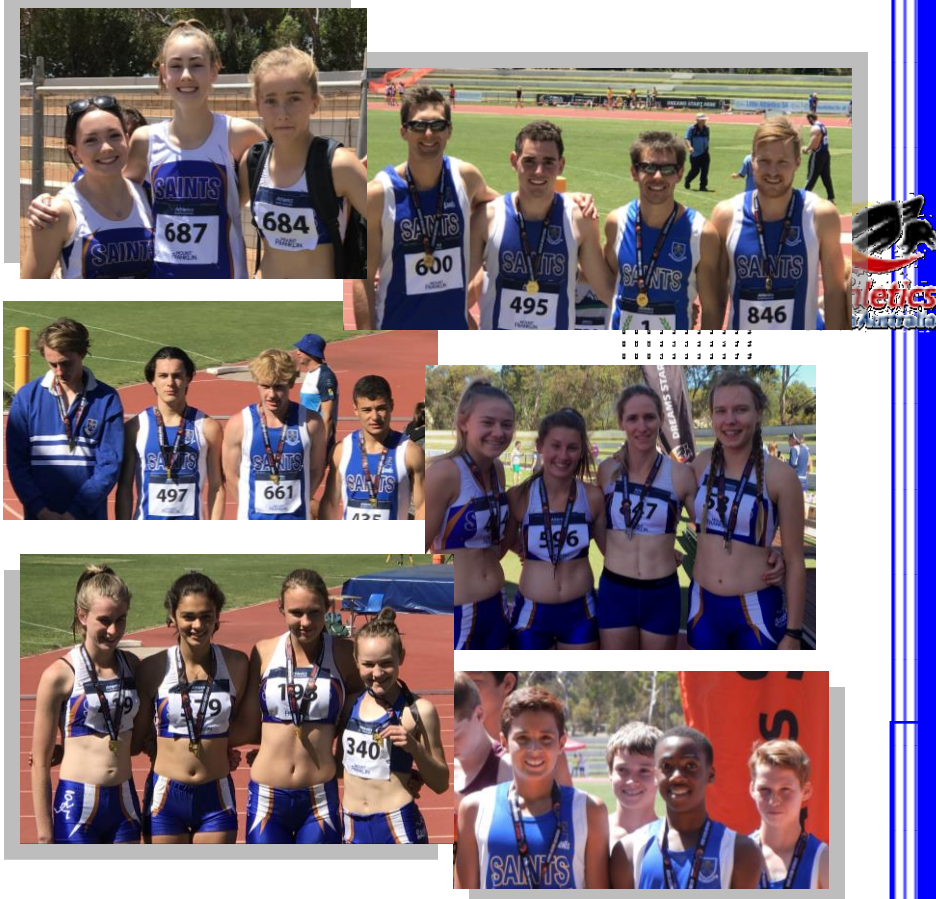


Summer season
2016/2017

SAINTS ATHLETICS CLUB Annual Presentation Dinner



Awards
Recognition
Rankings

Friday October 13, 2017
Buckingham Arms Hotel



ACKNOWLEDGEMENTS AND THANK YOU

We wish to acknowledge and thank our hard working volunteers, committee and coaches who supported our club and athletes this season.

Committee:

Tony Keynes – Club President
Hans Van Bavel – Club Secretary
George Bolton – Treasurer
Sue Dickinson - St Peter's School Athletics Representative
Patti Wilson – Summer Women's Manager
Angus Brock – Male Captain (Track)
Nikolas Flabouris- Male Captain (Field)
Alicia Black – Female Captain
Chris Minchin
Nick Birks
James Lanthois
Lachlan Randell
Nick McGill
Laurie Brown
Sam Barnfield

Coaches:

Tony Keynes
Hans Van Bavel
Judy Daly
Rick Wilson
Rob Gorringe
Nick Birks
Nikolas Flabouris
Isaac Aitkens
Sally Taylor
Patti Wilson
Trevor Wiseman
Kym Symons – Pole Vault
John Hammond – Pole Vault
Anthony Simons – Pole Vault
Rick Treleaven
Don Brown
Adam Didyk

Officials:

Chris Minchin
Anton Van Bavel
Tony Keynes
Patti Wilson

AWARD WINNERS FOR ATHLETICS SEASON 2016/2017

**SPOC ASSOCIATION TROPHY
MOST OUTSTANDING SENIOR MALE ATHLETE**

Dylan Stenson

Coach: Judy Daly

800m performances throughout season including
Open Men's Champion 400, 800 & 1500m.



**SPOC ASSOCIATION TROPHY
MOST OUTSTANDING SENIOR FEMALE ATHLETE**

Jessica Kemp

Coach: Judy Daly

800m Open State Champion, State representative at National
Championship running 2.06sec



**AW (TONY) KEYNES TROPHY
MOST OUTSTANDING JUNIOR MALE ATHLETE**

Jordan Kildare

Coach: Kym Simons

Pole Vault – new personal best of 4.50m



**CHANI VAN DER MERWE PERPETUAL TROPHY
MOST OUTSTANDING JUNIOR FEMALE ATHLETE**

Tiara Hatchard

Coach: Tony Keynes and Hans Van Bavel

Outstanding improvement over all sprint events winning
U/16 State Titles in 100m & 400m

State representative at 2016 All Schools & Junior Nationals finalist



**PRESIDENT'S TROPHY
OUTSTANDING CONTRIBUTION TO CLUB**

Patti Wilson

**CAPTAIN'S TROPHY
MOST OUTSTANDING ST PETER'S COLLEGE SCHOOLBOY**

Lachlan Randello

Coach: Tony Keynes and Isaac Aitkens

Outstanding performances in 800m at both State and National
Championship.



**AH YOUNG MEMORIAL TROPHY
MOST IMPROVED ATHLETE**

Miles Weder

Coach: Robin Gorringe

**LR VOLLUGI TROPHY
OUTSTANDING CLUB CONTRIBUTOR 2016 - 17**

Imogen Hardarce

Coach: Robin Gorringe

Outstanding participation for the Open Women's team,
state relay day and state championships performances



AWARD WINNERS FOR ATHLETICS SEASON 2016/2017

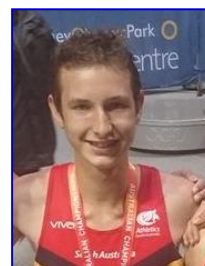
SCOTCHY GORDON TROPHY
KEENNESS AND ATTENTION TO TRAINING (Female)
Abbey Matsen
Coach: Rick Wilson



SCOTCHY GORDON TROPHY
KEENNESS AND ATTENTION TO TRAINING (Male)
Bryce Watkins



CHRIS MINCHIN JUMPS TROPHY
OUTSTANDING ABILITY DEMONSTRATED IN A JUMPS EVENT
Jacob Armitage
Coach: Sally Taylor & Don Brown



NICHOLAS BIRKS THROWS TROPHY
OUTSTANDING ABILITY DEMONSTRATED IN A THROWS EVENT
Darcy Miller
Coach: Nick Birks

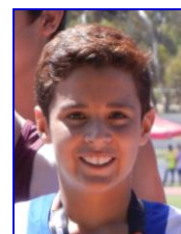


SAINTS ATHLETICS CLUB
BEST FIRST SEASON ATHLETE
For his outstanding participation throughout the season
Michael Yunupingu
Coach: Rick Wilson



SAINTS JUNIOR RISING STAR TROPHY - 2 recipients this year
ALL ROUND IMPROVEMENT, PARTICIPATION AND POTENTIAL MALE
Aidan Murphy & Adam Goddard

Aidan displayed enormous improvement throughout the season especially in the 400ms at the Australian Championship.
Adam's improvement was seen in the distance and cross country events where he finished in the top 10 at the Australian Cross Country Championship



SAINTS JUNIOR RISING STAR TROPHY
ALL ROUND IMPROVEMENT, PARTICIPATION AND POTENTIAL FEMALE
Tori Redemski
Coach: Sally Taylor
Courageous Sprinter, Long and Triple Jump. Junior National Rep.
Gold medalist in State Jumps Relay Team



ASA INTERCLUB 2016 / 2017 - Premiership Results

18-34 Female																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	SAIN	45	8	76	10	75	8	96	10	102	12	158	12	0	0	92	10	95	10	123	8	103	10	50	7	1075	105
2	PEM	159	12	35	5	76	10	91	8	155	10	69	8	0	0	0	0	107	12	125	10	131	12	127	12	1075	99
3	FLN	25	4	107	12	18	3	154	12	16	2	74	10	0	0	108	12	90	8	54	6	46	7	28	6	720	82
4	WD	26	5	26	3	88	12	74	7	120	8	39	5	0	0	56	7	50	5	30	3	44	6	77	10	630	71
5	EH	14	1	50	8	60	7	67	6	57	6	51	6	0	0	47	6	91	7	194	17	34	5	77	4	657	64

