

**SUMMER SEASON
2015 / 16**

SAINTS ATHLETICS CLUB ANNUAL PRESENTATION DINNER



AWARDS

RECOGNITION

RANKINGS

Friday August 26, 2016
Buckingham Arms Hotel





WELCOME

Annual Awards Dinner Saints Athletics Club



1946 – 2016

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ACKNOWLEDGEMENTS AND THANK YOU

We wish to acknowledge and thank our hard working volunteers, committee and coaches who supported our club and athletes this season.

Committee:

Tony Keynes – Club President
Hans Van Bavel – Club Secretary
George Bolton – Treasurer
Annette Van Rensburg - St Peter's School Athletics Representative
Angus Brock – Male Captain (Track)
Nikolas Flabouris – Male Captain (Field)
Haylee Wilson – Female Captain (Track)
Patti Wilson – Summer Women's Manager
Tony Brock
Chris Minchin
Nick Birks
James Lanthois
Lachlan Randell
Sam Barnfield

Coaches:

Tony Keynes
Hans Van Bavel
Judy Daly
Rick Wilson
Rob Gorringe
Nick Birks
Angus Brock
Nikolas Flabouris
Isaac Aitkens
Ben Blaskche
Patti Wilson

Coaches:

Trevor Wiseman
Kym Symons – Pole Vault
John Hammond – Pole Vault
Anthony Simons – Pole Vault
Rick Treleaven
Barb Stephens
Bob Cruise
Michael Hans
Don Brown
Adam Didak
PJ Bocsh

Officials:

Chris Minchin
Anton Van Bavel
Zoe Eastwood-Bryson
Tony Keynes
Patti Wilson
Kendra Sellars

AWARD WINNERS FOR ATHLETICS SEASON 2015/2016

SPOC ASSOCIATION TROPHY

MOST OUTSTANDING SENIOR MALE ATHLETE

Dylan Stenson

Coach: Judy Daly

800m performances throughout season including State Title, 4th fastest every time for a South Australian. Open Men's Champion 800m, National and International Rep.



SPOC ASSOCIATION TROPHY

MOST OUTSTANDING SENIOR FEMALE ATHLETE

Isabel Scott

Coach: Judy Daly

800m Open State Champion, State representative at National Championship running 2.06sec



AW (TONY) KEYNES TROPHY

MOST OUTSTANDING JUNIOR MALE ATHLETE

Jordan Kildare

Coach: Kym Simons

Pole Vault – new personal best of 4.50m



CHANI VAN DER MERWE PERPETUAL TROPHY

MOST OUTSTANDING JUNIOR FEMALE ATHLETE

Melarn Murphy

Coach: Tony Keynes and Hans Van Bavel

Outstanding improvement over all sprint events winning U/16 State Titles in 100m 200m & 400m State representative at 2015 All Schools



PRESIDENT'S TROPHY

OUTSTANDING COMPETITION CONTRIBUTION AND PERFORMANCES

Michael Brusnahan

Coach: Rick Wilson

Sprinter, 100m Open Mens Champion, National and International representation, consistent contributor to interclub and club relays.



CAPTAIN'S TROPHY

MOST OUTSTANDING ST PETER'S COLLEGE SCHOOLBOY

Lachlan Randello

Coach: Tony Keynes and Isaac Aitkens

Outstanding performances in 800m at both State and National Championship.



AWARD WINNERS FOR ATHLETICS SEASON 2015/2016

AH YOUNG MEMORIAL TROPHY MOST IMPROVED SENIOR ATHLETE

Josh Love

Coach: Tony Keynes and Hans Van Bavel

Outstanding performance at Australian Championships in Decathlon, notably personal best performance in 8 events.



LR VOLLUGI TROPHY OUTSTANDING CLUB CONTRIBUTOR 2015-16

Nik Flabouris

For dedicated coaching assistance, website development contributions and versatile and committed athletics performances at Interclub.



SCOTCHY GORDON TROPHY KEENESS AND ATTENTION TO TRAINING (Female)

Andrea Stefanopoulos

Coach: Rick Wilson



SCOTCHY GORDON TROPHY KEENESS AND ATTENTION TO TRAINING (Male)

Jean Paul Williamson

Coach: Tony Keynes and Hans van Bavel



CHRIS MINCHIN JUMPS TROPHY OUTSTANDING ABILITY DEMONSTRATED IN A JUMPS EVENT

Alex Chan

Coach: Kym Simons

Pole Vault – displayed tremendous improvement
Season best of 4.25m



SAINTS JUNIOR RISING STAR TROPHY ALL ROUND IMPROVEMENT, PARTICIPATION AND POTENTIAL MALE

Tom Disney

Coach: Peter Deane

Participated in sprints, javelin, throws and high jump



SAINTS JUNIOR RISING STAR TROPHY ALL ROUND IMPROVEMENT, PARTICIPATION AND POTENTIAL FEMALE

Tiara Hatchard

Coach: Hans van Bavel & Tony Keynes

Courageous Sprinter, State Champion U/14 100m & 400m



[illegible]

