best 200 time  
of 22.10



### CHANI VAN DER MERWE PERPETUAL TROPHY MOST OUTSTANDING JUNIOR FEMALE ATHLETE

**Madelyn Griffiths**  
National Gold medalist at her first national competition.  
ASA Junior Athlete of the Year  
Seasons Best height of 3.00m



### PRESIDENT'S TROPHY OUTSTANDING COMPETITION CONTRIBUTION AND PERFORMANCES

**Peter Crump**  
Achieved great success in walking events through  
the season  
24 hour walk achievement  
ASA winner out of stadium racing



### CAPTAIN'S TROPHY MOST OUTSTANDING ST PETER'S COLLEGE SCHOOLBOY

**Tom Walker**  
Improvement in middle distance events particularly  
in 3000m)



## AWARD WINNERS FOR ATHLETICS SEASON 2013-14

### AH YOUNG MEMORIAL TROPHY MOST IMPROVED SENIOR ATHLETE

#### Michael Heron

800m from 1m 59.9s to 1m 53.97s

Great improvement also displayed in 1500m



### LR VOLLUGI TROPHY BEST ALL ROUND MASTERS ATHLETE

#### Karl Kirsten

Great competition contribution to both masters

and open age Interclub competition in a wide variety of events

Karl  
Kirsten

### SCOTCHY GORDON TROPHY KEENESS AND ATTENTION TO TRAINING

#### Keely Hutchins

Outstanding effort and improvement in sprints

notably 200m from 28.5s to 25.6s)



### CHRIS MINCHIN JUMPS TROPHY OUTSTANDING ABILITY DEMONSTRATED IN A JUMPS EVENT

#### James Dukalskis

Personal best high jump performance of 2.01 U16



### SAINTS JUNIOR RISING STAR TROPHY ALL ROUND PARTICIPATION, IMPROVEMENT AND POTENTIAL MALE

#### Jordon Kildare - Pole vault

Displayed extraordinary improvement in Pole Vault

from 2.8m to height 3.40m

Finished 4<sup>th</sup> at Australian Junior National

Jordan is an enthusiastic athlete, dedicated to training and representing Saints each week.



### SAINTS JUNIOR RISING STAR TROPHY ALL ROUND PARTICIPATION, IMPROVEMENT AND POTENTIAL FEMALE

#### Sarah Damin - Walks

Member of the gold medal winning team at the

Australian Road Walking Teams Championships in

Launceston in 2013 - her first national gold

2013/14 season:Aust Road Titles – 8<sup>th</sup> place,

Aust Track Titles 6<sup>th</sup>

Sarah is a very talented, serious young lady

with heaps of potential in a wide range of activities.





# ASA Interclub 2013/14 – FINAL RESULTS

## Points - Week 12 & Bonus Week

### Under 20 & Open Men

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	SAIN	57	10	24	6	48.5	10	75	12	68	10			103	12	101	12	120	12					166	12	99.5	12	108
2	EH	64	12	47	12	60	12	43	7	80	12			86	10	77	10	60	8					82	10	79	10	103
3	PEM	31	7	24	6	44	8	21	6	34	8			19	5	30	6	61	10					61	8	11	5	69

### Over 35 Men

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	SAIN	74	12	56	12	116	10	109	12	60	12			78	12	127	12	71	12					96	12	28	12	126
2	SAC	40	8	20	6	124	12	84	10	38	8			18	7	44	8	24	6					0	0	0	0	70
3	MAS	45	10	32	10	23	4	45	7	40	10			0	0	20	6	34	7					18	4	10	10	68

### Under 18 Men

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	WD	81	10	43	10	31	6	66	10	52	12			84.5	12	78	12	54	10					61	10	38	12	104
2	SAIN	82	12	49	12	75	12	41	8	8	6			42	8	24	8	27	6					31	7	20	7	86
3	SAL	43	7	30	7	37	7	71	12	24	8			36	7	17	7	35	8					77	12	24	10	85

### Under 16 Men

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	SAIN	126	12	114.5	12	99	12	115	12	45	12			78	10	45	12	88	12					130.5	12	91	12	118
2	SAL	62	10	85	10	58	10	80	10	6	6			95	12	16	8	54	10					46	10	18	10	96
3	EH	27	5	14	6	29	7	38	7	30	10			21	5	16	8	21	8					15.5	4	0	0	60

### Under 14 Men

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	SAIN	70	10	104	12	28	10	36	8	28	10			119	12	35	8	71	10					29	8	91	10	98
2	SAL	59	8	59	10	21	7	42	10	24	8			59	8	21	7	77	12					55	12	93	12	94
3	PEM	83	12	36	7	14	4	45	12	31	12			57	7	20	6	10	5					46	10	38	8	83

### Under 20 & Open Women

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	SAL	58	12	3	5	47	10	59	10	61	12			54	12	44	8	20	8					67	12	30	10	99
2	PEM	26	8	34	8	56	12	73	12	39	10			45	10	30	7	38	10					52	10	25	7	94
3	WD	42	10	47	10	43	8	44	8	38	8			37	8	24	6	50	12					35	8	30	10	88
4	SAIN	25	7	48	12	15	6	24	6	33	7			31	7	48	10	0	0					27	7	34	12	74
5	HILL	4	3	9	6	10	5	38	7	20	6			10	5	50	12	8	3					18	6	0	0	53