18-34 Male																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	SAIN	331	12	243	12	337	12	388	12	419	12	347	12	0	0	260	10	183	12	364	12	236	12	274	12	3382	130
2	WD	132	10	180	10	169	10	155	8	213	10	177	10	0	0	137	8	135	8	193	10	135	8	78	8	1704	100
3	WD	25	6	147	8	141	8	160	10	115	8	136	8	0	0	268	12	175	10	117	8	168	10	107	10	1559	98
4	HILL	16	3	59	5	73	7	93	6	93	7	83	7	0	0	104	7	49	5	109	6	31	3	42	6	752	62

35+ Male																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	PA	32	7	169	12	140	12	230	12	186	12	144	12	0	0	136	12	181	12	171	12	76	8	105	12	1573	123
2	EH	94	12	161	10	154	10	121	10	44	8	101	10	0	0	54	7	60	10	46	6	83	10	49	7	927	100
3	MAE	67	8	72	7	14	4	30	6	0	0	90	8	0	0	75	8	38	4	18	2	56	6	101	10	561	63
4	SAIN	20	6	20	5	0	0	20	5	0	0	0	0	0	0	126	10	50	6	155	10	124	12	60	8	575	62

16-17 Male																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	SAIN	202	12	308	10	254	12	329	12	267	12	189	10	0	0	112	8	262	12	301	12	280	12	148	10	2652	123
2	WD	195	10	351	12	187	10	305	10	223	10	267	12	0	0	272	12	251	10	262	10	252	10	285	12	2850	118
3	ND	97	8	131	8	110	8	147	8	152	8	118	8	0	0	167	10	33	4	113	7	74	8	109	8	1251	85
4	FLN	28	5	70	7	36	5	123	7	55	5	68	7	0	0	75	7	46	6	70	5	38	6	13	2	622	62

16-17 Female																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	ND	133	12	141	12	119	10	205	12	202	12	118	10	0	0	144	12	208	12	231	12	154	10	136	10	1791	124
2	WD	93	8	132	10	124	12	192	10	156	10	140	12	0	0	100	10	132	8	151	10	175	12	170	12	1505	114
3	HILL	117	10	60	7	96	7	87	7	73	6	0	0	0	0	51	7	140	10	86	8	40	6	20	8	770	76
4	PEM	52	5	90	8	80	6	61	6	116	8	31	6	0	0	0	0	59	6	75	7	67	7	20	8	651	67
5	SAIN	89	7	50	6	102	8	101	8	83	7	20	5	0	0	31	6	40	5	72	6	0	0	20	8	608	66
6	PA	88	6	20	5	76	5	42	5	65	5	73	8	0	0	62	8	108	7	24	4	135	8	0	0	693	61

14-15 Male																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	SAIN	254	12	245	12	219	12	298	12	414	12	170	10	0	0	155	10	207	12	372	12	176	10	336	12	2846	126
2	WD	112	8	123	7	162	10	235	10	178	10	117	8	0	0	102	7	94	8	148	10	205	12	190	10	1666	100
3	EH	110	7	162	10	131	7	142	7	149	8	188	12	0	0	206	12	134	10	75	5	114	8	97	8	1508	94
4	ND	140	10	148	8	140	8	193	8	99	7	112	7	0	0	81	5	75	6	97	8	102	7	75	6	1262	80
5	HILL	57	4	70	6	102	6	92	6	83	6	98	6	0	0	106	8	35	1	88	7	91	6	87	7	909	63

14-15 Female																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	WD	263	12	380	12	310	12	376	12	382	12	408	12	0	0	343	12	398	12	345	12	386	12	451	12	4046	132
2	SAIN	141	10	246	10	214	10	212	10	216	10	114	10	0	0	228	10	85	10	204	10	139	10	119	10	1918	110
3	PEM	33	4	95	8	68	8	129	8	37	3	53	8	0	0	32	6	51	6	54	6	70	7	46	7	668	71
4	TTG	38	5	72	7	56	6	38	4	63	7	43	7	0	0	85	8	36	3	71	7	73	8	29	6	604	68
5	PA	31	3	64	6	15	1	14	0	41	4	14	3	0	0	55	7	81	8	91	8	64	6	68	8	651	64

13 & Under Male																											
Place	Team	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9		Week 10		Week 11		Week 12		Total Score	Total Points
		Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points		
1	SAIN	92	12	98	8	156	12	104	10	121	12	120	8	0	0	54	6	178	12	287	12	314	12	315	12	1839	116
2	WD	87	10	165	12	113	10	161	12	115	10	129	10	0	0	70	8	36	5	86	7	90	8	95	10	1147	102
3	EH	33	4	25	4	21	3	104	10	73	7	146	12	0	0	154	12	158	10	110	10	105	10	81	7	1014	89
4	PEM	51	7	101	10	89	8	51	6	112	8	65	6	0	0	69	7	79	7	91	8	85	6	51	5	843	78
5	ND	0	0	38	6	74	7	31	4	35	4	84	7	0	0	0	0	90	8	86	7	90	8	90	8	618	59

13 & Under Female																											
Place	Team																										

ASA PERSONAL RANKINGS – Season 2016 / 2017

as of 01/10/2017

(source: ASA results <http://athleticssa.server101.com/cgi/ranking.cgi>)

OPEN Women - 100m

1. Jessica Kemp 12.63s 11-Feb-17 (+1.9)
2. Lucy Holland-Smith 13.08s 29-Oct-16 (+0.9)
3. Imogen Hardacre 13.59s 3-Dec-16 (+1.8)
4. Casey Donehue 13.79s 28-Jan-17 (-0.4)

U/20 Women - 100m

1. Alicia Black 12.86s 29-Oct-16 (+0.9)
2. Keely Hutchins 13.53s 22-Oct-16 (-2.2)

U/18 Women - 100m

1. Melarn Murphy 12.36s 1-Apr-17 (+0.6)
2. Isabel Redemski 12.46s 18-Feb-17 (+1.2)
3. Shylah Fosdike 13.13s 18-Feb-17 (+1.4)
4. Andrea Stefanopoulos 13.20s 11-Feb-17 (+1.7)
5. Kaylee Whitehead 13.23s 26-Nov-16 (-0.6)
6. Zoe Wilmshurst 13.58s 26-Nov-16 (-0.6)

U/16 Women - 100m

1. Tiara Hatchard 12.52s 1-Apr-17 (-0.1)
2. Abbey Matsen 12.76s 1-Apr-17 (-0.6)
3. Tori Redemski 13.39s 18-Feb-17 (+0.9)
4. Tyne Bosko 13.95s 26-Nov-16 (-0.1)
5. Tess Houtman 15.04s 3-Dec-16 (+1.8)

U/14 Women - 100m

1. Noa Goddard 15.96s 11-Feb-17 (+1.5)

OPEN Women - 200m

1. Jessica Kemp 26.64s 14-Jan-17 (-1.4)
2. Imogen Hardacre 27.00s 18-Feb-17 (+1.1)
3. Lucy Holland-Smith 27.14s 3-Dec-16 (+1.8)
4. Casey Donehue 28.10s 14-Jan-17 (-0.2)
5. Brooke Hines 29.46s 3-Dec-16 (+1.5)

U/20 Women - 200m

1. Genevieve Brooks 27.14s 4-Feb-17 (+0.3)
2. Alicia Black 27.47s 22-Oct-16 (+1.2)

U/18 Women - 200m

1. Melarn Murphy 25.15s 1-Apr-17 (+0.6)
2. Isabel Redemski 25.73s 1-Apr-17 (+0.9)
3. Shylah Fosdike 26.12s 1-Apr-17 (-0.4)
4. Andrea Stefanopoulos 26.91s 25-Feb-17 (+2.0)
5. Kaylee Whitehead 27.66s 18-Feb-17 (+1.7)
6. Zoe Wilmshurst 28.51s 14-Jan-17 (-0.9)
7. Natalie Brooks 30.23s 19-Nov-16 (-0.6)

U/16 Women - 200m

1. Tiara Hatchard 25.42s 25-Feb-17 (+1.5)
2. Abbey Matsen 25.91s 1-Apr-17 (-1.0)
3. Tori Redemski 26.49s 18-Feb-17 (+0.9)
4. Tyne Bosko 29.33s 19-Nov-16 (-0.6)
5. Tess Houtman 31.12s 10-Dec-16 (-1.1)

U/14 Women - 200m

1. Noa Goddard 33.56s 4-Feb-17 (+0.4)

OPEN Women - 400m

1. Jessica Kemp 57.34s 11-Feb-17
2. Brooke Hines 1:03.70s 26-Nov-16
3. Casey Donehue 1:04.43s 29-Oct-16
4. Imogen Hardacre 1:06.93s 28-Jan-17