ASA PERSONAL RANKINGS – SEASON 2015 / 2016

AS OF 14/07/2016

(source: ASA results <http://athleticssa.server101.com/cgi/ranking.cgi>)

OPEN Women - 100m

1. Haylee Wilson 13.20s 9-Jan-16 (+2.0)
2. Lucy Holland-Smith 13.31s 13-Feb-16 (+0.9)
3. Imogen Hardacre 13.53s 13-Feb-16 (+0.9)
4. Brooke Hines 14.24s 23-Jan-16 (+0.7)

U/20 Women - 100m

1. Casey Donehue 13.59s 13-Feb-16 (-1.1)
2. Gemma Monaghan 13.77s 13-Feb-16 (-1.1)

U/18 Women - 100m

1. Keely Hutchins 13.01s 23-Jan-16 (-0.9)
2. Alicia Black 13.26s 9-Jan-16 (+1.2)
3. Michelle Ogunniyi 13.31s 13-Feb-16 (+0.7)

U/16 Women - 100m

1. Melarn Murphy 12.58s 13-Feb-16 (+0.8)
2. Tiara Hatchard 12.78s 13-Feb-16 (+0.9)
3. Andrea Stefanopoulos 13.68s 23-Jan-16 (+0.7)
4. Zoe Wilmshurst 14.16s 6-Feb-16 (-0.8)
5. Zara Howard 14.19s 13-Feb-16 (+0.1)
6. Isabella Wallwork 16.75s 5-Mar-16 (-1.1)

OPEN Women - 200m

1. Haylee Wilson 25.93 13-Feb-16
2. Holly Rave 27.27s 23-Jan-16 (+1.5)
3. Imogen Hardacre 27.03s 13-Feb-16 (+0.8)
4. Lucy Holland-Smith 27.33s 13-Feb-16
5. Brooke Hines 29.53s 23-Jan-16 (+1.1)

U/20 Women - 200m

1. Casey Donehue 26.85s 13-Feb-16
2. Gemma Monaghan 27.31s 13-Feb-16 (-0.6)

U/18 Women - 200m

1. Keely Hutchins 26.32s 30-Jan-16 (+1.4)
2. Alicia Black 27.65s 13-Feb-16 (-0.5)
3. Michelle Ogunniyi 27.96s 30-Jan-16 (+1.4)

U/16 Women - 200m

1. Melarn Murphy 25.50s 13-Feb-16 (+0.2)
2. Tiara Hatchard 26.30s 13-Feb-16
3. Andrea Stefanopoulos 28.15s 5-Mar-16 (-0.8)
4. Zoe Wilmshurst 29.92s 12-Mar-16 (-2.5)

OPEN Women - 400m

1. Haylee Wilson 58.04s 13-Feb-16
2. Jessica Kemp 58.34s 13-Feb-16
3. Isabelle Scott 58.54s 6-Feb-16
4. Holly Rave 59.68s 9-Jan-16
5. Brooke Hines 1:02.00s 6-Feb-16
6. Imogen Hardacre 1:05.24s 30-Jan-16

U/20 Women - 400m

1. Gemma Monaghan 1:02.94s 13-Feb-16

U/16 Women - 400m

1. Tiara Hatchard 59.66s 13-Feb-16
2. Melarn Murphy 59.77s 15-Dec-15
3. Zoe Wilmshurst 1:11.35s 30-Jan-16

OPEN Women - 800m

1. Isabelle Scott 2:06.60s 13-Mar-16
2. Brooke Hines 2:16.42s 6-Feb-16
3. Jessica Kemp 2:17.23s 13-Feb-16

U/20 Women - 800m

1. Casey Donehue 2:39.57s 5-Mar-16

U/16 Women - 800m

1. Ella Ayres 2:16.24s 13-Mar-16
2. Zoe Wilmshurst 3:08.87s 17-Jan-16

Women - 1500m

1. Isabelle Scott 4:32.82s 30-Jan-16
2. Brooke Hines 4:40.94s 30-Jan-16
3. Ella Ayres-U16 4:47.06s 13-Mar-16

Women - 3km

1. Brooke Hines 10:13.39s 20-Jan-16

Women - 3km Steeplechase (76.2cm)