### Under 18 Women

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	PEM	59	10	55	10	71	12	25	7	58	12			84	12	32	7	52	10					39	10	13	6	96
2	WD	61	12	41	8	70	10	82	12	12	6			13	3	51	10	28	6					49	12	12	5	84
3	UC	32	7	59	12	38	8	18	5	0	0			21	6	54	12	53	12					35	8	36	12	82
4	EH	16	5	26	6	15	3	14	3	20	7			34	10	38	8	44	8					20	6	8	3	59
5	HILL	47	8	19	5	20	6	63	10	29	10			26	7	20	5	25	5					0	0	8	3	59
6	SAL	0	0	32	7	23	7	34	8	0	0			8	2	20	5	0	0					18	5	30	10	44
7	SAIN	18	6	19	5	8	1	13	2	28	8			0	0	6	2	24	4					18	5	25	8	41

### Under 16 Women

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	WD	52	12	39	10	65	12	61	10	42	10			52	12	59	12	46	10					82	12	10	8	108
2	SAL	6	4	56.5	12	60	10	70.5	12	10	7			41	10	42	10	54	12					48	10	68	12	99
3	SAIN	36	10	28	8	31	8	12	6	6	5			31	8	28	8	25	8					37	8	22	10	79

### Under 14 Women

Place	Team	week 1		week 2		week 3		week 4		week 5		week 6		week 7		week 8		week 9		week 10		week 11		week 12		Bonus Week		Total
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	
1	WD	54	12	71	10	60	10	75	10	33	10			53	7	48.5	12	76	12					71	12	25	7	102
2	SAL	35	7	84	12	71	12	85	12	30	8			55	10	40.5	10	48.5	8					50	10	101	12	101
3	SAC	51	10	23	7	22	6	33	8	14	5			54	8	11	2	29	5					27	7	24	6	64
4	SAIN	21	4	35	8	26	8	19	6	0	0			63	12	13	4	37	6					13.5	4	30	10	62



# 2013/14 Summer Season Rankings

as of July 2014 - source ASA website

## OPEN Women - 100m

1. Jessica Kemp 12.72s 8-Mar-14 (+1.9)
2. Haylee Wilson 12.79s 8-Mar-14 (+1.9)
3. Jana Tankosic 13.43s 19-Oct-13 (+1.9)

## U/20 Women - 100m

1. Lucy Holland-Smith 13.39s 7-Dec-13 (-0.9)

## U/18 Women - 100m

1. Elza Weatherald 13.53s 8-Mar-14 (+0.3)
2. Gemma Monaghan 13.65s 18-Jan-14 (+2.0)
3. Marcelle Houtman 14.01s 8-Mar-14 (+0.3)
4. Rebecca Buchanan 14.20s 8-Mar-14 (+0.3)
5. Emma Goold 15.47s 12-Oct-13 (+2.0)

## U/16 Women - 100m

1. Keely Hutchins 12.71s 19-Oct-13 (+1.9)
2. Jessie Miller 14.85s 19-Oct-13 (+0.7)

## U/14 Women - 100m

1. Madelyn Griffiths 14.51s 11-Jan-14 (-1.2)
2. Zoe Wilmshurst 15.79s 18-Jan-14 (+1.7)

## OPEN Women - 200m

1. Haylee Wilson 25.52s 15-Feb-14 (+1.3)
2. Jessica Kemp 26.62s 1-Mar-14 (-1.0)
3. Jana Tankosic 28.33s 21-Dec-13 (+0.2)

## U/20 Women - 200m

1. Lucy Holland-Smith 28.02s 30-Nov-13 (-2.2)

## U/18 Women - 200m

1. Gemma Monaghan 28.72s 11-Jan-14 (-0.5)
2. Marcelle Houtman 29.01s 19-Oct-13 (+0.5)
2. Felicia Adikea 30.63s 21-Mar-14 (-1.5)
3. Rebecca Buchanan 31.56s 21-Mar-14 (-1.5)

## U/16 Women - 200m

1. Keely Hutchins 26.28s 26-Oct-13 (+0.6)
2. Jessie Miller 30.81s 9-Mar-13 (-0.2)

## OPEN Women - 400m

1. Haylee Wilson 57.27s 22-Feb-14
2. Jessica Kemp 58.37s 15-Mar-14

## U/18 Women - 400m

1. Marcelle Houtman 1:06.00s 1-Mar-14

## U/16 Women - 400m

1. Keely Hutchins 1:02.37s 26-Oct-13
2. Jessie Miller 1:09.17s 25-Jan-14

## OPEN Women - 800m

1. Emily Hyde 2:19.85s 11-Jan-14
2. Jessica Kemp 2:27.77s 25-Jan-13
3. Jana Tankosic 2:35.42s 21-Dec-13

## U/16 Women - 800m

1. Jessie Miller 2:35.72s 30-Nov-13

## OPEN Women - 1500m

1. Tara Palm 4:24.97s 18-Jan-14
1. Emily Hyde 4:41.55s 22-Feb-13

## U/16 Women - 1500m

1. Jessie Miller 5:34.58s 9-Feb-14

## OPEN Women - 60m

1. Jana Tankosic 8.70s 22-Feb-14

## U/20 Women - 60m

1. Lucy Holland-Smith 8.41s 2-Nov-13 (-0.9)

## U/18 Women - 60m

1. Gemma Monaghan 8.52s 25-Jan-14 (+1.7)
2. Marcelle Houtman 8.82s 02-Nov-13
3. Felicia Adikea 8.90s 25-Jan-14 (+1.5)
4. Elza Weatherald 9.00s 22-Feb-14
5. Rebecca Buchanan 9.15s 22-Feb-14