U/20 Women - 400m

1. Genevieve Brooks 1:00.37s 11-Feb-17

U/18 Women - 400m

1. Ella Ayres 1:01.50s 2-Dec-16
2. Melarn Murphy 1:01.72s 18-Feb-17
3. Andrea Stefanopoulos 1:02.23s 4-Mar-17
4. Lauren Ward Sa 1:02.95s 22-Oct-16
5. Isabel Redemski 1:04.03s 22-Oct-16
6. Shylah Fosdike 1:04.36s 11-Mar-17
7. Natalie Brooks 1:06.29s 28-Jan-17
8. Phoebe Worthley 1:16.23s 12-Nov-16

U/16 Women - 400m

1. Tiara Hatchard 56.31s 1-Apr-17
2. Abbey Matsen 59.92s 11-Mar-17
3. Tyne Bosko 1:07.99s 22-Oct-16
4. Tess Houtman 1:09.09s 26-Nov-16

U/14 Women - 400m

1. Noa Goddard 1:16.13s 18-Feb-17

OPEN Women - 800m

1. Jessica Kemp 2:13.12s 4-Mar-17
2. Brooke Hines 2:16.12s 10-Dec-16
3. Jana Sims 2:42.63s 10-Dec-16

U/20 Women - 800m

1. Georgia Garrels 2:29.94s 22-Oct-16
2. Genevieve Brooks 2:34.74s 3-Dec-16

U/18 Women - 800m

1. Ella Ayres 2:16.21s 1-Apr-17
2. Lauren Ward 2:20.96s 19-Nov-16
3. Natalie Brooks 2:29.73s 18-Feb-17

U/16 Women - 800m

1. Tiara Hatchard 2:33.05s 14-Jan-17

U/14 Women - 800m

1. Noa Goddard 2:53.77s 4-Feb-17

Women - 1500m

1. Isabelle Scott 4:29.40s 26-Nov-16
2. Brooke Hines 4:45.11s 12-Nov-16
3. Ella Ayres 4:53.82s 28-Jan-17
4. Georgia Garrels 5:13.89s 18-Feb-17

Women - 3km

1. Megan Ryan 12:29.50s 4-Mar-17

Women - 3km Steeplechase (76.2cm)

1. Megan Ryan 14:41.70s 4-Mar-17

Women - 90mH

1. Zoe Wilmshurst 14.44s 5-Dec-16 (+0.5)

Women - 100mH (76.2cm)

1. Zoe Wilmshurst 15.90s 11-Feb-17 (+2.0)
2. Alicia Black 16.11s 2-Dec-16 (+1.5)

Women - 400mH (76.2cm)

1. Casey Donehue 1:10.89s 14-Jan-17

Women - 60m

1. Melarn Murphy 7.86s 25-Feb-17 (+1.0)
 2. Tiara Hatchard 7.95s 25-Feb-17 (+1.7)
 3. Abbey Matsen 8.16s 4-Feb-17 (+1.0)
 4. Andrea Stefanopoulos 8.24s 25-Feb-17 (+1.7)
 5. Isabel Redemski 8.25s 4-Feb-17 (+1.2)
 6. Lucy Holland-Smith 8.25s 10-Dec-16 (+1.7)
 7. Genevieve Brooks 8.36s 10-Dec-16 (+0.9)
 8. Zoe Wilmshurst 8.47s 19-Nov-16 (+0.6)
 9. Imogen Hardacre 8.54s 4-Feb-17 (+1.2)
 10. Kaylee Whitehead 8.65s 14-Jan-17 (-0.6)
 11. Keely Hutchins 8.68s 14-Jan-17 (-0.7)
 12. Tori Redemski 8.75s 4-Feb-17 (+1.0)
 13. Casey Donehue 8.82s 19-Nov-16 (+0.6)
 14. Tyne Bosko 8.95s 19-Nov-16 (-2.1)
 15. Tess Houtman 9.47s 4-Feb-17 (+0.2)

Women - Long Jump

1. Kaylee Whitehead 4.99m 14-Jan-17 (+0.8)
 2. Casey Donehue 4.91m 4-Mar-17 (-0.4)
 3. Melarn Murphy 4.90m 22-Oct-16 (-0.4)
 4. Olivia Dukalskis 4.84m 29-Oct-16 (+2.0)
 5. Zoe Wilmshurst 4.83m 19-Nov-16 (+0.6)
 6. Abbey Matsen 4.73m 4-Mar-17 (-0.2)
 7. Kalani Aston 4.55m 12-Nov-16 (+0.8)
 8. Tiara Hatchard 4.47m 5-Nov-16 (+1.5)
 9. Lucy Holland-Smith 4.46m 11-Feb-17 (-0.4)
 10. Tori Redemski 4.41m 4-Mar-17 (-1.6)
 11. Natalie Brooks 4.34m 12-Nov-16 (-0.6)
 12. Isabel Redemski 4.33m 4-Mar-17 (-0.8)
 13. Tess Houtman 4.00m 5-Nov-16 (-1.6)
 14. Andrea Stefanopoulos 3.93m 5-Nov-16
 15. Imogen Hardacre 3.22m 11-Feb-17 (-0.4)

Women - Triple Jump

1. Kaylee Whitehead 10.70m 2-Dec-16 (+1.3)
 2. Lucy Holland-Smith 10.62m 17-Dec-16 (-1.0)
 3. Melarn Murphy 10.51m 22-Oct-16 (+0.2)
 4. Olivia Dukalskis 9.98m 5-Nov-16 (+1.7)
 5. Kalani Aston 9.86m 4-Mar-17 (+1.4)

Women - High Jump

1. Kaylee Whitehead 1.55m 5-Nov-16
 2. Olivia Dukalskis 1.50m 5-Nov-16
 3. Tyne Bosko 1.45m 22-Oct-16
 4. Kalani Aston 1.45m 22-Oct-16
 5. Casey Donehue 1.45m 4-Mar-17
 6. Zoe Wilmshurst 1.40m 18-Feb-17
 7. Tess Houtman 1.40m 5-Nov-16

Women - Pole Vault

1. Kalani Aston 2.25m 12-Nov-16

Women - Discus Throw (1kg)

1. Zoe Wilmshurst 29.16m 22-Oct-16
 2. Lucy Holland-Smith 15.00m 4-Mar-17
 3. Isabel Redemski 14.14m 4-Feb-17

Women - Shot Put (4kg)

1. Lucy Holland-Smith 6.31m 4-Mar-17

Women - Shot Put (3kg)

1. Zoe Wilmshurst 11.50m 2-Dec-16
 2. Andrea Stefanopoulos 6.45m 4-Feb-17
 3. Keely Hutchins 5.59m 17-Dec-16
 4. Tess Houtman 5.12m 4-Feb-17

Women - Javelin Throw (500g)

1. Zoe Wilmshurst 33.67m 14-Jan-17
 2. Melarn Murphy 14.58m 4-Mar-17
 3. Tiara Hatchard 11.66m 4-Feb-17

Women - 100m (WA)

1. Melarn Murphy 12.28s 1-Apr-17 (+2.2)
 2. Tiara Hatchard 12.41s 2-Dec-16 (+3.1)
 3. Isabel Redemski 12.72s 18-Feb-17 (+2.4)
 4. Shylah Fosdike 12.73s 15-Oct-16 (+2.4)
 5. Abbey Matsen 12.90s 29-Oct-16 (+3.6)
 6. Andrea Stefanopoulos 13.20s 18-Feb-17 (+2.6)
 7. Kaylee Whitehead 13.25s 12-Nov-16 (+2.3)
 8. Imogen Hardacre 13.26s 18-Feb-17 (+2.6)
 9. Casey Donehue 13.27s 29-Oct-16 (+3.0)
 10. Zoe Wilmshurst 13.34s 29-Oct-16 (+3.6)
 11. Alicia Black 13.43s 15-Oct-16 (+2.4)
 12. Tori Redemski 13.67s 12-Nov-16 (+2.3)
 13. Tyne Bosko 14.16s 12-Nov-16 (+2.3)
 14. Nikki Brennan 14.31s 29-Oct-16 (+3.0)
 15. Natalie Brooks 14.80s 12-Nov-16 (+2.3)
 16. Tess Houtman 15.14s 12-Nov-16 (+2.3)
 17. Phoebe Worthley 15.87s 12-Nov-16 (+2.3)

Women - 200m (WA)

1. Tiara Hatchard 25.16s 4-Feb-17 (+2.1)
 2. Melarn Murphy 25.22s 4-Feb-17 (+2.1)
 3. Isabel Redemski 25.72s 18-Feb-17 (+2.9)
 4. Shylah Fosdike 26.16s 15-Oct-16 (+2.4)
 5. Abbey Matsen 26.33s 18-Feb-17 (+2.5)
 6. Kaylee Whitehead 27.31s 18-Feb-17 (+2.4)
 7. Genevieve Brooks 27.60s 25-Feb-17 (+2.1)
 8. Alicia Black 27.79s 15-Oct-16 (+2.4)
 9. Lucy Holland-Smith 27.82s 25-Feb-17 (+2.1)
 10. Zoe Wilmshurst 28.21s 15-Oct-16 (+2.4)
 11. Andrea Stefanopoulos 28.26s 15-Oct-16 (+2.4)