1. Brooke Hines 12:05.92s 13-Feb-16

Women - 60m

1. Keely Hutchins 8.18s 9-Jan-16
2. Lucy Holland-Smith 8.47s 6-Feb-16 (+0.4)

Women - 90mH

1. Zoe Wilmshurst 15.17s 6-Feb-16 (+1.2)

Women - 100mH (76.2cm)

1. Alicia Black 16.45s 9-Jan-16 (+0.6)

Women - 400mH (76.2cm)

1. Casey Donehue 1:09.12s 13-Feb-16

Women - Long Jump

1. Marci Litinas-U18 5.13m 13-Feb-16 (+0.1)
2. Casey Donehue-U20 5.06m 13-Feb-16 (-1.6)
3. Zoe Wilmshurst-U16 4.65m 9-Jan-16 (+1.1)
4. Olivia Dukalskis-U18 4.49m 5-Mar-16

Women - Triple Jump

1. Marci Litinas-U18 10.69m 13-Feb-16 (+0.3)
2. Lucy Holland-Smith 9.61m 30-Jan-16 (+1.3)

Women - High Jump

1. Olivia Dukalskis 1.50m 5-Mar-16
2. Zoe Wilmshurst 1.39m 17-Jan-16
3. Tiara Hatchard 1.30m 5-Mar-16
4. Melarn Murphy 1.30m 12-Mar-16
5. Isabella Wallwork 1.10m 5-Mar-16

Women - Pole Vault

1. Madelyn Griffiths 3.00m 13-Feb-16
Malin Gillman 3.00 05-Mar-16

Women - Discus Throw (1kg)

1. Zoe Wilmshurst 30.53m 6-Feb-16

Women - Shot Put (3kg)

1. Zoe Wilmshurst 10.78m 12-Mar-16

Women - Shot Put (4kg)

1. Casey Donehue 6.30m 5-Mar-16

Women - Javelin Throw (500g)

1. Zoe Wilmshurst 19.81m 17-Jan-16

Women - 100m (WA)

1. Keely Hutchins 12.73s 19-Apr-16
2. Andrea Stefanopoulos 13.17s 29-Apr-16

OPEN Men - 100m

1. Frankie Schinella 11.00s 13-Feb-16 (+0.7)
2. Michael Brusnahan 11.04s 13-Feb-16 (+1.5)
3. Sebastian Baird 11.17s 13-Feb-16 (-0.6)
4. Brian Wilson 11.30s 5-Mar-16 (-1.9)
5. Angus Brock 11.72s 23-Jan-16
6. Nikolaos Flabouris 13.18s 9-Jan-16 (+0.3)

O/35 Men - 100m

1. Hans Van Bavel 13.59s 13-Feb-16 (+0.4)
2. Michael Eaton 14.16s 23-Jan-16 (-1.0)

U/20 Men - 100m

1. Lane Whittaker 11.33s 17-Jan-16 (+0.8)
2. Joshua Love 11.47s 2-Apr-16 (+1.0)
3. Alexander Chan 11.62s 13-Feb-16 (-0.5)
4. Henry Vandenberg 12.07s 5-Mar-16 (-1.2)
5. Alexi Georgakopoulos 12.25s 5-Mar-16
6. Shankar Hogg 12.26s 17-Jan-16 (+0.8)
7. James Dukalskis 12.35s 18-Mar-16 (-2.4)
8. Dion De Palma 12.95s 9-Jan-16 (+0.3)
9. Hamish Litt 13.88s 23-Jan-16
10. Dallas Mcneil B13 14.66s 12-Mar-16 (+0.6)

U/18 Men - 100m

1. Alex Condello 11.49s 9-Jan-16
2. Jean-paul Williamson 12.05s 6-Feb-16 (+0.1)
3. Jake Skinner 12.09s 18-Mar-16 (-2.4)
4. Zac Wilmshurst 12.15s 9-Jan-16
5. William Sellars 12.19s 13-Feb-16 (-0.6)
6. Samuel Barnfield 12.27s 5-Mar-16
7. Lachlan Randello 12.37s 5-Mar-16
8. Nick McGill 12.73s 5-Mar-16 (-1.2)
9. David Quan 13.89s 5-Mar-16 (-1.2)
10. Ashton Haseldine 13.92s 18-Mar-16 (-2.4)
11. Jesse Garvin 14.05s 6-Feb-16 (-1.3)