**U/16 Women - 60m**

1. Keely Hutchins 8.20s 2-Nov-13 (-0.9)

**U/14 Women - 60m**

1. Madelyn Griffiths 8.68s 25-Jan-14 (+1.7)

**U/14 Women - 80mH**

1. Zoe Wilmshurst 22.52s 23-Nov-13 (-2.4)

**Women - 5km**

1. Tara Palm 15:57.24s 30-Nov-13

**Women - 10km**

1. Tara Palm 33:50.53s 12-Dec-13

**U/16 Women - 1500mW**

1. Sarah Damin 7:30.75s 1-Mar-14

**U/20 Women - 1500mW**

1. Felicity Henderson-Wilson 8:06.47s 25Jan14

**U/16 Women - 3kmW**

1. Sarah Damin 15:57.23s 1-Mar-14

**U/20 Women - 3kmW**

1. Felicity Henderson-Wilson 18:59.57s 19Jan13

**U/16 Women - 5kmW**

1. Sarah Damin SPC 29:13.36s 23-Nov-13

**U/20 Women - 5kmW**

1. Felicity Henderson-Wilson 28:32.64s 22Feb14

**Women - 2km Steeplechase (76.2cm)**

1. Rebecca Buchanan 11:22.52s 22-Feb-14

**OPEN Women - Long Jump**

1. Jana Tankosic 4.94m 9-Nov-13

**U/18 Women - Long Jump**

1. Marcelle Houtman 4.28m 22-Mar-13  
2. Gemma Monaghan 3.82m 14-Dec-13 (+0.2)

**U/14 Women - Long Jump**

1. Zoe Wilmshurst 3.65m 25-Jan-14 (+1.6)

**U/20 Women - Triple Jump**

1. Lucy Holland-Smith 10.10m 16-Nov-13 (+0.3)

**U/18 Women - Triple Jump**

1. Marcelle Houtman 9.88m 2-Nov-13 (-0.9)

**U/16 Women - Triple Jump**

1. Sarah Damin 6.99m 14-Dec-13 (+0.4)

**U/14 Women - Triple Jump**

1. Zoe Wilmshurst 8.07m 11-Jan-14 (-0.3)

**Women - High Jump**

1. Haylee Wilson 1.40m 14-Dec-13  
2. Jana Tankosic 1.35m 2-Nov-13  
3. Jessie Miller 1.20m 14-Dec-13  
4. Zoe Wilmshurst 1.20m 25-Jan-14

**OPEN Women - Pole Vault**

1. Jana Tankosic 4.00m 11-Jan-13  
2. Anne Rees 3.50m 23-Nov-13  
3. Naomi Princi 3.30m 23-Nov-13

**U/20 Women - Pole Vault**

1. Nikki Wall SPC 2.80m 25-Jan-14

**U/14 Women - Pole Vault**

1. Madelyn Griffiths 3.00m 12-Mar-14
2. Zoe Wilmshurst 1.30m 19-Oct-13

**Women - Discus Throw (1kg)**

1. Zoe Wilmshurst 20.28m 11-Jan-14
2. Naomi Princi 19.07m 14-Dec-14
3. Emma Goold 16.18m 7-Dec-13
4. Rebecca Buchanan 15.85m 8-Mar-14
5. Hannah Bransbury 14.40m 8-Mar-14

**U/14 Women - Shot Put (3kg)**

1. Zoe Wilmshurst 6.55m 19-Oct-13

**Women - Shot Put (4kg)**

1. Anne Rees 9.27m 16-Nov-13
2. Jana Tankosic 8.55m 14-Dec-13
3. Naomi Princi 5.82m 2-Nov-13

**U/18 Women - Javelin Throw (500g)**

1. Emma Goold 16.10m 26-Oct-13

**U/14 Women - Javelin Throw (400g)**

1. Zoe Wilmshurst 18.54m 23-Nov-13

**Women - Javelin Throw (600g)**

1. Jana Tankosic SPC 27.69m 14-Dec-13

**Women - 100m (WA)**

1. Keely Hutchins 12.69s 12-Oct-13 (+3.1)
3. Madelyn Griffiths 13.81s 1-Mar-14 (+3.1)
5. Zoe Wilmshurst 16.54s 9-Nov-13 (+2.1)

**Women - 200m (WA)**

1. Gemma Monaghan 27.64s 25-Jan-14 (+2.7)
2. Jessie Miller 30.21s 25-Jan-14 (+2.2)
3. Katherine Landers 30.47s 25-Jan-14 (+2.2)
4. Emma Goold 33.73s 12-Oct-13 (+2.4)

**MEN****OPEN Men - 100m**

1. Alex Bubner 10.87s 18-Jan (+2.
2. Todd Bateman 10.89s 2-Mar13 (-0.6)
3. Michael Brunsahan 11.05s 18-Ja14 (+2.
4. Golden Gepp 11.43s 11-Jan-14 1.3)
5. Angus Brock 11.46s 8-Mar-14 (+1.3)
6. Michael Heron 11.99s 8-Mar-14