OPEN Men - 100m

1. Lane Whittaker 11.07s 26-Nov-16 (+2.0)
2. Michael Brusnahan 11.11s 12-Nov-16 (+0.9)
3. Alexander Chan 11.26s 26-Nov-16 (+2.0)
4. Sebastian Baird 11.28s 18-Feb-17 (+1.8)
5. Frankie Schinella 11.29s 12-Nov-16 (+0.9)
6. Eric Ong 11.87s 18-Feb-17 (+0.7)
7. Nikolaos Flabouris 12.70s 12-Nov-16 (+0.4)
8. Aaron Williams 12.70s 26-Nov-16 (-0.2)

O/35 Men - 100m

1. Arthas Flabouris 17.18s 11-Feb-17 (+1.3)

U/20 Men - 100m

1. Alex Condello 11.22s 26-Nov-16 (+2.0)
2. Henry Vandenberg 11.38s 12-Nov-16 (+1.7)
3. Joshua Love 11.48s 26-Nov-16 (+2.0)
4. Michael Yunupingu 11.52s 12-Nov-16 (+0.9)
5. Cale Hocking 11.73s 26-Nov-16 (+0.3)
6. Nick McGill 11.88s 26-Nov-16 (+1.6)
7. Samuel Barnfield 11.89s 12-Nov-16 (+1.7)
8. Zac Wilmschurst 12.11s 28-Jan-17 (-0.7)
9. Lachlan Randello 12.21s 12-Nov-16 (+0.5)
10. Jordan Kildare 12.34s 12-Nov-16 (+0.5)
11. Niko Pappas 12.40s 28-Jan-17 (+1.7)
12. Ben McGill 12.51s 11-Feb-17 (+1.2)
13. Will Irwin 13.73s 26-Nov-16 (+1.7)
14. Laurie Brown 13.92s 12-Nov-16 (+1.1)

U/18 Men - 100m

1. William Sellars 11.85s 26-Nov-16 (+1.6)
2. Samuel Druce 11.95s 26-Nov-16 (-0.2)
3. Sebastian Quaini 12.02s 4-Mar-17
4. Samuel Subramaniam 12.14s 29-Oct-16 (+1.2)
5. Tom McClure 12.22s 26-Nov-16 (+1.4)
6. Jordan Tran 12.45s 26-Nov-16 (+0.3)
7. Chalton Gunn 12.45s 18-Feb-17 (+1.4)
8. Adam Slimming 12.57s 29-Oct-16 (+1.2)
9. Charlie Gibson 12.66s 11-Feb-17 (+1.3)
10. Alexander Liapis 12.75s 26-Nov-16 (+0.3)
11. David Daniel 12.80s 26-Nov-16 (+0.9)
12. Ashton Haseldine 12.83s 28-Jan-17 (+1.7)
13. Richard Yunupingu 12.87s 12-Nov-16 (+0.4)
14. Jesse Garvin 12.98s 11-Feb-17 (+1.6)
15. Jas Bhara 12.98s 26-Nov-16 (+1.8)
16. Douglas Westover 13.09s 26-Nov-16 (+0.3)
17. David Quan 13.33s 12-Nov-16 (+2.0)
18. Jasper Carter 13.46s 11-Feb-17 (+1.3)
19. Lachlan Bellifemine 13.72s 12-Nov-16 (+1.1)
20. Liam Costello 14.34s 11-Feb-17 (+1.2)
21. Nicholas Egarr 14.59s 11-Feb-17 (+1.6)
22. Paxton Silby 15.05s 11-Feb-17 (+1.2)

U/16 Men - 100m

1. Jacob Armitage 12.11s 18-Feb-17 (+1.2)
2. Aidan Murphy 12.27s 18-Feb-17 (+1.7)
3. Denzel Brooks 12.67s 12-Nov-16 (+0.4)
4. Tom Disney 12.76s 28-Jan-17 (-0.7)
5. Keshav Shrestha 13.14s 11-Mar-17 (+0.2)
6. Angus Urry 13.26s 11-Feb-17 (+1.6)
7. Will Trotman-Dickenson 13.29s 11-Feb-17 (+1.6)
8. Hudson Jones 13.52s 26-Nov-16 (+0.3)
9. Conor Dwyer 13.78s 28-Jan-17 (-0.5)
10. Ned Mintz 13.96s 11-Feb-17 (+1.2)
11. Alistair Jones 14.46s 18-Feb-17 (+1.7)
12. Sean Ooi 14.52s 11-Feb-17 (+1.3)
13. Meshach Begg 15.24s 26-Nov-16 (+1.7)
14. Jack Randello 15.50s 12-Nov-16 (+2.0)
15. Harry Mintz 16.17s 11-Feb-17 (+1.3)

U/14 Men - 100m

1. Josh White 14.48s 18-Feb-17 (+1.9)
2. Jonathan Harris 14.83s 28-Jan-17 (-0.5)
3. Nick Bowes 15.40s 18-Feb-17 (+1.9)

OPEN Men - 200m

1. Michael Brusnahan 22.30s 5-Nov-16 (-1.0)
2. Sebastian Baird 22.70s 18-Feb-17 (+1.8)
3. Frankie Schinella 22.75s 4-Feb-17 (+0.7)
4. Lane Whittaker 22.97s 19-Nov-16 (-1.2)
5. Alexander Chan 23.03s 10-Dec-16 (+0.7)
6. Angus Brock 24.12s 19-Nov-16 (+1.3)
7. Michael Nitschke 24.75s 19-Nov-16 (-1.3)
8. Eric Ong 24.84s 4-Feb-17 (+0.9)
9. Aaron Williams 25.09s 4-Feb-17 (+1.4)
10. Nikolaos Flabouris 25.86s 10-Dec-16 (-0.6)
11. Mohammad Jafari 28.74s 19-Nov-16 (+1.0)
12. Tommy Matoga 29.28s 5-Nov-16 (+0.6)

O/35 Men - 200m

1. Hans Van Bavel 29.69s 18-Feb-17 (+0.7)

U/20 Men - 200m

1. Michael Yunupingu 22.78s 1-Apr-17 (+0.4)
2. Henry Vandenberg 23.33s 5-Nov-16
3. Cale Hocking 23.64s 3-Dec-16 (+0.1)
4. Alex Condello 23.77s 22-Oct-16 (-1.8)
5. Samuel Barnfield 23.89s 15-Oct-16 (+1.0)
6. Joshua Love 24.10s 19-Nov-16 (+1.3)
7. Zac Wilmschurst 24.24s 4-Feb-17 (+1.4)
8. Nick McGill 24.31s 19-Nov-16 (-1.6)
9. Lachlan Randello 24.44s 19-Nov-16
10. Niko Pappas 25.21s 19-Nov-16 (+1.6)
11. Laurie Brown 30.11s 19-Nov-16 (+1.0)

U/18 Men - 200m

1. William Sellars	24.30s	10-Dec-16
2. Samuel Druce	24.32s	4-Feb-17 (+1.4)
3. Chalton Gunn	25.52s	4-Feb-17 (+1.5)
4. Jordan Tran	25.70s	19-Nov-16 (+1.1)
5. Samuel Subramaniam	25.78s	5-Nov-16 (+0.9)
6. Charlie Gibson	25.87s	4-Feb-17 (+1.8)
7. Adam Slimming	25.98s	5-Nov-16 (+0.6)
8. Harrison Kolpak	26.08s	4-Feb-17 (+0.8)
9. Miles Weder	26.29s	19-Nov-16 (+0.5)
10. Richard Yunupingu	26.34s	5-Nov-16 (+1.0)
11. Alexander Liapis	26.47s	5-Nov-16 (+0.6)
12. David Daniel	26.84s	19-Nov-16 (+1.1)
13. Ashton Haseldine	26.89s	14-Jan-17 (-1.4)
14. Douglas Westover	26.90s	3-Dec-16 (+1.6)
15. Jasper Carter	27.14s	4-Feb-17 (+2.0)
16. Jesse Garvin	27.76s	5-Nov-16 (+1.0)
17. Lachlan Bellifemine	27.96s	14-Jan-17 (-0.9)
18. Jamie Fenwick	28.10s	4-Feb-17 (+0.1)
19. David Quan	28.33s	5-Nov-16 (+1.0)
20. Liam Costello	28.53s	25-Feb-17 (+1.1)
21. Mason Jones	29.14s	4-Feb-17 (+0.1)
22. Paxten Silby	29.36s	4-Feb-17 (+0.1)