U/16 Men - 100m

1.	Samuel Subramaniam	12.62s	13-Feb-16	(+0.9)
2.	David Amaechi	12.74s	13-Feb-16	(+0.8)
3.	Jordan Tran	12.80s	12-Mar-16	(+0.6)
4.	Thomas Disney	13.09s	13-Feb-16	(+0.8)
5.	Adam Slimming	13.24s	6-Feb-16	(-1.0)
6.	Alex Wakeham	13.39s	12-Mar-16	(+0.6)
7.	Angus Urry	13.99s	12-Mar-16	(+0.6)
8.	Jason Petsios	14.50s	12-Mar-16	(-1.1)
9.	Meshach Begg	16.26s	6-Feb-16	(+1.0)
10.	Jack Randello	16.55s	6-Feb-16	(+1.0)

U/14 Men - 100m

1.	Aidan Murphy	13.33s	13-Feb-16	(+1.0)
2.	Keshav Shrestha	14.51s	12-Mar-16	(-2.0)
3.	Samuel Wybrow	14.77s	5-Mar-16	(-1.3)
4.	Hamish Scobie	15.81s	5-Mar-16	(-1.2)
5.	Kelvin Lu	16.39s	5-Mar-16	(-1.2)

OPEN Men - 200m

1.	Michael Brusnahan	21.73s	2-Apr-16	(+0.2)
2.	Frankie Schinella	22.07s	30-Jan-16	(+1.5)
3.	Brian Wilson	22.32s	5-Mar-16	(-0.5)
4.	Sebastian Baird	22.51s	13-Feb-16	(+1.0)
5.	Ryan Rossouw	23.15s	23-Jan-16	(-0.6)
6.	Angus Brock	23.58s	23-Jan-16	(+1.5)
7.	Aaron Williams	24.79s	23-Jan-16	(+1.0)
8.	Nikolaos Flabouris	26.08s	5-Mar-16	(-1.2)

O/35 Men - 200m

1.	Michael Eaton	27.39s	23-Jan-16	(+4.0)
2.	Hans Van Bavel	28.35s	23-Jan-16	(+4.0)

U/20 Men - 200m

1.	Joshua Love	23.39s	5-Mar-16	(-0.4)
2.	Lane Whittaker	23.44s	5-Mar-16	(-0.5)
3.	Dallas Mcneil B13	29.95s	30-Jan-16	(+2.0)

U/18 Men - 200m

1.	Alex Condello	23.46s	13-Feb-16	(-1.0)
2.	Zac Wilmshurst	24.18s	13-Feb-16	(-1.0)
3.	Jean-paul Williamson	24.21s	23-Jan-16	(+1.4)
4.	William Sellars	24.38s	13-Feb-16	(-0.5)
5.	Samuel Barnfield	24.88s	12-Mar-16	(-3.0)
6.	Lachlan Randello	24.99s	18-Mar-16	(-2.3)

U/16 Men - 200m

1.	Samuel Subramaniam	25.46s	13-Feb-16	(+1.1)
2.	Thomas Disney	26.31s	12-Mar-16	(-3.0)
3.	Jordan Tran	26.73s	12-Mar-16	(-3.0)
4.	Alex Wakeham	27.95s	12-Mar-16	(-3.0)
5.	Angus Urry	28.67s	12-Mar-16	(-3.4)
6.	Conor Dwyer	29.07s	13-Feb-16	(+0.2)
7.	Jack Randello	33.30s	5-Mar-16	(-0.6)

U/14 Men - 200m

1.	Aidan Murphy	27.96s	13-Feb-16	(+0.7)
2.	Keshav Shrestha	29.50s	12-Mar-16	(-3.0)

OPEN Men - 400m

1.	Dylan Stenson	47.70s	9-Jan-16	
2.	Bryce Watkins	48.81s	9-Jan-16	
3.	Jack Harvey	49.39s	13-Feb-16	
4.	Brian Wilson	49.46s	13-Feb-16	
5.	Andrew Giam	50.27s	12-Mar-16	
6.	Michael Heron	51.05s	12-Mar-16	
7.	Angus Brock	51.92s	13-Feb-16	
8.	Michael Brusnahan	53.80s	12-Mar-16	
9.	James Lanthois	56.78s	9-Jan-16	
10.	Nikolaos Flabouris	1:02.25s	30-Jan-16	

O/35 Men - 400m

1.	Michael Eaton	1:03.60s	9-Jan-16	
2.	Hans Van Bavel	1:09.86s	9-Jan-16	

U/20 Men - 400m

1.	Lane Whittaker	52.93s	18-Mar-16	
2.	Joshua Love	53.71s	2-Apr-16	
3.	Hamish Litt	58.51s	9-Jan-16	
4.	Shankar Hogg	58.62s	17-Jan-16	
5.	Alexander Chan	59.13s	17-Jan-16	
6.	Conor Yung	1:01.34s	30-Jan-16	