**U/20 Men - 100m**

1. Frankie Schinella 11.05s 1-Mar-14 (+1.4)
2. Brian Wilson 11.22s 6-Dec-13 (+1.2)
3. Sebastian Baird 11.30s 9-Feb-13 (-0.1)
4. James Lanthois 11.80s 22-Mar-13 (+0.5)
5. Ryan Raj 11.83s 1-Mar-14 (+1.4)
6. Elliot Robbins 11.97s 21-Dec-13 (+0.1)
7. Miro Van Rensburg 12.49s 22-Mar-13 (+0.5)
8. Nikolaos Flabouris 12.70s 22-Feb-13 (+1.0)
9. Sam McDonough 13.14s 1-Feb-13 (-3.8)
10. Kim Le 13.18s 26-Oct-13 (+1.6)
11. George Bouras 14.56s 22-Feb-13 (+0.9)

**U/18 Men - 100m**

1. Kofi Gyamfi 11.19s 1-Mar-14 (+2.0)
2. Cody King 11.99s 26-Oct-13 (+1.6)
3. Hamish Litt 12.13s 8-Mar-14 (-0.9)
4. Ben Slimming 12.16s 18-Jan-14 (+2.0)
5. James Petchey 12.21s 9-Nov-13 (-2.4)
6. Hudson Proudman 12.23s 26-Oct-13 (+1.6)
7. Lane Whittaker 12.28s 21-Mar-14 (-3.6)
8. Gabriel Auciello 12.28s 26-Oct-13 (-0.1)
9. James Solomon 12.32s 8-Mar-14 (+1.1)
10. Alexi Georgakopoulos 12.32s 26-Oct-13 (-0.4)
11. Shankar Hogg 12.36s 21-Dec13 (+0.1)
12. Junwei Ye 12.52s 26-Oct-13 (+0.6)
13. Dion De Palma 12.70s 7-Dec-13 (+1.6)
14. Ben Fowler 12.72s 9-Nov-13 (-2.4)
15. Peter Matsouliadis 12.74s 7-Dec-13 (+1.6)
16. Joshua Love 13.12s 26-Oct-13 (+1.0)
17. Peter Anto 13.34s 9-Nov-13 (+0.5)
18. Calum Mann 13.79s 16-Nov-13 (-3.5)
19. John Bouras 14.68s 1-Feb-13 (-1.9)



**U/20 Men - 200m****U/16 Men - 100m**

1. Alex Condello	11.55s	6-Dec-13	(+1.5)
2. Jacob Schlein	12.01s	26-Oct-13	(-0.4)
3. Louis Bendo	12.21s	18-Jan-14	(+2.0)
4. Zac Wilmshurst	12.76s	1-Mar-14	(+1.1)
5. Sam Barnfield	12.79s	8-Mar-14	(-0.9)
6. Lachlan Randello	12.95s	8-Mar-14	(+1.1)
7. Charlie Stewart	12.96s	7-Dec-13	(+1.1)
8. Carl Hooper	13.02s	9-Nov-13	(-2.7)
9. Harrison Steyn	13.21s	8-Mar-14	(-1.4)
10. William Sellars	13.31s	8-Mar-14	(+1.1)

**U/14 Men - 100m**

1. Pasindu Bandara	13.01s	8-Mar-14	
2. James Walker	14.16s	1-Mar-14	(+2.0)

**O/35 Men - 100m**

1. Hans Van Bavel	13.28s	2-Mar-13	(-0.4)
2. Michael Eaton	13.57s	19-Jan-13	(+1.1)
3. Mostyn Kemp	13.64s	18-Jan-14	(+2.0)
4. Karl Kirsten	13.74s	8-Mar-14	(+1.1)
5. Tony Keynes	15.15s	11-Jan-14	(-1.9)
6. Arthas Flabouris	16.89s	11-Jan-14	(-0.8)
7. Tony Brock	18.96s	9-Nov-13	(-2.7)

**OPEN Men - 200m**

1. Alex Bubner	21.75s	15-Feb-14	(+1.5)
2. Michael Brusnahan	21.91s	24-Jan-14	(+1.7)
3. Angus Brock	22.85s	9-Feb-14	(+1.5)
4. Jack Harvey	23.02s	25-Jan-14	(+1.7)
5. Golden Gepp	23.16s	1-Mar-14	(-2.6)
6. Andrew Giam	23.50s	9-Mar-13	(-0.8)

**O/35 Men - 200m**

1. Michael Eaton	27.19s	9-Mar-13	(-1.3)
2. Hans Van Bavel	27.55s	2-Mar-13	(-0.6)
3. Hans Vanbavel	27.67s	9-Mar-13	(-1.3)
4. Mostyn Kemp	29.05s	23-Nov-13	(-2.9)
5. Arthas Flabouris	34.82s	11-Jan-14	(-2.6)

1. Frankie Schinella	22.10s	9-Feb-14	(+1.5)
2. Brian Wilson	22.27s	12-Oct-13	(+1.8)
3. Sebastian Baird	23.17s	2-Mar-13	(-1.8)
4. James Lanthois	23.19s	16-Jan-13	(-1.3)
5. Ryan Raj	24.56s	1-Mar-14	(-1.2)
8. Elliot Robbins	25.20s	23-Nov-13	(-2.7)
9. Miro Vanrensburg	25.77s	9-Mar-13	(-1.2)
10. Nikolaos Flabouris	26.17s	9-Mar-13	(-1.3)
11. Kim Le	26.89s	26-Oct-13	(+0.9)
12. Wassim Saad	29.10s	9-Nov-13	(-3.4)