U/16 Men - 200m

1. Aidan Murphy	24.75s	1-Apr-17
2. Tom Disney	25.32s	25-Feb-17 (+1.1)
3. Jacob Armitage	25.36s	19-Nov-16 (+0.5)
4. Denzel Brooks	25.81s	4-Feb-17 (+1.4)
5. Will Trotman-Dickenson	26.93s	18-Feb-17 (+0.9)
6. Conor Dwyer	27.45s	5-Nov-16 (+1.0)
7. Hudson Jones	27.60s	19-Nov-16 (-0.8)
8. Angus Urry	28.13s	22-Oct-16 (-1.0)
9. Alistair Jones	29.17s	18-Feb-17 (-0.7)
10. Jack Randello	29.64s	4-Feb-17 (+1.8)
11. Sean Ooi	30.23s	25-Feb-17 (+1.1)
12. Lachie Cole	30.55s	22-Oct-16 (-0.7)
13. Harry Mintz	32.88s	25-Feb-17 (+1.1)
14. Meshach Begg	33.21s	22-Oct-16 (-1.8)

U/14 Men - 200m

1. Josh White	29.37s	18-Feb-17 (-0.5)
2. Will Brumby	29.59s	10-Dec-16 (+0.7)
3. Charlie Xenophou	33.45s	4-Feb-17 (+1.8)

OPEN Men - 400m

1. Dylan Stenson	48.06s	18-Feb-17
2. Brian Wilson	49.46s	28-Jan-17
3. Lane Whittaker	51.14s	28-Jan-17
4. Andrew Giam	51.77s	11-Feb-17
5. Kostya Khudoshin	52.87s	12-Nov-16
6. Eric Ong	54.88s	28-Jan-17
7. Aaron Williams	55.83s	12-Nov-16
8. Nikolaos Flabouris	57.22s	12-Nov-16

O/35 Men - 400m

1. Mostyn Kemp	1:03.05s	28-Jan-17
2. Hans Van Bavel	1:14.09s	28-Jan-17

U/20 Men - 400m

1. Michael Yunupingu	50.45s	29-Oct-16
2. Lachlan Randello	50.49s	29-Oct-16
3. Nick McGill	51.23s	4-Mar-17
4. Jean-paul Williamson	52.49s	4-Mar-17
5. Cale Hocking	52.59s	28-Jan-17
6. Joshua Love	55.03s	26-Nov-16
7. Zac Wilmshurst	55.22s	29-Oct-16
8. Ben McGill	58.04s	28-Jan-17

U/18 Men - 400m

1. William Sellars	53.66s	12-Nov-16
2. Sebastian Quaini	54.18s	29-Oct-16
3. Miles Weder	54.57s	11-Feb-17
4. Chalton Gunn	56.30s	18-Feb-17
5. Alexander Liapis	56.33s	26-Nov-16
6. Samuel Druce	57.95s	28-Jan-17
7. Samuel Subramaniam	58.43s	11-Feb-17
8. David Daniel	1:01.07s	12-Nov-16
9. Douglas Westover	1:01.56s	11-Feb-17
10. Jasper Carter	1:01.94s	12-Nov-16
11. Adam Slimming	1:02.65s	29-Oct-16
12. Declan Fahey	1:03.28s	12-Nov-16
13. Nicholas Egarr	1:03.35s	29-Oct-16
14. Liam Costello	1:08.40s	11-Feb-17

U/16 Men - 400m

1. Aidan Murphy	54.29s	1-Apr-17
2. Denzel Brooks	56.20s	18-Feb-17
3. Tom Disney	56.72s	18-Feb-17
4. Zac Connell	1:04.19s	26-Nov-16
5. Will Trotman-Dickenson	1:05.95s	29-Oct-16
6. Adam Goddard	1:06.00s	12-Nov-16
7. Conor Dwyer	1:07.45s	28-Jan-17
8. Jack Randello	1:10.99s	29-Oct-16
9. Meshach Begg	1:18.40s	28-Jan-17

U/14 Men - 400m

1. Jonathan Harris	1:02.89s	18-Feb-17
2. Will Brumby	1:07.83s	29-Oct-16
3. Josh White	1:07.92s	18-Feb-17



OPEN Men - 800m

1. Dylan Stenson 1:48.51s 28-Jan-17
2. Bryce Watkins 1:48.52s 17-Feb-17
3. Kostya Khudoshin 1:55.57s 10-Dec-16
4. Andrew Giam 1:57.33s 18-Jan-17
5. Michael Nitschke 1:58.25s 18-Jan-17
6. Corey Watkins 2:00.45s 19-Nov-16
7. Tommy Matoga 2:14.95s 4-Feb-17
8. Nikolaos Flabouris 2:24.16s 25-Feb-17
9. James Lanthois 2:35.29s 3-Dec-16

O/35 Men - 800m

1. Mostyn Kemp 2:18.34s 25-Feb-17

U/20 Men - 800m

1. Lachlan Randello 1:54.89s 10-Dec-16
2. Ben McGill 2:08.66s 10-Dec-16
3. Jean-paul Williamson 2:08.86s 19-Nov-16
4. Laurie Brown 2:23.23s 25-Feb-17

U/18 Men - 800m

1. Miles Weder 1:59.63s 25-Feb-17
2. Chris Begg 2:16.65s 19-Nov-16
3. Nicholas Egarr 2:18.04s 5-Nov-16
4. Declan Fahey 2:25.95s 5-Nov-16
5. David Quan 2:33.54s 5-Nov-16
6. Jasper Carter 2:38.45s 5-Nov-16
7. Liam Costello 2:43.63s 25-Feb-17

U/16 Men - 800m

1. Adam Goddard 2:13.12s 18-Feb-17
2. Zac Connell 2:16.62s 18-Feb-17
3. Jack Randello 2:21.93s 11-Mar-17
4. Sean Ooi 2:48.55s 4-Feb-17

U/14 Men - 800m

1. Jonathan Harris 2:17.96s 1-Apr-17
2. Will Brumby 2:25.16s 10-Dec-16
3. Josh White 2:42.38s 25-Feb-17
4. Charlie Xenophou 2:52.70s 4-Feb-17

OPEN Men - 1500m

1. Dylan Stenson 3:52.74s 11-Feb-17
2. Michael Nitschke 4:00.30s 28-Jan-17
3. Michael Heron 4:07.70s 4-Mar-17
4. Kostya Khudoshin 4:20.84s 4-Mar-17
5. Tommy Matoga 4:34.57s 28-Jan-17
6. Lane Whittaker 4:54.14s 21-Jan-17
7. Nikolaos Flabouris 5:34.96s 28-Jan-17

O/35 Men - 1500m

1. Mostyn Kemp 5:12.36s 26-Nov-16
2. Arthas Flabouris 6:23.04s 11-Feb-17

U/20 Men - 1500m

1. Lachlan Randello 4:21.02s 12-Nov-16
2. Nick McGill 4:28.35s 26-Nov-16
3. Laurie Brown 5:00.85s 12-Nov-16
4. Joshua Love 5:13.38s 21-Jan-17

U/18 Men - 1500m

1. Miles Weder 4:22.20s 28-Jan-17

U/16 Men - 1500m

1. Adam Goddard 4:22.01s 18-Feb-17
2. Zac Connell 4:40.16s 18-Feb-17
3. Jack Randello 5:03.53s 18-Feb-17

U/14 Men - 1500m

1. Jonathan Harris 4:39.68s 1-Apr-17

Men - 3km

1. Michael Heron 9:27.43s 19-Nov-16
2. Adam Goddard 9:35.09s 1-Apr-17
3. Zac Connell 9:57.32s 25-Feb-17
4. Tommy Matoga 10:06.43s 4-Feb-17
5. Michael Nitschke 10:11.52s 19-Nov-16
6. Lachlan Randello 10:18.19s 4-Feb-17
7. Jonathan Harris 10:54.52s 4-Feb-17
8. Laurie Brown 11:04.32s 22-Oct-16
9. Nicholas Egarr 11:30.16s 22-Oct-16
10. Angus Brock 12:52.67s 19-Nov-16
11. Conor Dwyer 13:53.07s 19-Nov-16
12. Jack Randello 13:53.08s 19-Nov-16

Men - 5km

1. Tommy Matoga 17:43.71s 25-Feb-17

Men - 10km

1. Tommy Matoga 36:10.34s 17-Mar-17

OPEN Men - 60m

1. Alexander Chan 7.10s 25-Feb-17 (+1.0)
2. Frankie Schinella 7.17s 4-Feb-17 (+0.7)
3. Lane Whittaker 7.25s 14-Jan-17 (+0.4)
4. Angus Brock 7.53s 25-Feb-17 (+1.8)
5. Nikolaos Flabouris 8.13s 10-Dec-16 (-0.4)
6. Aaron Williams 8.15s 19-Nov-16 (-0.2)
7. Elias Arcondoulis 8.45s 4-Feb-17 (+1.0)
8. Mohammad Jafari 8.85s 19-Nov-16 (-2.6)