U/18 Men - 400m

1.	Lachlan Randello	51.48s	20-Feb-16	
2.	Jean-paul Williamson	52.00s	6-Feb-16	
3.	Samuel Barnfield	53.09s	20-Feb-16	
4.	William Sellars	54.56s	13-Feb-16	
5.	Dion Gouskos	1:04.54s	6-Feb-16	

U/16 Men - 400m

1. Thomas Disney 57.98s 13-Feb-16
2. Nicholas Egarr 1:05.08s 30-Jan-16
3. Jack Randello 1:17.00s 6-Feb-16
4. Fraser Town 1:17.02s 12-Mar-16
5. Meshach Begg 1:33.56s 6-Feb-16

U/14 Men - 400m

1. Aidan Murphy 1:03.36s 13-Feb-16
2. Zac Connell 1:06.48s 13-Feb-16

OPEN Men - 800m

1. Dylan Stenson 1:47.65s 2-Apr-16
2. Bryce Watkins 1:50.56s 5-Mar-16
3. Andrew Giam 1:51.36s 13-Feb-16
4. Michael Heron 1:51.37s 5-Mar-16
5. Nikolaos Flabouris 2:28.22s 6-Feb-16

O/35 Men - 800m

1. Mostyn Kemp 2:17.05s 6-Feb-16

U/20 Men - 800m

1. Conor Yung 2:24.49s 9-Jan-16

U/18 Men - 800m

1. Lachlan Randello 1:56.56s 5-Mar-16
2. Jean-paul Williamson 2:06.57s 5-Mar-16
3. Laurie Brown 2:25.49s 5-Mar-16

U/16 Men - 800m

1. Nicholas Egarr 2:22.17s 6-Feb-16
2. Jack Randello 2:53.23s 5-Mar-16

U/14 Men - 800m

1. Zac Connell 2:23.09s 5-Mar-16

OPEN Men - 1500m

1. Dylan Stenson 3:51.53s 30-Jan-16
2. Michael Heron 3:59.01s 13-Feb-16
3. Bryce Watkins 3:59.16s 2-Apr-16
4. Angus Brock 4:55.19s 17-Jan-16

O/35 Men - 1500m

1. Mostyn Kemp 4:54.95s 13-Feb-16

U/20 Men - 1500m

1. Lane Whittaker 5:07.25s 2-Apr-16
2. Shankar Hogg 5:12.97s 17-Jan-16
3. Joshua Love 5:14.74s 2-Apr-16
4. Alexander Chan 6:33.80s 17-Jan-16

U/18 Men - 1500m

1. Lachlan Randello 4:17.02s 30-Jan-16
2. Dion Gouskos 4:51.82s 13-Feb-16
3. Laurie Brown 4:58.21s 12-Mar-16

U/16 Men - 1500m

1. Nicholas Egarr 5:08.15s 18-Mar-16
2. Jack Randello 5:41.58s 18-Mar-16

U/14 Men - 1500m

1. Zac Connell 4:52.57s 13-Feb-16

Men - 3km

1. Tommy Matoga 10:17.14s 20-Jan-16
2. Zac Connell 10:45.75s 20-Jan-16
3. Mostyn Kemp 10:59.47s 20-Jan-16
4. Conor Yung 11:28.37s 23-Jan-16

Men - 3kmW

1. Peter Crump 17:01.77s 9-Jan-16

Men - 3km Steeplechase (91.4cm)

1. Conor Yung 14:30.31s 9-Jan-16

OPEN Men - 60m

1. Nikolaos Flabouris 8.25s 9-Jan-16 (+0.9)

O/35 Men - 60m

1. Hans Van Bavel 8.90s 6-Feb-16 (+1.4)

U/20 Men - 60m

1. Joshua Love 7.36s 6-Feb-16 (-1.4)
2. Lane Whittaker 7.42s 6-Feb-16 (-0.4)
3. Alexander Chan 7.44s 9-Jan-16 (+0.3)
4. Dallas Mcneil B13 8.92s 9-Jan-16 (+1.5)

U/18 Men - 60m

1. Alex Condello 7.41s 6-Feb-16 (-0.4)
2. Jake Skinner 7.55s 6-Feb-16 (+0.4)
3. Zac Wilmshurst 7.86s 6-Feb-16 (+0.4)
4. Samuel Barnfield 7.93s 6-Feb-16 (-1.4)

U/16 Men - 60m

1. Samuel Subramaniam 8.05s 6-Feb-16 (+1.9)
2. Adam Slimming 8.29s 6-Feb-16 (+1.4)
3. Meshach Begg 10.33s 6-Feb-16 (-0.9)
4. Jack Randello 10.34s 6-Feb-16 (-0.9)