**U/18 Men - 200m**

1. Kofi Gyamfi	22.94s	12Mar14	(+2)
2. Shankar Hogg	24.03s	26Oct13	(+5)
3. Hamish Litt	24.52s	30Nov13	(-.6)
4. Hudson Proudman	24.59s	30-Nov-13	(-.6)
5. Alexi Georgakopoulos	24.83s	26Oct13	(-0.8)
6. Cody King	24.99s	12Oct-13	(+1.5)
7. Ben Slimming	25.00s	11Jan-14	(-2.7)
8. Steven Slimming	25.01s	9-Mar-13	
9. James Petchey	25.02s	9-Mar-13	(-1.2)
10. Gabriel Auciello	25.30s	9-Feb-13	(-1.3)
11. Dion De Palma	25.42s	12Oct-13	(+1.7)
12. Cruise Pengilly	25.92s	23Nov13	(-4.6)
13. Ben Fowler	26.17s	30Nov-13	(-1.0)
14. James Dukalskis	26.57s	22Feb-14	(-1.2)
15. Peter Matsouliadis	26.81s	9Nov-13	(-0.9)
16. Joshua Love	26.88s	23Nov-13	(-2.9)
17. Hamish Becker	26.96s	9-Feb-14	(+1.0)
18. James Solomon	26.98s	9-Nov-13	(-0.2)
19. Calum Mann	27.70s	22Feb-14	(-1.2)
20. Conor Yung	30.22s	22 Feb-14	(-2.6)

**U/16 Men - 200m**

1. Alex Condello	24.37s	12-Oct-13	(+1.7)
2. Jacob Schlein	24.66s	25-Jan-14	(+2.0)
3. Louis Bendo	25.65s	11-Jan-14	(-2.6)
4. Lachlan Randello	25.81s	21-Mar-14	(-2.8)
5. Nicholas Rhodes	26.04s	30-Nov-13	(-0.6)
6. Zac Wilmshurst	26.32s	22-Feb-14	(-1.6)
7. William Sellars	26.62s	1-Mar-14	(+1.9)
8. Samuel Barnfield	26.82s	1-Mar-14	(-3.2)
9. Carl Hooper	26.99s	9-Mar-13	(-0.8)
10. Sam Barnfield	27.45s	22-Feb-14	(-2.6)
11. Alexander Liapis	28.33s	11-Jan-14	(-2.6)
12. Harrison Steyn	28.38s	11-Jan-14	(-2.6)

**U/14 Men - 200m**

1. Pasindu Bandara 26.58s 1-Mar-14 (+0.3)
2. James Walker 31.53s 22-Feb-14 (-1.8)

**OPEN Men - 400m**

1. Bryce Watkins 48.67s 1-Mar-14
2. Jack Harvey 49.42s 15-Mar-14
3. Angus Brock 50.13s 15-Mar-14
4. Alex Bubner 50.17s 9-Nov-13
5. Andrew Giam 50.31s 9-Nov-13
6. Michael Heron 51.16s 9-Feb-14

**O/35 Men - 400m**

1. Mostyn Kemp 59.86s 2-Mar-13
2. Michael Eaton 1:00.10s 2-Mar-13
3. Hans Van Bavel 1:08.22s 19-Jan-13

**U/20 Men - 400m**

1. Frankie Schinella 50.67s 2-Mar-13
2. James Lanthois 52.04s 22-Feb-13
3. Brian Wilson 53.63s 2-Nov-13
4. Miro Van Rensburg 57.13s 22-Feb-13
5. Nikolaos Flabouris 59.80s 1-Feb-13
6. Kim Le 1:01.99s 2-Nov-13
7. George Bouras 1:05.92s 22-Feb-13

**U/18 Men - 400m**

1. Hamish Litt 54.26s 21-Mar-14
2. Shankar Hogg 54.30s 2-Nov-13
3. Ben Slimming 54.83s 23-Nov-13
4. Gabriel Auciello 56.13s 26-Oct-13
5. Hudson Proudman 56.36s 2-Nov-13
6. Steven Slimming 57.42s 1-Feb-13
7. Dion De Palma 58.06s 21-Mar-14
8. Hamish Becker 1:00.41s 23-Nov-13
9. Ben Fowler 1:01.50s 22-Feb-13
10. James Solomon 1:01.62s 2-Nov-13

**U/16 Men - 400m**

1. Sam Barnfield 57.07s 21-Mar-14
3. Jacob Schlein 58.21s 9-Feb-14
4. William Proudman 58.28s 26-Oct-13
5. Lachlan Randello 58.35s 1-Mar-14
6. William Sellars 58.49s 26-Oct-13
7. Zac Wilmshurst 1:02.94s 11-Jan-14

**U/14 Men - 400m**

1. James Walker 1:14.27s 9-Nov-13

**OPEN Men - 800m**

1. Bryce Watkins 1:48.77s 22-Feb-14
2. Andrew Giam 1:50.51s 13-Apr-13
3. Michael Heron 1:53.97s 11-Jan-14
4. Peter Hyde 1:54.47s 1-Mar-14
5. Michael Nitschke 1:56.40s 16-Jan-13
6. Andy Giam 1:59.52s 7-Dec-13
7. Angus Brock 2:06.18s 25-Jan-13

**O/35 Men - 800m**

1. Chris Lauder 2:20.32s 18-Jan-14
2. Mostyn Kemp 2:27.53s 25-Jan-13
3. Michael Eaton 2:30.55s 30-Nov-13
4. Peter Crump 2:36.74s 19-Oct-13