O/35 Men - 60m

1. Hans Van Bavel 9.03s 25-Feb-17 (+1.1)

U/20 Men - 60m

1. Alex Condello 7.25s 14-Jan-17 (+0.4)
2. Joshua Love 7.30s 25-Feb-17 (+1.0)
3. Henry Vandenberg 7.37s 5-Nov-16
4. Cale Hocking 7.48s 4-Feb-17 (+1.9)
5. Michael Yunupingu 7.52s 19-Nov-16 (+0.5)
6. Samuel Barnfield 7.53s 25-Feb-17 (+1.8)
7. Zac Wilmshurst 7.62s 4-Feb-17 (+1.2)
8. Nick McGill 7.67s 5-Nov-16
9. Niko Pappas 7.79s 5-Nov-16
10. Jordan Kildare 7.86s 14-Jan-17 (-1.1)
11. Ben McGill 8.03s 4-Feb-17 (+0.8)
12. Will Irwin 8.48s 4-Feb-17 (+1.7)
13. Laurie Brown 8.88s 14-Jan-17 (-0.2)

U/18 Men - 60m

1. William Sellars	7.54s	4-Feb-17	(+1.2)
2. Samuel Druce	7.59s	10-Dec-16	(+0.5)
3. Samuel Subramaniam	7.83s	4-Feb-17	(+1.2)
4. Chalton Gunn	7.89s	4-Feb-17	(+1.7)
5. Adam Slimming	7.90s	10-Dec-16	(+0.7)
6. Jordan Tran	8.02s	5-Nov-16	
7. Ashton Haseldine	8.05s	25-Feb-17	(+1.6)
8. Richard Yunupingu	8.23s	5-Nov-16	
9. Jesse Garvin	8.26s	25-Feb-17	(-1.2)
10. Douglas Westover	8.38s	5-Nov-16	
11. Harrison Kolpak	8.38s	5-Nov-16	
12. Liam Costello	8.48s	25-Feb-17	(+1.1)
13. Jamie Fenwick	8.49s	4-Feb-17	(+1.7)
14. Lachlan Bellifemine	8.59s	4-Feb-17	(+1.7)
15. David Quan	8.75s	19-Nov-16	(-1.3)
16. Jasper Carter	8.82s	19-Nov-16	(-2.0)

U/16 Men - 60m

1. Jacob Armitage	7.68s	4-Feb-17	(+1.0)
2. Alex Del Fabbro	8.03s	25-Feb-17	(+1.6)
3. Aidan Murphy	8.04s	25-Feb-17	(+1.9)
4. Tom Disney	8.05s	25-Feb-17	(+1.9)
5. Will Trotman-Dickenson	8.29s	25-Feb-17	(+1.1)
6. Keshav Shrestha	8.32s	4-Feb-17	(+0.7)
7. Angus Urry	8.45s	4-Feb-17	(+0.8)
8. Conor Dwyer	8.57s	4-Feb-17	(+0.8)
9. Alistair Jones	9.00s	4-Feb-17	(+1.7)
10. Sean Ooi	9.14s	25-Feb-17	(+1.1)
11. Jack Randello	9.27s	4-Feb-17	(+1.7)
12. Meshach Begg	9.99s	10-Dec-16	(-1.1)

U/14 Men - 60m

1. Josh White	9.13s	4-Feb-17	(+1.7)
2. Nick Bowes	9.40s	25-Feb-17	(+1.6)
3. Kosta Theodorakos	9.47s	4-Feb-17	(+1.7)
4. Ben Korte	9.51s	19-Nov-16	(-2.0)

Men - 3kmW

1. Peter Crump SAIN	17:12.49s	29-Oct-16
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Men - 5kmW

1. Peter Crump	29:06.36s	5-Nov-16
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Men - 90mH

1. Keshav Shrestha	14.76s	11-Feb-17
2. Ned Mintz	18.53s	11-Feb-17

Men - 100mH (76.2cm)

1. Keshav Shrestha	16.73s	4-Mar-17	(-0.7)
2. Tom Disney	19.70s	4-Mar-17	(-0.7)

Men - 100mH (84cm)

1. Jordan Tran	15.55s	26-Nov-16	(+0.4)
2. Keshav Shrestha	16.65s	11-Mar-17	(+1.0)

Men - 110mH (91.4cm)

1. Zac Wilmshurst	15.17s	12-Nov-16	(+1.9)
2. Nick McGill	16.43s	12-Nov-16	(+1.9)
3. Sebastian Quaini	16.81s	28-Jan-17	(+0.5)
4. Niko Pappas	18.45s	12-Nov-16	(+1.9)
5. Jesse Garvin	20.23s	12-Nov-16	(+1.9)

Men - 110mH (99.1cm)

1. Alexander Chan	14.82s	29-Oct-16	(+1.4)
2. Zac Wilmshurst	15.50s	11-Feb-17	(+1.8)
3. Joshua Love	16.88s	12-Nov-16	(+0.7)
4. Henry Vandenberg	17.41s	12-Nov-16	(+0.7)

Men - 110mH (106.7cm)

1. Lane Whittaker	15.65s	26-Nov-16	(+1.5)
2. Joshua Love	17.97s	4-Mar-17	(-1.5)
3. Ryan O'Callaghan	20.55s	4-Mar-17	(-1.5)

Men - 200mH

1. Jordan Tran	29.94s	19-Nov-16	(+1.6)
2. Keshav Shrestha	31.11s	18-Feb-17	(+1.0)
3. Jack Randello	41.53s	22-Oct-16	(+1.0)
4. Meshach Begg	42.94s	4-Feb-17	(-0.3)

Men - 400mH (91.4cm)

1. Raphael Ow Yeong	56.17s	19-Nov-16
2. Cale Hocking	57.76s	14-Jan-17
3. Zac Wilmshurst	1:04.93s	19-Nov-16

Men - 400mH (84cm)

1. Sebastian Quaini	59.91s	14-Jan-17
2. Zac Wilmshurst	1:00.31s	22-Oct-16
3. William Sellars	1:01.30s	4-Feb-17

Men - 2km Steeplechase (76.2cm)

1. Nicholas Egarr	7:44.55s	29-Oct-16
2. Tom Disney	8:31.41s	28-Jan-17
3. Jack Randello	8:45.79s	28-Jan-17
4. Conor Dwyer	8:54.00s	28-Jan-17
5. Jordan Tran	9:08.48s	12-Nov-16
6. Adam Slimming	9:22.61s	26-Nov-16

Men - 2km Steeplechase (91.4cm)

1. Nick McGill	7:45.34s	28-Jan-17
2. Laurie Brown	8:52.36s	28-Jan-17
3. Lachlan Bellifemine	9:39.68s	28-Jan-17

Men - 3km Steeplechase (91.4cm)

1. Tommy Matoga	12:00.08s	29-Oct-16
2. Laurie Brown	12:44.00s	4-Mar-17
3. Ryan O'Callaghan	17:12.70s	4-Mar-17

OPEN Men - Long Jump

1. Alexander Chan 6.31m 4-Mar-17 (+1.9)
2. Lane Whittaker 6.16m 19-Nov-16 (+0.4)
3. Angus Brock 2.90m 4-Mar-17 (+1.3)

O/35 Men - Long Jump

1. Christopher Minchin 3.86m 11-Feb-17

U/20 Men - Long Jump

1. Joshua Love 6.01m 21-Jan-17
2. Zac Wilmshurst 5.76m 4-Mar-17 (+0.6)
3. Samuel Barnfield 5.44m 4-Mar-17 (-0.4)
4. Niko Pappas 4.43m 5-Nov-16 (+0.2)

U/18 Men - Long Jump

1. Ashton Haseldine 5.49m 22-Oct-16
2. Adam Slimming 5.41m 12-Nov-16
3. Samuel Subramaniam 5.37m 4-Feb-17 (-0.6)
4. Amith Paranthavithana 5.15m 26-Nov-16 (+1.2)
5. Harrison Kolpak 4.62m 12-Nov-16
6. Lachlan Bellifemine 4.47m 29-Oct-16
7. David Quan 3.56m 4-Feb-17

U/16 Men - Long Jump

1. Jacob Armitage 6.13m 12-Nov-16
2. Tom Disney 5.27m 18-Feb-17 (+1.6)
3. Keshav Shrestha 4.75m 11-Feb-17 (-1.6)
4. Conor Dwyer 4.37m 11-Feb-17
5. Lachie Cole 4.27m 12-Nov-16
6. Matthew Forster 4.04m 29-Oct-16 (+0.3)
7. Meshach Begg 3.12m 11-Feb-17 (-2.1)