U/14 Men - 60m

1. Aidan Murphy 8.50s 9-Jan-16 (+0.9)

Men - 90mH

1. Meshach Begg 21.15s 12-Mar-16 (-1.9)

Men - 100mH (84cm)

1. Jordan Tran 16.26s 13-Feb-16 (+0.9)

Men - 110mH (91.4cm)

1. Zac Wilmshurst 15.69s 6-Feb-16 (-0.3)

Men - 110mH (99.1cm)

1. Alexander Chan 15.08s 13-Feb-16 (+1.0)
2. Lane Whittaker 15.49s 17-Jan-16 (+1.0)
3. Joshua Love 16.39s 2-Apr-16 (-0.9)
4. Shankar Hogg 20.00s 17-Jan-16 (+1.0)

Men - 400mH (84cm)

1. Zac Wilmshurst 1:01.36s 13-Feb-16

OPEN Men - Long Jump

1. Angus Brock 5.24m 17-Jan-16 (+1.6)

O/35 Men - Long Jump

1. Christopher Minchin 4.19m 9-Jan-16

U/20 Men - Long Jump

1. Joshua Love 6.24m 2-Apr-16 (+0.4)
2. Alexander Chan 6.11m 13-Feb-16 (+0.1)
3. Lane Whittaker 6.05m 2-Apr-16 (+0.8)
4. Shankar Hogg 5.77m 17-Jan-16 (-1.1)
5. Mihali Charitopoulos 2.95m 18-Mar-16 (+1.7)

U/18 Men - Long Jump

1. Zac Wilmshurst SPC 5.60m 12-Mar-16 (-2.6)
2. Ashton Haseldine SPC 4.53m 12-Mar-16

U/16 Men - Long Jump

1. Adam Slimming 5.43m 13-Feb-16 (+0.1)
2. Samuel Subramaniam 5.05m 13-Feb-16 (+0.4)
3. Alex Wakeham 4.41m 12-Mar-16 (-1.3)
4. Max Buttignol 3.96m 6-Feb-16
5. Fraser Town 3.22m 12-Mar-16 (-1.6)
6. Jack Randello 3.12m 6-Feb-16

U/14 Men - Long Jump

1. Keshav Shreshtha 4.44m 12-Mar-16 (-1.2)
2. Aidan Murphy 4.14m 12-Mar-16 (-0.8)
3. Matthew Forster 3.86m 12-Mar-16 (-1.4)
4. Hamish Scobie 3.77m 18-Mar-16 (+1.6)

U/18 Men - Triple Jump

1. Carl Hooper 11.24m 13-Feb-16
2. Ashton Haseldine 10.34m 12-Mar-16 (-1.4)

U/16 Men - Triple Jump

1. Samuel Subramaniam 11.28m 12-Mar-16 (-3.5)
2. Thomas Disney 9.99m 12-Mar-16 (-1.0)
3. Adam Slimming 9.91m 30-Jan-16 (+1.4)
4. Meshach Begg 7.25m 12-Mar-16 (-2.0)

U/14 Men - Triple Jump

1. Matthew Forster 8.87m 12-Mar-16 (-2.5)

OPEN Men - High Jump

1. Aaron Williams 1.75m 5-Mar-16
2. Angus Brock 1.56m 17-Jan-16

O/35 Men - High Jump

1. Christopher Minchin 1.60m 9-Jan-16

U/20 Men - High Jump

1. Lane Whittaker 1.86m 17-Jan-16
2. Joshua Love 1.80m 17-Jan-16
3. Alexander Chan 1.77m 17-Jan-16
4. Shankar Hogg 1.68m 17-Jan-16

U/18 Men - High Jump

1. Spencer Holdback 1.80m 23-Jan-16
2. Carl Hooper 1.65m 6-Feb-16
3. Christain Artacho 1.65m 5-Mar-16
4. Jesse Garvin 1.50m 6-Feb-16

U/16 Men - High Jump

1. Samuel Subramaniam 1.40m 23-Jan-16

Men - Pole Vault

1. Jordan Kildare 4.50m 13-Mar-16
2. Alexander Chan 4.25m 13-Mar-16
3. Alexander Murrell 3.85m 13-Feb-16
4. Lane Whittaker 3.40m 2-Apr-16
5. Shankar Hogg 3.10m 17-Jan-16
6. Joshua Love 3.00m 17-Jan-16
7. Angus Brock 2.40m 17-Jan-16

Men - Discus Throw (2kg)

1. Lane Whittaker 29.51m 5-Mar-16
2. Shankar Hogg 29.43m 6-Feb-16
3. Nikolaos Flabouris 26.31m 6-Feb-16
4. Angus Brock 26.25m 5-Mar-16