**U/20 Men - 800m**

3. Nikolaos Flabouris 2:27.55s 11-Jan-13
4. George Bouras 2:39.13s 9-Mar-13
5. Kim Le 2:45.79s 9-Mar-13

**U/16 Men - 800m**

1. Lachlan Randello 2:06.23s 1-Mar-14
2. Will Proudman 2:13.00s 1-Mar-14
4. Charlie Stewart 2:24.82s 16-Nov-13
5. Alexander Liapis 2:26.61s 9-Jan-14
6. William Sellars 2:29.16s 9-Feb-13

**OPEN Men - 1500m**

1. Andrew Giam 3:57.44s 13-Apr-13
2. Michael Heron 3:58.03s 1-Mar-14
3. Peter Hyde 3:59.44s 2-Mar-13
4. Andy Giam 4:09.68s 16-Jan-14
5. Tommy Matoga 4:35.03s 1-Mar-14
6. Angus Brock 4:49.10s 21-Dec-13

**O/35 Men - 1500m**

1. Arthas Flabouris 6:06.67s 22-Feb-14

**U/20 Men - 1500m**

1. Nikolaos Flabouris 5:42.67s 19-Jan-13  
2. Elliot Robbins 5:49.22s 21-Dec-13

**U/18 Men - 1500m**

1. Tom Walker 4:16.69s 1-Mar-14  
2. Steven Slimming 4:20.20s 9-Feb-13  
3. Ben Slimming 4:49.24s 21-Dec-13  
4. Shankar Hogg 5:26.44s 21-Dec-13

**U/16 Men - 1500m**

1. Lachlan Randello 4:26.76s 1-Mar-14  
2. William Proudman 4:41.90s 26-Oct-13  
3. Charlie Stewart 4:59.08s 23-Nov-13

**OPEN Men - 3km**

1. Michael Heron 9:01.87s 25-Jan-14  
2. Peter-john Bosch 9:49.18s 21-Nov-13  
3. Tommy Matoga 9:55.48s 22-Feb-14

**O/35 Men - 3km**

1. Mostyn Kemp 11:32.69s 22-Mar-13  
2. Arthas Flabouris 13:20.83s 25-Jan-13

**U/20 Men - 3km**

2. Elliot Robbins 12:51.19s 9-Nov-13  
3. Nikolaos Flabouris 13:36.84s 25-Jan-13  
4. Kim Le 14:51.08s 9-Nov-13  
5. George Bouras 15:57.94s 9-Mar-13  
6. Brandon Khouri 15:57.96s 9-Mar-13  
7. James Lanthois 15:57.97s 9-Mar-13

**U/18 Men - 3km**

1. Tom Walker 9:12.17s 6-Dec-13  
2. Thomas Walker 9:32.75s 12-Mar-14  
3. Steven Slimming 10:47.98s 22-Mar-13

**OPEN Men - 5km**

1. Peter-john Bosch 16:51.75s 30-Nov-13  
2. Tommy Matoga 17:27.83s 21-Mar-14

**U/16 Men - 90mH**

1. William Sellars 15.78s 19-Oct-13 (+1.8)  
2. Zac Wilmshurst 17.04s 1-Feb-13 (-2.4)  
3. Matthew Worley 18.18s 19-Oct-13 (+1.8)

**U/16 Men - 100mH (76.2cm)**

1. Zac Wilmshurst 16.05s 26-Oct-13 (-1.1)

**U/18 Men - 100mH (76.2cm)**

1. Junwei Ye 14.79s 26-Oct-13 (-1.1)  
2. Joshua Love 15.94s 19-Oct-13 (+1.2)  
3. Alexi Georgakopoulos 15.97s 26-Oct-13 (-1.1)

**U/18 Men - 100mH (84cm)**

1. Junwei Ye 14.80s 23-Nov-13 (-2.3)  
2. Joshua Love 16.10s 9-Nov-13 (-1.9)  
3. James Petchey 16.51s 22-Feb-13 (+0.5)  
4. Steven Slimming 16.99s 22-Feb-13 (+0.5)  
5. Shankar Hogg 17.99s 30-Nov-13 (+0.4)

**OPEN Men - 110mH (106.7cm)**

1. Oliver Van Ruth 16.91s 2-Nov-13 (+0.3)

**U/20 Men - 110mH (99.1cm)**

1. Elliot Robbins 18.95s 21-Dec-13 (+0.5)

**U/18 Men - 110mH (91.4cm)**

1. Hudson Proudman 16.17s 2-Nov-13 (+0.3)  
2. Ben Slimming 16.97s 17-Feb-13 (-0.2)  
3. Shankar Hogg 22.39s 21-Dec-13 (+1.0)