U/14 Men - Long Jump

1. Josh White 4.29m 18-Feb-17
2. Ben Korte 3.84m 12-Nov-16
3. Nick Bowes 3.55m 18-Feb-17

Men - Triple Jump

1. Jacob Armitage 12.66m 18-Feb-17 (-0.1)
2. Zac Wilmshurst 11.85m 4-Mar-17
3. Joshua Love 11.84m 4-Mar-17
4. Samuel Subramaniam 11.71m 28-Jan-17 (+1.2)
5. Samuel Barnfield 11.27m 17-Dec-16 (-0.3)
6. Adam Slimming 11.22m 5-Nov-16 (+0.6)
7. Ashton Haseldine 11.18m 28-Jan-17 (+0.6)
8. Tom Disney 10.68m 18-Feb-17 (-0.8)
9. Conor Dwyer 10.37m 10-Dec-16
10. Ryan O'Callaghan 9.32m 4-Mar-17 (+0.4)
11. Christopher Minchin 9.30m 14-Jan-17
12. David Quan 9.16m 11-Feb-17 (+0.6)
13. Adam Goddard 9.10m 5-Nov-16 (+0.7)
14. Josh White 8.91m 18-Feb-17 (+0.1)
15. Sean Ooi 8.16m 4-Feb-17
16. Jonathan Harris 7.98m 25-Feb-17 (-2.8)
17. Meshach Begg 7.63m 22-Oct-16 (+1.8)

Men - High Jump

1. Spencer Holdback 1.90m 5-Nov-16
2. Joshua Love 1.79m 21-Jan-17
3. Aaron Williams 1.78m 10-Dec-16
4. Lane Whittaker 1.75m 10-Dec-16
5. Jesse Garvin 1.65m 4-Mar-17
6. Ashton Haseldine 1.55m 10-Dec-16
7. Christopher Minchin 1.45m 14-Jan-17
8. Niko Pappas 1.45m 10-Dec-16
9. James Lanthois 1.40m 5-Nov-16
10. Lachlan Bellifemine 1.35m 5-Nov-16
11. Jack Packer 1.20m 4-Mar-17



Men - Pole Vault

1. Jordan Kildare 4.90m 17-Mar-17
2. Alexander Chan 4.80m 12-Nov-16
3. Alexander Murrell 4.00m 18-Feb-17
4. Lane Whittaker 3.65m 11-Feb-17
5. Joshua Love 3.60m 21-Jan-17
6. Jack Packer 3.00m 2-Dec-16
7. Chalton Gunn 2.80m 4-Mar-17
8. Jesse Garvin 2.65m 4-Mar-17
9. Jack Randello 1.90m 4-Mar-17

Men - Discus Throw (2kg)

1. Lane Whittaker 33.71m 11-Feb-17
2. Elias Arcondoulis 33.15m 11-Feb-17
3. Rob Keynes 30.51m 11-Feb-17
4. Nikolaos Flabouris 28.93m 11-Feb-17
5. Angus Brock 24.84m 11-Feb-17
6. Andrew Beck 24.60m 11-Feb-17
7. Michael Brusnahan 22.87m 26-Nov-16
8. Josiah Whittekar 19.40m 15-Oct-16
9. James Lanthois 15.34m 26-Nov-16

Men - Discus Throw (1.75kg)

1. Joshua Love SAIN 32.23m 21-Jan-17

Men - Discus Throw (1.5kg)

1. Lachlan Randello 27.23m 4-Mar-17
2. Fox Obst 22.66m 18-Feb-17
3. Jean-paul Williamson 21.15m 28-Jan-17
4. Chalton Gunn 18.67m 17-Dec-16
5. David Quan 10.70m 11-Feb-17

Men - Discus Throw (1kg)

1. Darcy Miller 40.13m 1-Apr-17
2. Fox Obst 34.37m 5-Nov-16
3. Rob Keynes 30.66m 18-Feb-17
4. Christopher Minchin 29.20m 18-Feb-17
5. Tom Disney 21.72m 4-Feb-17
6. Lachlan Bellifemine 20.92m 17-Dec-16
7. Conor Dwyer 20.79m 4-Feb-17
8. Hudson Jones 19.68m 17-Dec-16
9. Keshav Shrestha 16.55m 25-Feb-17
10. Lachie Cole 13.54m 4-Feb-17
11. Jack Randello 7.96m 4-Feb-17

Men - Shot Put (7.260kg)

1. Elias Arcondoulis 13.27m 25-Feb-17
2. Andrew Beck 10.01m 4-Mar-17
3. Lane Whittaker 9.17m 21-Jan-17
4. Angus Brock 8.21m 14-Jan-17
5. Nikolaos Flabouris 8.08m 19-Nov-16
6. Mohammad Jafari 7.74m 19-Nov-16

Men - Shot Put (6kg)

1. Joshua Love 10.92m 21-Jan-17
2. Rob Keynes 10.25m 11-Feb-17
3. Christopher Minchin 9.70m 11-Feb-17

Men - Shot Put (5kg)

1. Sebastian Quaini 13.39m 4-Mar-17
2. Fox Obst 11.60m 4-Feb-17
3. Ashton Haseldine 9.76m 4-Mar-17
4. Zac Wilmshurst 8.74m 4-Feb-17
5. Lachlan Randello 8.73m 4-Feb-17
6. David Quan 7.46m 4-Feb-17
7. Jean-paul Williamson 7.27m 4-Feb-17
8. Lachlan Bellifemine 6.72m 4-Feb-17
9. Samuel Barnfield 6.44m 4-Feb-17
10. Harry Mintz 3.77m 4-Feb-17

Men - Shot Put (4kg)

1. Fox Obst 13.44m 28-Jan-17
2. Christopher Minchin 10.74m 18-Feb-17
3. Darcy Miller 10.46m 4-Mar-17
4. Sam Potter 10.40m 22-Oct-16
5. Ashton Haseldine 9.91m 26-Nov-16
6. Rob Keynes 9.86m 18-Feb-17
7. Christopher Begg 8.75m 26-Nov-16
8. Lachlan Bellifemine 7.81m 26-Nov-16
9. Harry Mintz 5.17m 11-Feb-17
10. Jack Randello 4.30m 26-Nov-16

Men - Shot Put (3kg)

1. Darcy Miller 13.34m 1-Apr-17

Men - Hammer Throw (7.260kg)

1. Andrew Beck 41.91m 4-Feb-17
2. Nikolaos Flabouris 22.95m 18-Feb-17

Men - Hammer Throw (6kg)

1. Rob Keynes 42.06m 14-Jan-17
2. Christopher Minchin 37.83m 14-Jan-17

Men - Hammer Throw (5kg)

1. Andrew Beck 37.94m 18-Feb-17
2. Sebastian Quaini 31.14m 4-Mar-17
3. Fox Obst 30.80m 18-Feb-17
4. Jean-paul Williamson 26.14m 4-Mar-17

Men - Hammer Throw (4kg)

1. Rob Keynes 37.57m 18-Feb-17
2. Fox Obst 35.08m 19-Nov-16
3. Christopher Minchin 30.25m 18-Feb-17
4. Lachlan Bellifemine 23.25m 4-Mar-17
5. Jack Randello 5.06m 4-Feb-17

Men - Hammer Throw (3kg)

1. Darcy Miller 24.08m 18-Feb-17
2. Ned Mintz 14.52m 25-Feb-17
3. Harry Mintz 12.75m 25-Feb-17

Men - Javelin Throw (800g)

1. Joshua Love 50.49m 10-Dec-16
2. Lane Whittaker 45.50m 10-Dec-16
3. Nikolaos Flabouris 44.76m 10-Dec-16
4. Angus Brock 40.00m 14-Jan-17
5. Andrew Beck 37.52m 4-Feb-17
6. Mohammad Jafari 35.01m 19-Nov-16
7. Elias Arcondoulis 33.37m 25-Feb-17

Men - Javelin Throw (700g)

1. Henry O'Grady 47.68m 18-Feb-17
2. Sam Potter 39.87m 26-Nov-16
3. Fox Obst 36.98m 29-Oct-16
4. Andrew Beck 36.35m 18-Feb-17
5. Ashton Haseldine 35.18m 17-Dec-16
6. Rob Keynes 35.13m 14-Jan-17
7. Christopher Minchin 31.25m 14-Jan-17
8. Lachlan Bellifemine 27.07m 4-Mar-17
9. David Quan 24.95m 10-Dec-16
10. Adam Slimming 24.05m 26-Nov-16
11. Jack Randello 23.55m 18-Feb-17
12. Harry Mintz 15.97m 11-Feb-17
13. Tom Disney 15.14m 26-Nov-16
14. Ned Mintz 11.71m 11-Feb-17
15. Lachlan Randello 8.39m 4-Feb-17

Men - Javelin Throw (600g)

1. Christopher Minchin 31.08m 18-Feb-17
2. Rob Keynes 30.60m 18-Feb-17
3. Darcy Miller 26.96m 18-Feb-17
4. Keshav Shrestha 16.22m 26-Nov-16
5. Thanasi Christopoulos 12.81m 11-Feb-17