Men - Discus Throw (1.75kg)

1. Lane Whittaker 32.60m 6-Feb-16
2. Joshua Love 29.91m 6-Feb-16
3. Shankar Hogg 29.12m 17-Jan-16
4. Alexander Chan 23.83m 17-Jan-16
5. Dallas Mcneil T13 17.13m 13-Feb-16

Men - Discus Throw (1.5kg)

1. Rob Keynes 36.95m 13-Feb-16
2. Christopher Minchin 34.29m 23-Jan-16

Men - Discus Throw (1kg)

1. Fraser Town 13.04m 5-Mar-16

Men - Shot Put (7.260kg)

1. Angus Brock 7.98m 17-Jan-16
2. Nikolaos Flabouris 7.25m 9-Jan-16

Men - Shot Put (6kg)

1. Christopher Minchin 10.81m 9-Jan-16
2. Rob Keynes 10.51m 6-Feb-16
3. Lane Whittaker 10.18m 2-Apr-16
4. Shankar Hogg 9.59m 17-Jan-16
5. Joshua Love 9.31m 2-Apr-16
6. Alexander Chan 8.51m 17-Jan-16
7. Mihali Charitopoulos 6.96m 18-Mar-16
8. Dallas Mcneil B13 6.13m 18-Mar-16

Men - Shot Put (5kg)

1. Rob Keynes 10.49m 13-Feb-16
2. David Quan 7.70m 18-Mar-16

Men - Shot Put (4kg)

1. David Amaechi 7.21m 18-Mar-16
2. Meshach Begg 4.81m 12-Mar-16

Men - Hammer Throw (7.260kg)

1. Rob Keynes 44.40m 6-Feb-16
2. Nikolaos Flabouris 23.33m 6-Feb-16
3. Dallas Mcneil B13 15.76m 30-Jan-16

Men - Hammer Throw (6kg)

1. Rob Keynes 44.83m 13-Feb-16
2. Christopher Minchin 36.62m 9-Jan-16
3. Dallas Mcneil T13 17.30m 13-Feb-16

Men - Hammer Throw (5kg)

1. Carl Hooper 33.96m 13-Feb-16
2. Dallas Mcneil B13 17.99m 9-Jan-16

Men - Javelin Throw (800g)

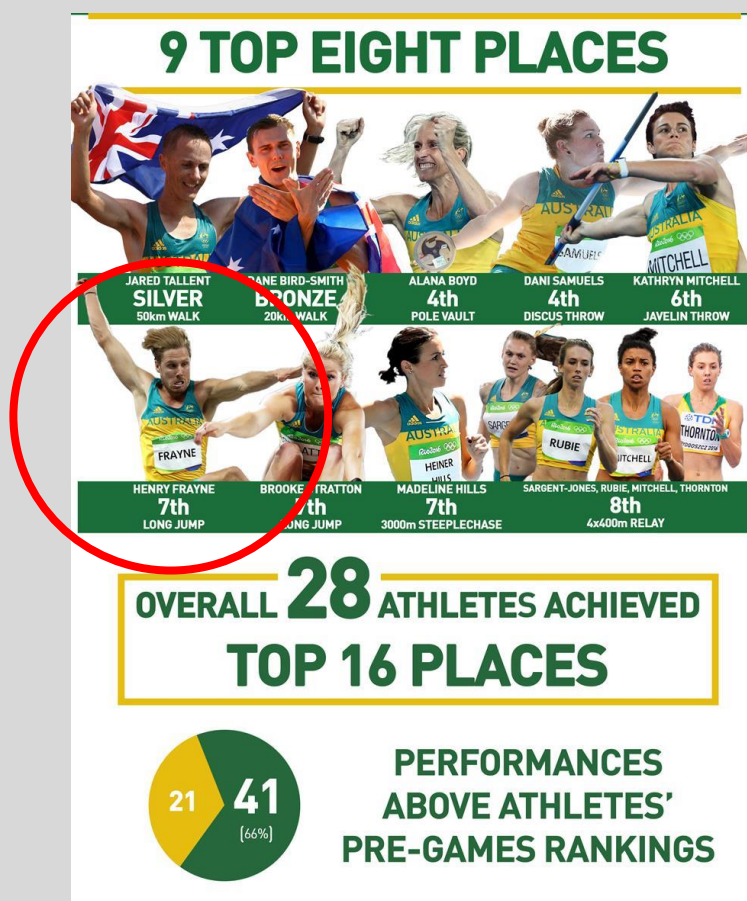
1. Andrew Fraser 70.68m 13-Mar-16
2. Joshua Love 48.55m 17-Jan-16
3. Shankar Hogg 47.99m 17-Jan-16
4. Lane Whittaker 42.23m 5-Mar-16
5. Nikolaos Flabouris 37.51m 5-Mar-16
6. Angus Brock 37.19m 5-Mar-16
7. Alexander Chan 31.49m 17-Jan-16