**U/18 Men - 200mH**

1. Alexi Georgakopoulos 27.11s 6-Dec-13  
2. Joshua Love 29.93s 26-Oct-13 (-0.9)

**U/16 Men - 200mH**

1. Zac Wilmshurst 29.49s 6-Dec-13

**OPEN Men - 400mH (91.4cm)**

1. Jack Harvey 53.30s 5-Apr-14

2. Oliver Van Ruth 1:04.83s 7-Dec-13

**U/18 Men - 400mH (84cm)**

1. Ben Slimming 59.14s 26-Oct-13

2. Hudson Proudman 1:01.70s 26-Oct-13

**Men - 5kmW**

1. Peter Crump 27:00.70s 9-Mar-13

**Men - 3kmW**

1. Peter Crump 15:42.41s 1-Feb-13

**O/35 Men - 2km Steeplechase (76.2cm)**

1. Mostyn Kemp 7:50.24s 2-Mar-13

**U/18 Men - 2km Steeplechase (76.2cm)**

1. Steven Slimming 7:08.39s 19-Jan-13

2. Shankar Hogg 7:46.20s 22-Feb-13

3. Ben Slimming 8:17.38s 19-Jan-13

4. Hamish Litt 9:45.23s 22-Feb-14

**U/16 Men - 2km Steeplechase (76.2cm)**

1. Lachlan Randello 7:04.94s 1-Mar-14

**U/18 Men - 2km Steeplechase (91.4cm)**

1. Tom Walker 7:21.37s 16-Jan-14

**U/16 Men - 2km Steeplechase (91.4cm)**

1. Alexander Liapis 8:04.17s 25-Jan-14

**O/35 Men - Long Jump**

1. Karl Kirsten 3.76m 14-Dec-13 (-1.4)

**U/20 Men - Long Jump**

1. Elliot Robbins 5.58m 21-Dec-13 (+1.5)

**U/18 Men - Long Jump**

1. Ben Slimming 6.36m 1-Mar-14 (+1.9)

2. James Dukalskis 5.74m 9-Feb-13 (+0.6)

3. Shankar Hogg 5.51m 21-Dec-13 (+1.9)

4. James Solomon 4.11m 22-Feb-13 (+1.7)

5. Ben Fowler 3.70m 22-Feb-13

**U/16 Men - Long Jump**

1. Jacob Schlein 5.45m 7-Dec-13 (+1.4)

2. Zac Wilmshurst 5.26m 1-Mar-14 (+0.9)

3. Carl Hooper 5.22m 23-Nov-13 (+1.4)

4. Charlie Goold 4.98m 9-Nov-13 (+2.0)

5. William Sellars 4.93m 1-Mar-14

6. Matthew Worley 4.30m 26-Oct-13

7. Christopher Fusco 3.88m 22-Feb-13 (+0.4)

**U/14 Men - Long Jump**

1. Pasindu Bandara 4.85m 8-Mar-14 (-0.3)

**O/35 Men - Triple Jump**

1. Karl Kirsten 10.02m 9-Nov-13 (-0.4)

**U/20 Men - Triple Jump**

1. Mackenzie Thompson 12.52m 6-Dec-13 (+1.3)

**U/18 Men - Triple Jump**

1. Ben Slimming 13.24m 6-Dec-13 (+1.7)

2. James Dukalskis 12.41m 1-Mar-14

3. Ben Fowler 9.58m 11-Jan-13

4. Jordan Kildare 8.54m 2-Nov-13

**U/16 Men - Triple Jump**

1. Carl Hooper 10.71m 26-Oct-13 (+0.2)

2. Zac Wilmshurst 10.28m 11-Jan-14

3. William Sellars 10.11m 23-Nov-13 (+0.6)

**OPEN Men - High Jump**

1. Angus Brock 1.61m 21-Dec-13

**O/35 Men - High Jump**

1. Karl Kirsten 1.65m 22-Feb-13

**U/20 Men - High Jump**

1. Elliot Robbins 1.58m 21-Dec-13
2. Mackenzie Thompson 1.20m 30-Nov-13

**U/18 Men - High Jump**

1. James Dukalskis 2.01m 6-Dec-13
2. Cruise Pengilly 1.85m 6-Dec-13
3. Ben Slimming 1.75m 1-Feb-13
4. Lane Whittaker 1.73m 19-Oct-13
5. Gabriel Auciello 1.70m 16-Nov-13
6. Alexi Georgakopoulos 1.70m 26-Oct-13
7. Joshua Love 1.65m 26-Oct-13
8. Shankar Hogg 1.60m 9-Feb-13
9. Ben Fowler 1.50m 16-Nov-13
11. John Bouras 1.20m 1-Feb-13

**U/16 Men - High Jump**

1. William Sellars 1.45m 8-Mar-14
2. Carl Hooper 1.45m 22-Mar-13

**OPEN Men - Pole Vault**

1. Theophilos Toumazos 4.75m 5-Apr-14
2. Angus Brock 2.20m 21-Dec-13

**U/20 Men - Pole Vault**

1. Elliot Robbins 4.00m 2-Nov-13

**U/18 Men - Pole Vault**

1. Jordan Kildare 3.35m 12-Mar-14
2. Shankar Hogg 2.40m 21-Dec-13
3. Ben Slimming 2.30m 1-Feb-13

**U/16 Men - Pole Vault**

1. Charlie Goad 2.10m 23-Nov-13

**OPEN Men - Discus Throw (2kg)**

1. William Crouch 31.21m 2-Mar-13
2. Angus Brock 22.93m 21-Dec-13

**O/35 Men - Discus Throw (2kg)**

1. Karl Kirsten 30.24m 8-Mar-14

**U/20 Men - Discus Throw (2kg)**

1. Nikolaos Flabouris 30.30m 18-Jan-14
2. Ben Blaschek 27.43m 22-Mar-13

**Men - Discus Throw (1.75kg)**

1. Nikolaos Flabouris 31.78m 9-Feb-13
2. Ben Blaschek 31.66m 18-Jan-14
3. Elliot Robbins 30.86m 21-Dec-13

**Men - Discus Throw (1.5kg)**

1. Nikolaos Flabouris 35.98m 22-Feb-13
2. Lane Whittaker 35.71m 14-Dec-13
3. George Bouras 32.00m 1-Feb-13
4. Elliot Robbins 31.95m 21-Mar-14
5. Brandon Khouri 29.99m 26-Oct-13
6. Robert Keynes 27.44m 9-Mar-13
7. Shankar Hogg 27.37m 1-Mar-14
8. Ben Slimming 26.61m 21-Dec-13
10. Tony Keynes 24.74m 11-Jan-13
11. Nicholas Birks 23.45m 11-Jan-13
12. Arthas Flabouris 18.97m 25-Jan-13