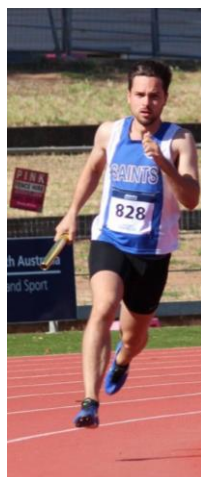
Men - 100m (WA)

1. Michael Brusnahan	10.70s	29-Oct-16	(+3.5)
3. Frankie Schinella	10.99s	29-Oct-16	(+3.5)
4. Alexander Chan	11.04s	29-Oct-16	(+4.8)
5. Lane Whittaker	11.05s	29-Oct-16	(+3.5)
6. Alex Condello	11.06s	29-Oct-16	(+3.5)
7. Michael Yunupingu	11.32s	29-Oct-16	(+3.5)
8. Joshua Love	11.56s	29-Oct-16	(+3.5)
9. Cale Hocking	11.66s	15-Oct-16	(+4.7)
10. Lachlan Randello	11.73s	29-Oct-16	(+4.0)
11. Samuel Barnfield	11.75s	15-Oct-16	(+4.7)
12. Nick McGill	11.76s	29-Oct-16	(+4.0)
13. William Sellars	11.81s	15-Oct-16	(+3.3)
14. Zac Wilmshurst	11.82s	29-Oct-16	(+4.8)
15. Samuel Druce	12.02s	11-Feb-17	(+2.3)
16. Jacob Armitage	12.08s	11-Feb-17	(+2.3)
17. Josiah Whittekar	12.26s	15-Oct-16	(+3.3)
18. Samuel Subramaniam	12.33s	15-Oct-16	(+3.3)
19. Nikolaos Flabouris	12.35s	29-Oct-16	(+4.0)
20. Aaron Williams	12.37s	29-Oct-16	(+4.0)
21. Adam Slimming	12.41s	12-Nov-16	(+3.5)
22. Ryan O'Callaghan	12.43s	12-Nov-16	(+3.5)
23. Douglas Westover	12.84s	29-Oct-16	(+4.0)
24. Aidan Murphy	13.12s	12-Nov-16	(+2.2)
25. Ashton Haseldine	13.14s	12-Nov-16	(+2.2)
26. Jesse Garvin	13.19s	29-Oct-16	(+3.7)
27. Conor Dwyer	13.32s	29-Oct-16	(+4.3)
28. Laurie Brown	14.48s	29-Oct-16	(+4.3)

29. Hans Van Bavel	14.53s	18-Feb-17	(+3.3)
30. Meshach Begg	15.17s	29-Oct-16	(+2.8)
31. Jack Randello	15.23s	29-Oct-16	(+4.3)

Men - 200m (WA)

1. Michael Brushahan	21.65s	15-Oct-16	(+3.3)
2. Frankie Schinella	22.24s	15-Oct-16	(+3.3)
3. Michael Yunupingu	22.96s	15-Oct-16	(+3.3)
4. Cale Hocking	23.66s	15-Oct-16	(+3.3)
5. Raphael Ow Yeong	23.68s	15-Oct-16	(+3.8)
6. Jean-paul Williamson	23.70s	4-Mar-17	(+2.8)
7. Nick McGill	23.96s	25-Feb-17	(+2.2)
8. William Sellars	23.99s	15-Oct-16	(+2.4)
9. Samuel Barnfield	24.07s	4-Mar-17	(+2.8)
10. Aaron Williams	25.33s	15-Oct-16	(+3.8)
11. Charlie Gibson	25.85s	25-Feb-17	(+3.7)
12. Ryan O'Callaghan	26.03s	4-Feb-17	(+2.2)
13. Conor Dwyer	26.41s	25-Feb-17	(+3.7)
14. Alex Del Fabbro	26.46s	25-Feb-17	(+2.2)
15. Jesse Garvin	26.59s	25-Feb-17	(+2.2)
16. Hudson Jones	27.41s	4-Feb-17	(+2.2)
17. Jonathan Harris	28.48s	25-Feb-17	(+3.7)
18. Mason Jones	29.13s	25-Feb-17	(+3.7)
19. Hans Van Bavel	29.42s	25-Feb-17	(+3.7)
20. Josh White	29.77s	25-Feb-17	(+3.7)
21. Zac Connell	30.12s	3-Dec-16	(+2.3)
22. Ned Mintz	31.99s	25-Feb-17	(+3.7)



2016/2017 What a tremendous season for Saints Athletics Club!

Record membership of 142 athletes, 32 ladies and 110 men! Huge participation each week at the Interclub competition! Enormous medal haul at State Relay Championships! Incredible number of athletes selected as State representatives! To top things off 5 premierships including our first Open Female Premiership! Thanks our captains for another great season of leadership, such an important ingredient of a successful club.

We wish to acknowledge and thank our volunteers and committee for their commitment and dedication to the club, particularly those involved in organising the Quiz night. A special thankyou goes to our President Tony Keynes, Secretary Hans van Bavel, Treasurer George Bolton and our Women's Manager and huge contributor Patti Wilson. We thank our families, parents and friends who cheered, supported and transported our athletes to events during the season. To our dedicated coaches who nurture and care for our athletes. Your tireless commitment to the Saints Athletics Club is invaluable and the number one ingredient in contributing to our ongoing successes. Your expertise and passion for track and field enriches the lives of so many of our competing members. THANK YOU!

The 2016/17 season was a busy one, the year kicked off with the SA All Schools Games where we saw many superb performances which followed by the selection of Tiara Hatchard, Shylah Fosdike, Abby Matsen, Ella Ayres, Tyne Bosko, Kaylee Whitehead, Zoe Wilmshurst, Isabel Redemski, Lauren Ward, Alicia Black, Adam Goddard, William Crayford, Jack Packer, Fox Obst, Lachlan Randello, Zac Wilmshurst and Spencer Holdback to represent the State at the Australian All Schools National Championships in Canberra.

State Track and Field Relay Day, a big day lots of relays and lots and lots of medals won. We wish to thank our members from Mount Gambier who travelled to Adelaide to help make a successful day for the club.

The New Year commenced with the SA Multi Events Championships where, Lane Whittaker in the Open Men and Josh Love in the Under 20 age group won Gold. Congratulations to Zoe Wilmshurst for a fabulous performance but unfortunately injured her ankle on the last event.

February saw the SA State Championships with Saints Athletics Club winning a total of 65 medals. 20 Gold, 11 Silver and 11 Bronze for the Men and 9 Gold, 8 Silver, 6 Bronze for the Women.

There were many outstanding performances and a huge number of personal bests achieved by club members. We need to make mention of Dylan Stenson's outstanding performance in winning the 400m, 800m and 1500m a feat not seen in South Australia for many years. Congratulations!

From these championships the following members represented South Australian in Sydney.

Junior athletes, Ella Ayres, Natalie Brooks, Olivia Dukaskis, Zac Connell, Shylah Fosdike, Adam Goddard, Tiara Hatchard, Abbey Matsen, Jonathan Harris, Aidan Murphy, Melarn Murphy, Jack Packer, Jack Randello, Lachlan Randello, Isabel Redemski, Tori Redemski, Kaylee Whitehead. Our senior athletes, Dylan Stenson, Bryce Watkins, Genevieve Brooks, Alex Chan, Jessica Kemp, Michael Yunupingu and Jordan Kildare,

Our most remarkable performing athletes at the championships were with Darcy Miller, Jacob Armitage and Aiden Murphy. Darcy winning Silver in Shot Put and Discus, Jacob winning Bronze in Triple Jump and 4 X 100 relay with Aiden.

The National Masters Athletics Championships were held in Darwin in early June where Hans Van Bavel successfully represented South Australia in gaining two silver medals in the 100 and 200 metres despite battling a calf injury.

The closing of the season was capped in winning 5 age group Interclub Premierships, Under 14, 16 & 18 boys premierships along with the Open Men and Women and notably Under 16 girl's finishing 2nd in this category. Our mighty Open Women, Genevieve Brooks, Casey Donehue, Imogen Hardacre, Brooke Hines, Lucy Holland-Smith, Jessica Kemp, Isabelle Scott and Jana Sims have become a part of the rich history of the Saints Athletics Club in winning the first ever female premierships.

We wish to congratulate Henry Frayne who was selected to represent Australia in Long Jump at the World Championship held in London this year.

NEWS FLASH! St Peters College schoolboys have yet again kicked a new summer season off by winning their 45th Achilles Cup from our great rival Prince Alfred College.

Saints Athletics Club celebrated its 70th Anniversary in 2016, here's to 70 more years of athletics success!
Patti Wilson, Tony Keynes, Hans van Bavel



**Saints Athletics Club - Athletics SA's South Australian Club of Year
Season 2013 / 2014**



St Peter's Collegians' Association

STARCLUB



Government of South Australia
Office for Recreation and Sport