Men - Javelin Throw (700g)

1. Rob Keynes 37.08m 13-Feb-16
2. Christopher Minchin 29.22m 23-Jan-16
3. Thomas Disney 20.79m 5-Mar-16
4. Jack Randello 20.00m 13-Feb-16

Men - Javelin Throw (600g)

1. Hamish Scobie 16.03m 5-Mar-16



SEASON 2015 / 2016 SAINTS SUMMARY

Saints Athletics Club had another successful year with both male and female members shining in many events. This effort resulted in two premierships: Open Men and U/18 Men. Open Women finishing 2nd along with U/14 Men also 2nd on the table. Former athlete Simon Arkell, Olympic and Commonwealth Games representative in the pole vault, who resides in the USA, visited both the school and talked to our club members during the season and gave some helpful advice that no doubt had a very positive impact.

The Athletic SA's State Championships were held on 12 to 14 February and enabled individuals to show the results of their training. Saints athletes proudly entered 144 events, winning 27 Gold, 22 Silver and 24 Bronze. Highlights for the club at the State Championships were Brooke Hines, Open women's 1500, Michael Brusnahan, Open Mens 100m, Andrew Fraser, Open Mens Javelin and Dylan Stenson in Open 800m all winning Gold. Juniors, Melarn Murphy winning 100m, 200m and 400m and Tiara Hatchard winning 100m and 400m and Silver in 200m.

The State Relay Championship were held on February 27. Saints entered 57 relay teams, 51 track teams and 6 field teams, winning 18 Gold, 12 Silver and 8 Bronze.

Saints was proudly represented at the prestigious Athletics Australia's Adelaide Classic with Dylan Stenson, Bryce Watkins, Andrew Fraser, Isabelle Scott and Haylee Wilson. The club also entered four relay teams, two female and two male teams

The following Junior Athletes were selected to represent SA Junior Nationals in Perth: Lachlan Randello, Jordan Kildare, Alex Chan, Alex Condello, Ella Ayres and Madelyn Griffiths who won Bronze in Pole Vault. Junior Athletes selected to represent SA at the All Schools Championships in Melbourne included:

David Amaechi (withdrawn due to injury)	Gemma Monaghan
Ella Ayres	Melarn Murphy
Alicia Black	Henry O'Grady
Alex Condello	Sam Potter
Alexi Georgeakopoulos	Lachlan Randello
Madelyn Griffiths (withdrawn due to injury)	Zoe Wilmshurst
Shankar Hogg	Zac Wilmshurst
Nick McGill (withdrawn due to school commitments)	

Seniors athletes who represented SA and Saints at the Australian Championships in Sydney included:

Andrew Fraser – Javelin	Andy Giam – 800m
Michael Brusnahan – 200m	Bryce Watkins 800, 1500m
Dylan Stenson – 800m	Michael Heron – 800m
Isabel Scott – 800m	

Lane Whittaker and Josh Love competed creditably in the U20 Decathlon. Josh in particular achieved 8 personal bests.

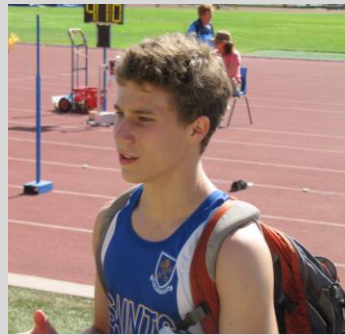
Most outstanding was Dylan Stenson, vying for Olympic selection who came forth in 1m 47.72 seconds, in an outstanding field. He will strive to achieve the national qualifying time in Europe in the next two months. Dylan went on to be selected to represent Australia at the World Relay Championship.

Michael Brusnahan, another Saints' athlete to gain international selection. Michael competed in Oceania and Melanesian Games winning a Gold medal in the 4 x100 relay and as a finalist in the 200m.

The National Masters Athletics Championships were held in Adelaide in April and Hans van Bavel was successful in the sprints, winning gold in the 100m and silver in the 200m and 60m as well as gold in the 4x100m relay.

Finally, our most notable athlete of the season Olympian, Henry Frayne finishing 7th in the long jump final in Rio.

Hans Van Bavel & Patti Wilson





**Saints Athletics Club -Athletics SA's South Australian Club of Year
Season 2013 / 2014**



St Peter's Collegians' Association



Government of South Australia
Office for Recreation and Sport