**Men - Discus Throw (1kg)**

1. Shankar Hogg 34.49m 16-Nov-13
2. Karl Kirsten 31.67m 14-Dec-13
3. Zac Wilmshurst 30.51m 1-Mar-14
4. John Bouras 29.95m 9-Mar-13
5. Henry O'Grady 28.72m 6-Dec-13
6. Jacob Schlein 27.58m 19-Oct-13
7. Tony Keynes 26.16m 30-Nov-13
8. William Sellars 17.14m 9-Mar-13

**OPEN Men - Shot Put (7.260kg)**

1. Golden Gepp 9.35m 2-Nov-13
2. Angus Brock 8.75m 21-Dec-13

**O/35 Men - Shot Put (7.260kg)**

1. Karl Kirsten 9.11m 22-Feb-14

**U/20 Men - Shot Put (7.260kg)**

1. Ben Blaschek 10.92m 1-Mar-14
2. Nikolaos Flabouris 8.04m 14-Dec-13

### **U/18 Men - Shot Put (7.260kg)**

1. Shankar Hogg 10.00m 2-Nov-13

### **Men - Shot Put (6kg)**

1. Ben Blaschek 12.39m 20-Feb-13
2. Karl Kirsten 11.99m 22-Feb-13
3. Elliot Robbins 10.17m 21-Dec-13
4. Nikolaos Flabouris 9.36m 1-Mar-14

### **Men - Shot Put (5kg)**

1. George Bouras 12.04m 9-Feb-13
2. Ben Blaschek 11.89m 11-Jan-13
3. Karl Kirsten 11.86m 9-Nov-13
4. Brandon Khouri 11.73m 9-Feb-13
5. Elliot Robbins 11.66m 23-Nov-13
6. Shankar Hogg 9.99m 1-Mar-14
7. Nikolaos Flabouris 9.77m 25-Jan-13
8. Ben Slimming 8.73m 21-Dec-13
9. Tony Keynes 8.48m 9-Nov-13
10. Nicholas Michalakas 7.62m 9-Mar-13

### **Men - Shot Put (4kg)**

1. Shankar Hogg 11.11m 30-Nov-13
2. Lachlan Randello 9.12m 11-Jan-14
3. Zac Wilmshurst 8.49m 9-Feb-13
4. Carl Hooper 8.24m 16-Nov-13

### **Men - Shot Put (3kg)**

1. William Sellars 9.84m 18-Jan-14

### **Men - Hammer Throw (7.260kg)**

1. Karl Kirsten 20.48m 8-Mar-14

### **Men - Hammer Throw (6kg)**

1. Ben Blaschek 32.23m 9-Feb-13
2. Nikolaos Flabouris 21.76m 1-Mar-14

### **Men - Hammer Throw (5kg)**

1. George Bouras 44.43m 9-Feb-13
3. Elliot Robbins 39.00m 2-Nov-13
4. Ben Blaschek 35.44m 1-Feb-13
5. Tony Keynes 31.87m 9-Mar-13
6. Nikolaos Flabouris 28.79m 19-Jan-13
7. Karl Kirsten 28.73m 16-Nov-13
8. John Bouras 26.25m 26-Oct-13
9. Shankar Hogg 24.66m 1-Mar-14
10. Arthas Flabouris 22.95m 9-Mar-13

### **Men - Hammer Throw (4kg)**

1. Rob Keynes 38.28m 18-Jan-14
2. Shankar Hogg 37.62m 6-Dec-13
3. John Bouras 33.29m 9-Mar-13
4. Tony Keynes 32.54m 16-Nov-13
5. Nicholas Birks 25.83m 11-Jan-13
6. Arthas Flabouris 22.54m 25-Jan-13
7. James Solomon 15.47m 9-Mar-13

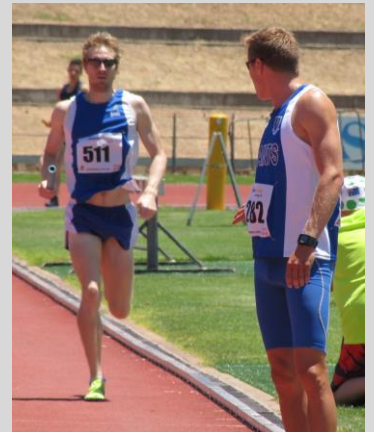
### **OPEN Men - Javelin Throw (800g)**

1. Andrew Fraser 66.37m 2-Mar-13
1. Sam Worley 55.22m 2-Mar-13
2. Angus Brock 28.32m 21-Dec-13

### **O/35 Men - Javelin Throw (700g)**

1. Rob Keynes 36.54m 22-Feb-14
2. Karl Kirsten 36.15m 25-Jan-14
3. Phil Worley 35.57m 14-Dec-13
4. Robert Keynes 32.72m 22-Feb-13
5. Tony Keynes 24.46m 22-Feb-13









**Saints Athletics Club named Athletics SA's South Australian Club of Year  
Season 2013 / 2014**



St Peter's Collegians' Association



**Government of South Australia**  
Office for Recreation and Sport